

# Valcosenz

Cosenz, Cosenzobel, Cosenzbach

<b>Créer:</b> 2023-03-09 20:54:18	<b>Mettre à jour:</b> 2026-03-26 16:59:43	<b>Imprimer:</b> 2026-04-29 08:04:22
<b>Pays:</b> Schweiz / Switzerland <b>Région:</b> Kanton Graubünden <b>Sous-région:</b> Region Landquart <b>Ville:</b> Untervaz		
<b>Difficulté:</b> moins difficile	<b>Niveau:</b> v3 a2 III	<b>Temps total:</b> 1h35
<b>Temps approche:</b> 20min	<b>Temps tour:</b> 1h10	<b>Temps de retour:</b> 5min
<b>Altitude d'entrée:</b> 700m	<b>Altitude de sortie:</b> 590m	<b>Altitude du delta:</b> 110m
<b>Longueur du canyon:</b> 450m	<b>Rapelle le plus haut:</b> 16m	<b>Nombre de rappelles:</b> 9
<b>Transport:</b> Voiture facultative	<b>Type de roche:</b>	<b>Zone de prise d'eau:</b> 4.70km <sup>2</sup>
<b>Saison:</b> juin - octobre	<b>Orientation:</b> Est	<b>Meilleur moment:</b>
<b>Évaluation:</b> ★ 2.4 (4)	<b>Info:</b> ★ 2 (2)	<b>Belay:</b> ★ 2 (3)
<b>Spécialités:</b>		
<b>Matériel:</b> Cordes: 2x 25m		
<b>Résumé:</b> (traduction alternative) Narrow and dark canyon that gains its charm in the succession of smaller rappels.		
<b>Hydrologie:</b>		
<b>Accès:</b> (traduction alternative) We leave the A13 (Sargans-Chur) via exit 15 - Zizers - and drive to the village Untervaz. We head for the road "Bachtobel" and park our car here at a suitable place (see approach in photo gallery).		
<b>Approche:</b> (traduction alternative) From the ravine we take a path that leads up in a westerly direction to a forest road, which we follow in a southerly direction to a water reservoir. Then we follow a trail that first runs toward the canyon, then moves upstream along its orographic left high bank. Before the trail and the river make a 90 degree bend to the south, we rope down from a tree about 20m into the canyon (see map sketch in photo gallery).  From the alternative parking lot, go up the road in a northerly direction. After about 100m turn left from the road at a sharp angle onto a narrow road that leads to a water reservoir. Behind the reservoir begins a path that goes into the canyon. The path is now carved into the vertical rock face. We now look for an anchor on the right side of the wall at head height, from which we can rope about 15m into the streambed directly above the masonry step (alternatively from a tree).		
<b>Tour:</b> (traduction alternative) A few rappels in an attractive ambience await us. Many passages are mastered by climbing down. Emergency exits would be searched in vain. Exit at the dam wall to the left.  see photo album and video		
<b>Retour:</b> (traduction alternative) Quickly we get to the road where our car is (not verified; the descriptions draw an exit to the other side of the creek).  Out in front of the slide brake on the right and up. Keeping right on the embankment to the car.		
<b>Coordonnées:</b> Départ du Canyon <a href="#">46.9252 9.5272</a> Parking à l'entrée et à la sortie <a href="#">46.9257 9.5322</a> Parking à l'entrée et à la sortie <a href="#">46.9284 9.5306</a> Fin du Canyon <a href="#">46.9260 9.5314</a>		

## Rapports:

2026-03-25 | Lieke Smulders | ★★ | 📖★ | ⚓★ | 🌊 Normale | 🍏 Terminé  
all anchors ok, lots of wood...

2025-09-22 | System User | | 📖 | ⚓ | 🌊 Normale | 🍏 Terminé  
Automatisch importiert von Descente-Canyon.com für Canyon Valcosenz Dc+Navette possible!Descente en rappel depuis le chemin puis sur le brise crue.Bon plan de replis après les pluies.Court mais sympathique enchainement de petits rappels.Un zanaibach en miniature! (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/22453/observations.html>)

2025-07-12 | Alex Engelhardt | ★★ | 📖★ | ⚓★ | 🌊 Normale | 🍏 Terminé  
Unfortunately full of wood. Otherwise it could be nice. Anchors all ok (traduction alternative)

2024-09-08 | ismä | ★★★ | 📖 | ⚓★★★ | 🌊 Faible | 🍏 Terminé  
Lots of wood in the canyon. (traduction alternative)

2023-03-09 | System User | ★★👉 | 📖 | ⚓ | |  
Info: Teile der Canyonbeschreibung wurden automatisiert übernommen. Konkret die Felder Weblinks, Koordinaten, Rating, Länge des Canyon, Einfachseil Mindestens von <https://www.descente-canyon.com/canyoning/canyon/22453>

2023-03-09 | System User | | 📖 | ⚓ | | |  
Daten importiert von <https://canyon.carto.net/cwiki/bin/view/Canyons/ValcosenzCanyon.html>