

# Barranc de Senta o Forcat

**Info : La qualité de cette description n'a pas encore été vérifiée ou a été jugée mauvaise.**

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**Créer:** 2026-05-22 16:06:15

**Mettre à jour:** 2026-05-22 16:06:15

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**Pays:** España / Spain **Région:** Cataluña / Catalunya **Sous-région:** provincia de Lérida / Provincia de Lleida  
**Ville:**

**Difficulté:** moins difficile

**Niveau:** v3 a1 II

**Temps total:**

**Temps approche:**

**Temps tour:** 2h

**Temps de retour:** 1h

**Altitude d'entrée:** m

**Altitude de sortie:** m

**Altitude du delta:**

**Longueur du canyon:** 1000m

**Rapelle le plus haut:** 18m

**Nombre de rappelles:** 12

**Transport:**

**Type de roche:**

**Zone de prise d'eau:** km<sup>2</sup>

**Saison:** janvier - décembre

**Orientation:**

**Meilleur moment:**

**Évaluation:** ★ 0 ()

**Info:** ★ 0 ()

**Belay:** ★ 0 ()

**Spécialités:**

**Matériel:**

**Résumé:** (traduction alternative)

In this case we will detail the access by the tributary Jaça. A tributary that will allow us a more sportive and interesting route than the simple descent of the Forcat.

Simple descent in any case, with a first part, the Jaça, of torrential character and a second part in which we will be able to find water outside periods of summer.

**Hydrologie:**

**Accès:** (traduction alternative)

We must be located in Gósol, for them between Berga and Puigcerdà, just before reaching Guardiola de Bergueda, after leaving the tunnel we have the detour to the left by the B400 to Saldes and Vallcebre. Follow the road, which will become the C563 to the village.

We can also go from La Seu d'Urgell on the C642, which we will take next to the fire station, to go to Tuixent and from there the C563 to Gósol.

A third option would be from Sant Llorenç de Morunys to Tuixent.

In all cases, once in Gósol, we go around the castle mountain looking for the track towards El Vert and Torrent Senta. On the track, we will leave a first detour to the left and in the next we go left towards the source of Senta, where we will park the car back.

We will return to the track and begin to go up the valley, we will leave on the right the Hermitage of Santa Margarida and soon a detour to the right, we will continue straight to cross a first dry torrent, Reguerons, a little later a second torrent, and the third is the one of Jaça. We will look for a place to park.

**Approche:** (traduction alternative)

Immediate

**Tour:** (traduction alternative)

We start by the torrent de la Jaça, a first part dressed and then of destrepes to reach the rappels area, many of them destrepables, especially if the rock is dry. After this we will arrive at the Torrent Senta or Forca where we will have to walk for a while to reach the rappel zone.

**Retour:** (traduction alternative)

Once the ravine opens up, we arrive at the recreational area where we park next to the fountain.

**Coordonnées:**

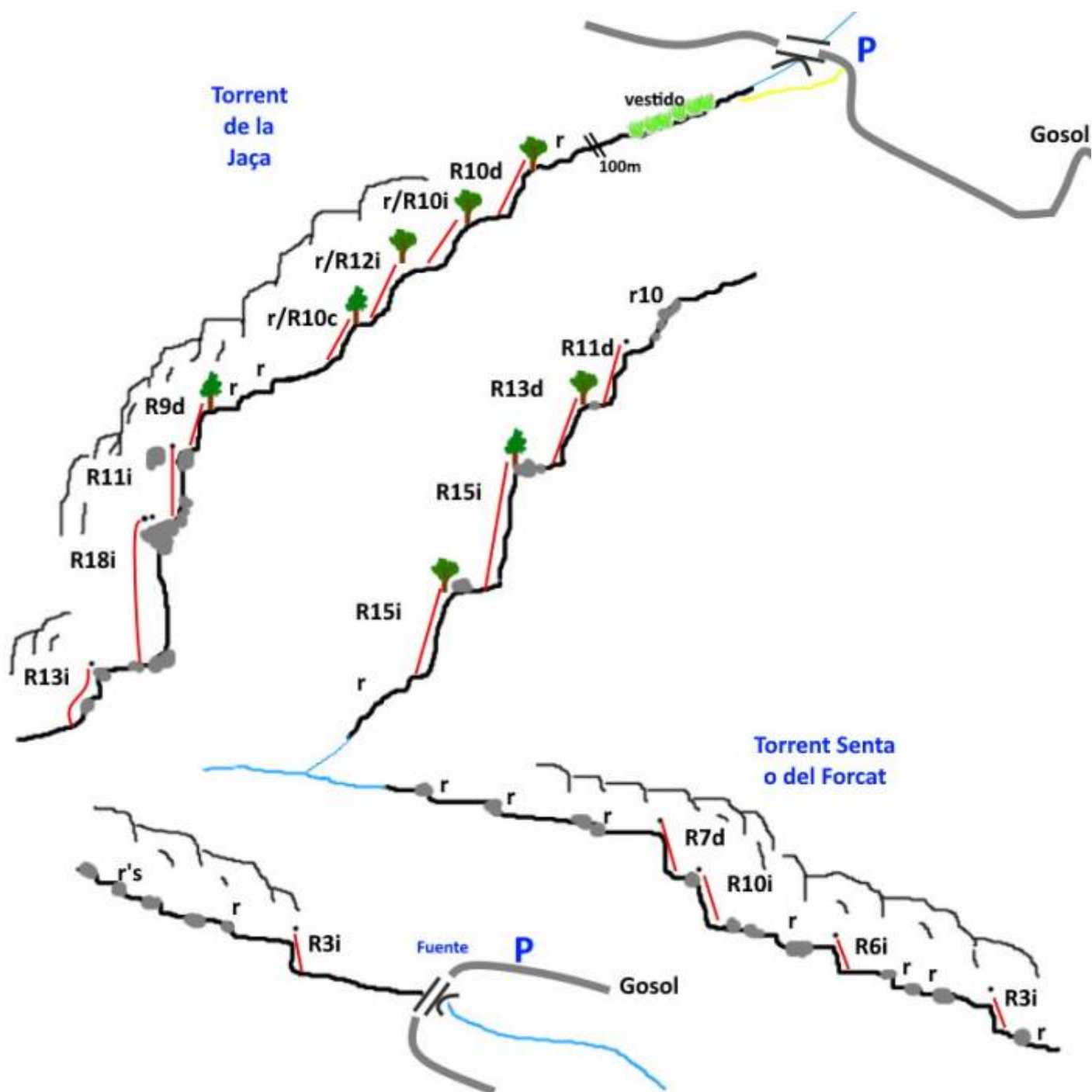
Départ du Canyon [42.2175 1.6348](#)

Fin du Canyon [42.2164 1.6361](#)

**Rapports:**

2024-06-16 | System User | |📄|📍| |

Todos los datos importados desde <https://www.docuwiki.infobarrancos.es/doku.php?id=barrancos:lleida:forcat>



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