

# Valle di Gnosca

<b>Créer:</b> 2023-04-14 08:12:54	<b>Mettre à jour:</b> 2023-10-14 09:16:29	<b>Imprimer:</b> 2026-06-22 06:06:05
<b>Pays:</b> Schweiz / Switzerland <b>Région:</b> Kanton Tessin / Cantone Ticino <b>Sous-région:</b> Bezirk Bellinzona <b>Ville:</b> Gnosca		
<b>Difficulté:</b> un peu difficile	<b>Niveau:</b> v4 a3 IV	<b>Temps total:</b> 4h15
<b>Temps approche:</b> 10min	<b>Temps tour:</b> 4h	<b>Temps de retour:</b> 5min
<b>Altitude d'entrée:</b> 720m	<b>Altitude de sortie:</b> 280m	<b>Altitude du delta:</b> 440m
<b>Longueur du canyon:</b> 1500m	<b>Rapelle le plus haut:</b> 50m	<b>Nombre de rappelles:</b> 17
<b>Transport:</b> Voiture facultative	<b>Type de roche:</b>	<b>Zone de prise d'eau:</b> km <sup>2</sup>
<b>Saison:</b> mai - septembre	<b>Orientation:</b> Est	<b>Meilleur moment:</b> 9-14 Heures
<b>Évaluation:</b> ★ 3 (3)	<b>Info:</b> ★ 2.3 (3)	<b>Belay:</b> ★ 2.3 (3)
<b>Spécialités:</b>		
<b>Matériel:</b> Cordes: 2x 50m		
<b>Résumé:</b> (traduction alternative) Rappels, some technical and a few slides. Little water in summer. Good when there is too much water everywhere else.		
<b>Hydrologie:</b>		
<b>Accès:</b> (traduction alternative) From Biasca head south/Bellinzona on the B2 to Claro. In Claro, take the third exit at the traffic circle in the direction of Gnosca. After crossing the Ticino and the highway, turn right towards Gnosca. At the entrance to Gnosca, turn half left into Via Valerenche. Follow the road for about 200 meters until you reach a bridge. Park the lower car here and check the water level. Please do not change in the village!		
<b>Approche:</b> (traduction alternative) By car: Pay the toll at the town hall, or at the Orello or Lessy restaurant. 10 CHF.  Follow the toll road towards Mondella as far as the hairpin bend before point 774 at approx. 760 m above sea level. Park your car here and follow the barely visible path into the valley.  On foot: Back from the bridge, keep left and follow the Spontoi road, then turn left and follow the hiking trail. Keep left at the junction, cross briefly, then continue uphill. Once over the toll road, a second time over the toll road. When you reach the road for the third time, follow the road to the next bend at an altitude of approx. 760 m. From there, follow the barely visible path into the valley.		
<b>Tour:</b> (traduction alternative) Rappels, slides and jumps alternate with a few running sections. After the last large double step, which is divided into 2x 25 m with an intermediate stand, there is a 500 m running section, which can be bypassed on the right on a path. This is followed by three more steep sections // jumps.		
<b>Retour:</b> (traduction alternative) Out of the stream onto the road and left to the car.		
<b>Coordonnées:</b> Site de mesure du niveau d'eau <a href="#">46.2336 9.0205</a> Parking à la sortie <a href="#">46.2337 9.0203</a> Fin du Canyon <a href="#">46.2335 9.0186</a> Parking à l'entrée <a href="#">46.2349 9.0050</a> Départ du Canyon <a href="#">46.2337 9.0035</a>		

## Rapports:

2026-05-25 | RURE | ★★ ★ | 📖 ★ | 📍 ★ | 🌊 Faible | 👍 Terminé  
very slippery but beautiful (traduction alternative)

2025-09-07 | stijj van de Ven | ★★ ★ | 📖 ★★ ★ | 📍 ★ | 🌊 Normale | 👍 Terminé  
Lots of walking, but it has a couple nice abseils

2024-09-09 | Noemi R. | ★★ ★ | 📖 | 📍 ★★ ★ | 🌊 Haut | 👍 Terminé  
Entry rather difficult to find, after that everything is great. Rather slippery, sporty water level. Anchor points mostly double. (traduction alternative)

2024-06-12 | System User | | 📖 | 📍 | |  
Automatisch importiert von Schlucht.ch für Canyon Valle di Gnosca, Wasserstand: "Mittel. " Verankerungen: "OK. "  
Teilweise rutschig zum Gehen. (Quelle: <https://schlucht.ch/?view=article&id=1113&Itemid=203>)

2023-09-28 | Daniel Sturm | | 📖 | 📍 | |  
Basic data taken with kind permission by Matthias Holzinger from "Swiss Alps Canyoning VOL. 2.0" (traduction alternative)

2023-04-14 | Daniel Sturm | | 📖 ★★ | 📍 | | 📍 Pas fait  
Canyon created (traduction alternative)