Strona

Torrente Strona

Crear: 2026-10-12 21:41:00	**Actualizar:** 2026-10-15 16:08:52	**Imprimir:** 2026-11-05 02:11:14
País: Italia / Italy **Región:** Piemonte **Subregione:** Verbano-Cusio-Ossola **Ciudad:** Valstrona		
Dificultad: un poco difícil	**Grado:** v4 a4 IV	**Tiempo total:** 6h31
Tiempo acceso: 1h30	**Tiempo tour:** 5h	**Tiempo regreso:** 1min
Altitud de entrada: 1720m	**Altitud de salida:** 1280m	**Altitude delta:** 440m
Longitud del cañón: 2000m	**Rapel más alto:** 35m	**Cantidad rapells:** 21
Transporte: A pie	**Tipo de roca:** gneiss	**Zona de entrada:** 4.70km²
Temporada: julio - octubre	**Orientación:** Sureste	**Mejor época:** 10-17 Horas
Clasificación: ☆ 3 (2)	**Información:** ★ 1.5 (2)	**Belay:** ★ 1 (2)

Especialidades:

Equipo:
Cuerdas: 2x 40m

Resumen:
Sunny alpine canyon with nice views and some jumps

Hidrología:
Medium to high water flow, avoid at the beginning of the season or after heavy rain. In the final section, numerous tributaries joining in significantly increase the water flow.

Acceso:
From Omegna, take the road toward Campello Monti. Just before the end of the road, go down to the large parking lot on the left, right near the exit of the stream.

Acceso:
From Campello Monti, follow the signs for Lago Capezzone. After the Sass da Mur alpine pasture, keep right (west) and cross the bridge over the Strona stream. After the steep climb, you will reach a flat, somewhat marshy area at an altitude of approximately 1700m. Keep right (north) until you reach the stream. The first waterfalls will be clearly visible.

Recorrido:
1 - C20 (1 left)
2 - C25 (1 left + 2 left)
3 - C15 (1 left)
4 - C15 (1 right)
5 - C15 (1 left)
6 - C20 (1 left)
7 - C 30 (2 left)
8 - C 10 (1 left)
9 - C30 (1 right)
10 - C8 (1 left)
11 - C35 (natural right)
12 - C25 (2 right)
13 - C6 (1 left)
14 - C12 (1 right)
bridge
15 - C20 (natural left)
bridge
16 - C6 (natural left)
17 - C30 (natural right)
18 - C10 (1 right)
19 - C6 (1 left)
20 - C20 (natural right)
21 - C8 (natural right)

Regreso:
When you come across the first houses on the left, continue briefly along the streambed until you see the car on the left.

Coordenadas:
Aparcamiento Entrada y Salida 45.9352 8.2376
Inicio del Cañón 45.9400 8.2209
Final del Cañón 45.9350 8.2373

Informes:

2026-10-17 | Ivan I. | ☆ ☆ ☆ |🕮 ★ |⚓ ★ | ≋ Bajo | 👍 Completado
The route is exposed but well-protected up to the first bridge; beyond that, there’s a natural ledge that we chose not to descend. We’ll return once the bolting is complete. At rappel point 12, the belay station needs to be reevaluated because it’s too far back, and a rope was damaged by two sharp edges. A gorge well worth considering this season, as it’s beautifully sunny and open. (traducción alternativa)

2026-10-10 | Peter | ☆ ☆ ☆ |🕮 ★ |⚓ ★ | ≋ Normal | 👍 Completado
The perfect stream for a sunny fall day. Beautiful colors all around and a few dips to add some fun. We couldn’t have asked for a better first run. After last summer’s drought, the water flow isn’t a problem. (traducción alternativa)

Primer descenso: 10.10.2026 en Rospi CAI Varese