# Ciambairo

Ruisseau de Ciambairo

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**País:** France **Región:** Provence-Alpes-Côte-d'Azur / Provence-Alpes-Cote d'Azur **Subregione:** Alpes-Maritimes
**Ciudad:** Castellar

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| **Dificultad:** difícil | **Grado:** v5 a2 II | **Tiempo total:** 3h30 |
| **Tiempo acceso:** 1h30 | **Tiempo tour:** 2h | **Tiempo regreso:** 0min |
| **Altitud de entrada:** 500m | **Altitud de salida:** 290m | **Altitude delta:** 210m |
| **Longitud del cañón:** 750m | **Rapel más alto:** 70m | **Cantidad rapells:** |
| **Transporte:** A pie | **Tipo de roca:** | **Zona de entrada:** km² |
| **Temporada:** | **Orientación:** | **Mejor época:** |
| **Clasificación:** ☆ 2.5 (2) | **Información:** ★ 0 () | **Belay:** ★ 1 (1) |

**Especialidades:**

**Equipo:**
Cuerdas: 2x 70m

**Resumen:** (traducción alternativa)
Two jumps, small rappel then c70, then 3 more rappels.

**Hidrología:** (traducción alternativa)
Emergency exit on the left bank at the lower end of the C70.

Above the large waterfall: beautiful pools, beautiful water, always flowing.
Small watercourse for the C70, then very often dry.
The route should therefore be hiked in spring and fall after some rainfall in order to have a sufficient amount of water in the large waterfall.

**Acceso:** (traducción alternativa)
From the A8 exit in Menton, drive in the direction of Sospel. Turn right at the junction for Castellar. You will arrive in the valley at the second bridge.

**Acceso:** (traducción alternativa)
Follow the road (Route de la Condamine) for 750 m and take the GR long-distance hiking trail that leads up to the chapel of St. Bernard.
Then either:
- Continue up the path for about 1 hour. At an altitude of 650 m, after a hairpin bend where you have the valley at your back, a not very visible path leads directly over a boulder field.
From the valley, as soon as you reach the vegetation, the path becomes more visible. From there, descend to the valley as best you can.
- Reach the chapel and the Col St. Bernard. Turn left (north) and take the path on the left that goes down. You will very quickly pass a wooded canyon. Continue for about 250 m until you reach a ridge (altitude: 681 m). Take a side path on the left (yellow markings) that leads slightly diagonally back to the canyon mentioned above. The ascent begins at an altitude of 500 m at the confluence of this canyon and the Ciambairo stream.

**Recorrido:** (traducción alternativa)
The first two obstacles are jumped over (with the usual precautions). An anchor (C7) leads into the pool above C70.
Good belay (improved at the exit in 2012) on the right bank. Nice finishing pool, then C20, C5, C7.

The large waterfall has a drop of 5 m and steps of 66 m.

**Regreso:** (traducción alternativa)
Clear exit on the left bank at the height of the bridge.

**Coordenadas:**
Inicio del Cañón 43.8275 7.4902
Final del Cañón 43.8240 7.4855
Aparcamiento Entrada y Salida 43.8194 7.4893

**Informes:**

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2025-10-09 | System User | |🕮 |⚓ | 〰 Bajo | 👍 Completado
Automatisch importiert von Descente-Canyon.com für Canyon Ciambairo We started at 550 meters above sea level. The trail up to the Col St. Bernard is easy to find. Then we followed the left path, where you have to turn left again at 680 meters above sea level. From there, we followed the orange, red, and yellow markings. They were difficult to find twice, and finally we reached the ruins at 552 meters above sea level (IGN map), where there is also a rappel (https://loc.wiki/t/235231275?h=epodragwvm&wa=sd&la=de). There are certainly better trails where you don't have to hike along the stream as much. I didn't like the stream until just before the 70-meter rappel; perhaps it was because of the autumn. Up until the 70-meter abseil, we always had little water flow and clear water; after that, the gorge was dry. We really enjoyed the 70-meter abseil, as well as the hike to the col. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2469/observations.html)

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2025-10-09 | Bina | ☆ ☆ |🕮 |⚓ ★ | 〰 Bajo | 👍 Completado
We started at 550m above sea level. The path up to the Col St. Bernard is easy to find. We then followed the path on the left, where you have to turn left again at 680m above sea level. From there, we always followed the orange, red and yellow markings. Twice they were difficult to find and finally we were at the ruins at 552m above sea level (IGN map), where there is also a rappel (https://loc.wiki/t/235231275?h=epodragwvm&wa=sd&la=de). There are certainly better routes where you don't have to hike as much along the stream. I didn't like the stream until just before the 70m rappel, maybe it was the fall. Up to and including the 70m we always had little water flow and clear water, after that the canyon was dry. We really enjoyed the 70m rappel, as well as the hike up to the Col. (traducción alternativa)

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2023-03-09 | System User | ☆ ☆ |🕮 |⚓ | |
Daten importiert von https://www.descente-canyon.com/canyoning/canyon/2469/Ciambairo.html