

Monmouth Creek

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País: Canada Región: British Columbia Subregione: Squamish-Lillooet Regional District Ciudad: Squamish		
Dificultad: un poco difícil	Grado: v4 a4 III	Tiempo total: 6h
Tiempo acceso: 2h	Tiempo tour: 3h30	Tiempo regreso: 30min
Altitud de entrada: 413m	Altitud de salida: 25m	Altitude delta: 388m
Longitud del cañón: 900m	Rapel más alto: 42m	Cantidad rapells: 16
Transporte: A pie	Tipo de roca: granite	Zona de entrada: km²
Temporada: junio - octubre	Orientación: Sureste	Mejor época:
Clasificación: ★ 4 (1)	Información: ★ 3 (1)	Belay: ★ 2 (1)
Especialidades:		
Equipo: Cuerdas: 2x50m		
Resumen: (traducción alternativa) A beautiful, deep canyon in the heart of Squamish.		
Hidrología: (traducción alternativa) Echolake is located within the watershed. As a result, the canyon is affected by the lake's water level. Squamish River flow rate: https://wateroffice.ec.gc.ca/report/real_time_e.html?stn=08GA022		
Acceso: (traducción alternativa) From Vancouver, take Highway 99 to Squamish. In Squamish, exit Highway 99 and then turn onto Government Rd. toward the Squamish River. Follow the road to Spit Rd. Here, park in a parking lot near the gravel bar.		
Acceso: (traducción alternativa) To cross the Squamish River, you'll need a suitable watercraft such as a canoe, kayak, SUP, or raft. When the current is very weak, it's generally possible to cross by swimming. The entry and exit points are easily recognizable and are located near the gravel banks. After crossing the river, follow the pink markers until you pass the first power line. From there, red markers will guide you the rest of the way to the entry. The access trail climbs steadily uphill on the orographic left side of the canyon. Along the way, there are repeated views into the canyon and its course. The access trail features very steep and, in some places, exposed sections. Some of these challenging sections are secured with chains for support.		
Recorrido: (traducción alternativa) The rappelling points come one after another, with only a few short walking passages in between. The rock consists mainly of granite with good grip, generally providing solid footholds and handholds. The rappelling points are generally equipped with two bolts; in some cases, these are connected by a chain. Among the canyon's special highlights are the Keyhole and the two high rappelling points with descent heights of 42 m and 39 m, respectively. Both also offer impressive views of the surrounding landscape and represent special highlights of the climb, both scenically and technically. Between the higher rappelling points, there are several options for exiting the canyon. This allows the climb to be interrupted if necessary or ended early if conditions warrant it.		

Regreso: (traducción alternativa)

After the last rappel, there are essentially two options:

Direct exit: Follow the streambed downstream back to the existing markers, which will lead you back to the Squamish River.

Extending the hike: Alternatively, you can hike through the adjacent, shorter Box Canyon, which will extend the tour accordingly.

Coordenadas:

Aparcamiento a la entrada [49.7155 -123.1678](#)

Waypoint [49.7163 -123.1708](#)

Waypoint [49.7136 -123.1728](#)

Medidor de nivel de agua [49.7135 -123.1844](#)

Inicio del Cañón [49.7154 -123.1880](#)

Final del Cañón [49.7130 -123.1824](#)

Informes:

2026-08-10 | Patrik | ★★☆☆ | 📖★★★★ | ⚓★★ | 🌊 Normal | 👍 Completado

Crossing the Squamish River by SUP is doable without any problems. The access is steep and, in places, very exposed. In my opinion, the bolts were not placed optimally at all. Some are not protected from the water, and proper rope routing isn't possible—the ropes often get caught. Therefore, I placed two new bolts. Definitely one of the most beautiful canyons in the area. (traducción alternativa)