

Carmes aval

Ruisseau des Carmes

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País: France Región: Auvergne-Rhône-Alpes Subregión: Isère Ciudad: St. Pierre de Chérennes		
Dificultad: no tan difícil	Grado: v3 a3 III	Tiempo total: 1h20
Tiempo acceso: 15min	Tiempo tour: 50min	Tiempo regreso: 15min
Altitud de entrada: 460m	Altitud de salida: 400m	Altitude delta: 60m
Longitud del cañón: 200m	Rapel más alto: 12m	Cantidad rapells: 6
Transporte: Coche opcional	Tipo de roca:	Zona de entrada: km ²
Temporada:	Orientación: Este	Mejor época:
Clasificación: ★ 3.2 (8)	Información: ★ 2.5 (6)	Belay: ★ 2.7 (6)
Especialidades:		
Equipo: Cuerdas: 1x30m		
Resumen: (traducción alternativa) Narrow rappel gorge, lower part of a total tour with a 35m rappel and longer unpleasant walking passages in or next to the stream.		
Hidrología:		
Acceso: (traducción alternativa) On the N 532 parallel to the highway from Grenoble in the direction of Romans-sur-Isere. Pass through the towns of Cognin les Gorges, then Iseron and about 2 km after Iseron turn left towards St. Pierre de Cherennes. Continue on the D 31 through St. Pierre de Cherennes in the direction of Le Faz. About 1.5 km after the end of St. Pierre de Cherennes, before a leftward hairpin bend (on the right is a small sign La Combe before the entrance to the private property), you will find a bulge on the left near a rotten well. Park the car there.		
Acceso: (traducción alternativa) Unfortunately, there is no other way than to walk (or drive with a second car) about 1.5 km further uphill to the next left turn (sign: Nacon). Shortly before the left turn, go right (after opening a gate) down a slope, at the exit of which is dumped construction debris about 80 m further on. Continue pathlessly above the hut along the fence until you reach a path leading down from the houses above (climb over the pasture fence). Follow this path to the right, first downhill, then in a slight left bend in the direction of the south until you reach a meadow; cross this meadow and descend to the brook. Now downstream to the right until you reach the rock wall. There, climb over the pasture fence and into the streambed (approx. 15 min.).		
Recorrido: (traducción alternativa) Despite the pathless access over the steep and by cows massively zugesch.... meadows and the shortness of the tour (only 150 m long) an absolute treat. Beautiful tuff cascades, narrowly cut, smoothly washed out and meandering. There is also an upper part, see references (Internet and book).		
Regreso: (traducción alternativa) After the opening of the canyon, at a decaying bridge, up to the right, first over a meadow path and then on the gravel road in front of the houses of La Combe past (privé) to the hairpin bend where the car is (15 min.).		
Coordenadas: Final del Cañón 45.1125 5.3637 Salida Alternativa del Cañón 45.1106 5.3824 Inicio del Cañón 45.1112 5.3717 Aparcamiento a la entrada 45.1117 5.3797 Aparcamiento a la salida 45.1139 5.3655		

Informes:

2026-04-02 | System User | |📖|📌|🌊 Normal | 🚫 No realizada

Automatisch importiert von Descente-Canyon.com für Canyon Carmes DC - c'est le moment.. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2596/observations.html>)

2026-03-21 | System User | |📖|📌|🌊 Normal | 🟢 Completado

Automatisch importiert von Descente-Canyon.com für Canyon Carmes Partie basse en semi nocturnefrais mais agréableRAS (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2596/observations.html>)

2026-03-13 | System User | |📖|📌|🌊 Alto | 🟢 Completado

Automatisch importiert von Descente-Canyon.com für Canyon Carmes Quelques branches mais nickel sinon (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2596/observations.html>)

2025-10-04 | System User | |📖|📌|🌊 Bajo | 🟢 Completado

Automatisch importiert von Descente-Canyon.com für Canyon Carmes Partie inf uniquementVasques pleines et claires mais tout petit filet d'eau. Très beau. Parfait pour compléter une matinée grimpé sur Presles (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2596/observations.html>)

2025-08-30 | System User | |📖|📌|🌊 Bajo | 🟢 Completado

Automatisch importiert von Descente-Canyon.com für Canyon Carmes (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2596/observations.html>)

2025-06-22 | System User | |📖|📌|🌊 Bajo | 🟢 Completado

Automatisch importiert von Descente-Canyon.com für Canyon Carmes DC-- (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2596/observations.html>)

2025-06-21 | System User | |📖|📌|🌊 Bajo | 🟢 Completado

Automatisch importiert von Descente-Canyon.com für Canyon Carmes Première partie sans grand intérêt en dehors de la C35, trop de marche et d'embacles. La seconde partie est belle mais courte . Faire simplement la deuxième partie pour compléter une belle journée de canyon dans le coin (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2596/observations.html>)

2025-06-07 | System User | |📖|📌|🌊 Normal | 🟢 Completado

Automatisch importiert von Descente-Canyon.com für Canyon Carmes Dc moins .Beaucoup d'arbres entre cascade 35 et partie finale .dernière partie top . (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2596/observations.html>)

2025-05-29 | System User | |📖|📌|🌊 Normal | 🟢 Completado

Automatisch importiert von Descente-Canyon.com für Canyon Carmes Parcours sans navette (1h de marche)Attention au amarrage dans la première partie (pan inclinée) (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2596/observations.html>)

2025-05-24 | System User | |📖|📌|🌊 Normal | 🟢 Completado

Automatisch importiert von Descente-Canyon.com für Canyon Carmes (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2596/observations.html>)

2025-05-18 | Pepijn Hoeksema | ⭐⭐ |📖⭐ |📌⭐⭐⭐ |🌊 Normal | 🟢 Completado

3 times during guide training course. The connection between the bolts on the last abseil is gone. (River left) It can use some new webbing. We did a lot of pruning on the way in and out!

2025-05-12 | Pepijn Hoeksema | ⭐⭐⭐ |📖⭐ |📌⭐ |🌊 Normal | 🟢 Completado

All good 📖

2025-05-05 | Pepijn Hoeksema | ⭐⭐⭐⭐ |📖⭐ |📌⭐⭐⭐ |🌊 Alto | 🟢 Completado

Waterlevels are up after rain. Good canyon for training.

2025-05-04 | Pepijn Hoeksema | ⭐⭐⭐ |📖⭐⭐⭐ |📌⭐⭐⭐ |🌊 Normal | 🟢 Completado

All good.

2025-05-01 | System User | |📖|📌|🌊 Normal | 🟢 Completado

Automatisch importiert von Descente-Canyon.com für Canyon Carmes Lower part (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2596/observations.html>)