# Sinigo (intermedio)

Rio Sinigo (Intermedio)

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| **Crear:** 2024-08-09 08:49:54 | **Actualizar:** 2026-02-18 09:12:11 | **Imprimir:** 2026-11-05 02:11:24 |
| **País:** Italia / Italy **Región:** Trentino-Alto Adige **Subregione:** Bolzano **Ciudad:** Merano | | |
| **Dificultad:** un poco difícil | **Grado:** v4 a3 III | **Tiempo total:** 2h20 |
| **Tiempo acceso:** 15min | **Tiempo tour:** 2h | **Tiempo regreso:** 5min |
| **Altitud de entrada:** 770m | **Altitud de salida:** 575m | **Altitude delta:** 195m |
| **Longitud del cañón:** 1000m | **Rapel más alto:** 45m | **Cantidad rapells:** 11 |
| **Transporte:** Coche opcional | **Tipo de roca:** | **Zona de entrada:** km² |
| **Temporada:** | **Orientación:** | **Mejor época:** |
| **Clasificación:** ☆ 3.7 (4) | **Información:** ★ 2.5 (4) | **Belay:** ★ 2.3 (4) |

**Especialidades:**
Captación de agua,

**Equipo:**
Cuerdas: 2x 50m

**Resumen:** (traducción alternativa)
Canyon with a lot of water flow, without narrow sections.
One jump, otherwise rappel.

**Hidrología:** (traducción alternativa)
Water catchment at the foot of the 130m waterfall before entry.

**Acceso:** (traducción alternativa)
Attention! Do NOT park the car on the slope at the upper parking lot! Danger of falling rocks!

**Acceso:** (traducción alternativa)
From the parking lot, follow the road for a short distance and then turn right onto the hiking trail to Cascata. Follow this until you reach the foot of the 135 m waterfall (the exit of the upper part).

**Recorrido:** (traducción alternativa)
Once you reach the stream, you stand on a "balcony" with a railing. To the left of the large stone is a good downclimb. Then go directly to the right and walk underneath the retaining wall until you almost reach its exit. On the left-hand side, there are climbing tracks down to a small ridge. Follow these down a few meters and downclimb again to the left - i.e. back towards the large waterfall. Here you will find a single bolt on a slab with which you can reach the belay about 15 meters ahead (do not go down to the stream - keep up - the belay is behind the small crest.

In the further course of the stream, rappel in the wide terrain, a lot of time is spent looking for anchors. Alternatively, there are often trees for rappels. For a Pro Canyon equipped canyon quite poorly equipped (or we simply did not find the anchors).
Be careful with the potential jumps - for us, only one pool was deep enough (there is a thick rope on the left hand side to get back up)

**Regreso:** (traducción alternativa)
After the slide brake (concrete structure) turn right out to the car - 2 min.

**Coordenadas:**
Inicio del Cañón 46.6353 11.2036
Final del Cañón 46.6331 11.1961
Aparcamiento a la salida 46.6333 11.1958
Aparcamiento a la salida 46.6329 11.1954
Aparcamiento a la entrada 46.6386 11.1944

**Informes:**

2026-08-04 | Ivan | |🕮 |⚓ | ≋ Bajo | 👍 Completado
I went down yesterday when the water level was low. All gear is in good condition. (traducción alternativa)

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2026-04-16 | Andrea Ceolan | ☆ ☆ ☆ |🕮 ★ ★ |⚓ ★ ★ | ≋ Alto | 👍 Completado
We had hoped that, given the almost total lack of snow and the virtually non-existent rainfall in the preceding months, the water level would be lower than normal, but we were wrong! Every descent is treacherous because it is very slippery, as is reaching certain anchors, even with a handrail. The anchors are often positioned on the ground or set back, which makes it difficult to retrieve the rope. Diving is not recommended as there are sharp rocks scattered haphazardly about! We gave up on the lower section, which is graded A5, as the middle section (A3) had already taken us three hours today.

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2025-06-20 | Federico | ☆ ☆ ☆ ☆ |🕮 ★ ★ ★ |⚓ ★ ★ ★ | ≋ Normal | 👍 Completado
Nice fun canyon. New anchors and diverters. Caution in the 45 mt rappel use the lowest limb to reduce rope friction (do not use the first but look about 5 mt below the first). (traducción alternativa)

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2024-08-09 | Peisen | ☆ ☆ ☆ ½ |🕮 ★ ★ |⚓ ★ ★ | ≋ Normal | 👍 Completado
Very beautiful. Not very slippery except for the access to the aquatic rappel of the 45m high rappel, which is very very slippery. Alternatively, this waterfall can also be walked dry on the right. Unfortunately, a lot of garbage in the canyon, especially in the freely accessible areas. (traducción alternativa)

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2024-08-04 | Daniel Sturm | ☆ ☆ ☆ ☆ |🕮 ★ ★ ★ |⚓ ★ ★ | ≋ Normal | 👍 Completado
Beautiful canyon with good water in the wide run. It took us a long time to find the first stand. Now well described. Water level picture from the bridge at the exit (traducción alternativa)

**Partes:**
Sinigo (superiore), v6 a5 V, 20min+6h+20min
Sinigo (intermedio), v4 a3 III, 15min+2h+5min
Sinigo (inferiore), v3 a5 IV, 2min+2h30+20min