Froda sup.

Froda superiore, Cuvignone superiore,Torrente Froda

Crear: 2023-03-09 20:53:30	**Actualizar:** 2026-07-21 12:29:30	**Imprimir:** 2026-11-05 03:11:35
País: Italia / Italy **Región:** Lombardia **Subregione:** Varese **Ciudad:** Castelveccana		
Dificultad: un poco difícil	**Grado:** v4 a2 III	**Tiempo total:** 1h40
Tiempo acceso: 5min	**Tiempo tour:** 1h30	**Tiempo regreso:** 5min
Altitud de entrada: 720m	**Altitud de salida:** 575m	**Altitude delta:** 145m
Longitud del cañón: 350m	**Rapel más alto:** 40m	**Cantidad rapells:** 10
Transporte: Coche opcional	**Tipo de roca:** limestone	**Zona de entrada:** 1.30km²
Temporada: enero - diciembre	**Orientación:** Norte	**Mejor época:** 10-18 Horas
Clasificación: ☆ 2.8 (8)	**Información:** ★ 3 (4)	**Belay:** ★ 2.7 (6)

Especialidades:

Equipo:
Cuerdas: 2x40m

Resumen: (traducción alternativa)
After the entry in a forest canyon, succession of vertical rappels until the exit on a small bridge on a more level terrain. Alternatively, you can continue here to finally reach the steep 100m drop of Cascate della Froda (Cf. Torrente Froda inferiore).

Hidrología:

Acceso: (traducción alternativa)
From Luino, on the eastern shore of Lake Maggiore, we take SP 69 to Castello Castellveccana (9.4 km). We leave this road here to the left on the SP 7 - Via Galileo Galilei - in the direction of Nazca, Sant'Antonio, Arcumeggia. The road now climbs steadily, we see the 100m high Cascate della Froda (cf. Froda inferiore) and 4.8 km after turning off the SP 69 in Castellveccana we reach a prominent left-hand serpentine. Here we park the lower car. In the hairpin bend a footpath from the west meets the road. If we walk along it for about 5 minutes until we reach a footbridge (it is also the way back after the exit), we can check the water level in the Froda.\nWith the second car we then continue for another 550 m and then turn right onto the SP 8 ("Passo Cuvignone"). On the Sp 8 we go uphill for a good 1100 m and then we look for a suitable parking place.

Acceso: (traducción alternativa)
We go downhill in the sparse deciduous forest, keeping diagonally towards the stream (Froda) flowing below us. Relatively late we enter the stream and soon come to the first rappel.

Recorrido: (traducción alternativa)
As already mentioned, a succession of 11 rappels begins vertically. This opens up beautiful views as far as Lake Maggiore and the Ticino mountains towering behind. Exit at the small bridge if you don't want to join the Froda inferiore.

01- C4 (2 sx)
02- C5 (MC 2sx + 2sx)
03- C6 (2 dx)
04- C15 (2sx + dev dx -8m)
05- C10 (2 sx)
06- C17 (MC 2dx + 2dx)
07- C40 (MC 2 dx + 2 dx)
08- C 15 (2sx + dev sx -7m)
09- C8 (2 dx)
10- C14 (2 sx)

Regreso: (traducción alternativa)
At the bridge out to the right on the trail and in a few minutes to the lower car.

Coordenadas:
Inicio del Cañón 45.9312 8.6848
Final del Cañón 45.9328 8.6881
Aparcamiento a la entrada 45.9299 8.6822
Aparcamiento a la salida 45.9327 8.6886

Informes:

2026-07-08 | Massimo Loriato | ☆ ☆ ☆ |🕮 ★ ★ ★ |⚓ ★ ★ ★ | ≋ Bajo | 👍 Completado
Accumulated wood/logs just right at the crossing of the approach path, once overcome everything clear and in order, many pools have been cleared and the hanging one even with low water can be jumped. Done also the initial part of the lower section after the bridge and the toboggan is fully doable.

2026-07-03 | Herbert von Neumann | ☆ ☆ |🕮 |⚓ | ≋ Bajo | 👍 Completado
Almost dry... an easy canyon, but with some beautiful sections (traducción alternativa)

2026-04-18 | System User | |🕮 |⚓ | ≋ Normal | 👍 Completado
Automatisch importiert von Descente-Canyon.com für Canyon Froda (superiore) Première partie avec beaucoup d'arbres tombés récemment rendant la progression chaotique jusqu'au croisement avec le premier sentier reliant San Antonio. A éviter. Équipement ok. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/23217/observations.html)

2025-08-23 | System User | |🕮 |⚓ | ≋ Normal | 👍 Completado
Automatisch importiert von Descente-Canyon.com für Canyon Froda (superiore) Équipement ok (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/23217/observations.html)

2025-07-25 | Enrico Rispoli | ☆ ☆ ½ |🕮 |⚓ ★ ★ | ≋ Normal | 👍 Completado
Easy canyon, not bad enough unexpected in this place (traducción alternativa)

2025-07-24 | Massimo Loriato | ☆ ☆ ☆ |🕮 ★ ★ ★ |⚓ ★ ★ ★ | ≋ Normal | 👍 Completado
Water level low, everything in order.

2025-04-22 | Peter | ☆ ☆ ☆ ½ |🕮 ★ ★ ★ |⚓ ★ ★ ★ | ≋ Alto | 👍 Completado
Everything perfect, water more abundant than usual (traducción alternativa)

2024-06-02 | Peter | ☆ ☆ ☆ |🕮 ★ ★ ★ |⚓ ★ ★ ★ | ≋ Normal | 👎 No realizada
Everything in the norm (traducción alternativa)

2023-11-25 | Bina | |🕮 |⚓ | ≋ Normal | 👍 Completado
Very cold water... brrrrrr... (traducción alternativa)

2023-11-25 | System User | |🕮 |⚓ | ≋ Normal | 👍 Completado
Automatisch importiert von Descente-Canyon.com für Canyon Froda (superiore) (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/23217/observations.html)

2023-05-18 | Bina | ☆ ☆ ☆ |🕮 |⚓ ★ ★ | ≋ Normal | 👍 Completado
Everything ok (traducción alternativa)

2023-03-09 | System User | ☆ ☆ |🕮 |⚓ | |
Daten importiert von https://canyon.carto.net/cwiki/bin/view/Canyons/FrodasuperioreCanyon.html

Partes:
Froda sup., v4 a2 III, 5min+1h30+5min
Froda inf., v5 a3 III, 5min+3h+10min