

Froda (Superiore)

Froda superiore, Cuvignone superiore, Torrente Froda

Crear: 2023-03-09 20:53:30	Actualizar: 2025-08-28 15:50:21	Imprimir: 2026-04-04 03:04:34
País: Italia / Italy Región: Lombardia Subregión: Varese Ciudad: Castelvecchana		
Dificultad: un poco difícil	Grado: v4 a2 III	Tiempo total: 1h40
Tiempo acceso: 5min	Tiempo tour: 1h30	Tiempo regreso: 5min
Altitud de entrada: 720m	Altitud de salida: 575m	Altitude delta: 145m
Longitud del cañón: 350m	Rapel más alto: 40m	Cantidad rapells: 10
Transporte: Coche opcional	Tipo de roca: limestone	Zona de entrada: 1.30km ²
Temporada: enero - diciembre	Orientación: Norte	Mejor época: 10-18 Horas
Clasificación: ★ 2.9 (6)	Información: ★ 3 (3)	Belay: ★ 2.6 (5)
Especialidades:		
Equipo: Cuerdas: 2x40m		
Resumen: (traducción alternativa) After the entry in a forest canyon, succession of vertical rappels until the exit on a small bridge on a more level terrain. Alternatively, you can continue here to finally reach the steep 100m drop of Cascade della Froda (Cf. Torrente Froda inferiore).		
Hidrología:		
Acceso: (traducción alternativa) From Luino, on the eastern shore of Lake Maggiore, we take SP 69 to Castello Castellvecchana (9.4 km). We leave this road here to the left on the SP 7 - Via Galileo Galilei - in the direction of Nazca, Sant'Antonio, Arcumeggia. The road now climbs steadily, we see the 100m high Cascade della Froda (cf. Froda inferiore) and 4.8 km after turning off the SP 69 in Castellvecchana we reach a prominent left-hand serpentine. Here we park the lower car. In the hairpin bend a footpath from the west meets the road. If we walk along it for about 5 minutes until we reach a footbridge (it is also the way back after the exit), we can check the water level in the Froda. With the second car we then continue for another 550 m and then turn right onto the SP 8 ("Passo Cuvignone"). On the Sp 8 we go uphill for a good 1100 m and then we look for a suitable parking place.		
Acceso: (traducción alternativa) We go downhill in the sparse deciduous forest, keeping diagonally towards the stream (Froda) flowing below us. Relatively late we enter the stream and soon come to the first rappel.		
Recorrido: (traducción alternativa) As already mentioned, a succession of 11 rappels begins vertically. This opens up beautiful views as far as Lake Maggiore and the Ticino mountains towering behind. Exit at the small bridge if you don't want to join the Froda inferiore. 01- C4 (2 sx) 02- C5 (MC 2sx + 2sx) 03- C6 (2 dx) 04- C15 (2sx + dev dx -8m) 05- C10 (2 sx) 06- C17 (MC 2dx + 2dx) 07- C40 (MC 2 dx + 2 dx) 08- C 15 (2sx + dev sx -7m) 09- C8 (2 dx) 10- C14 (2 sx)		
Regreso: (traducción alternativa) At the bridge out to the right on the trail and in a few minutes to the lower car.		

Coordenadas:

Inicio del Cañón [45.9312 8.6848](#)

Final del Cañón [45.9328 8.6881](#)

Aparcamiento a la entrada [45.9299 8.6822](#)

Aparcamiento a la salida [45.9327 8.6886](#)

Informes:

2025-08-23 | System User | |📖|📍|🌊 Normal |👍 Completado

Automatisch importiert von Descente-Canyon.com für Canyon Froda (superiore) Équipement ok (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/23217/observations.html>)

2025-07-25 | Enrico Rispoli |☆☆☆👉|📖|📍☆☆|🌊 Normal |👍 Completado

Easy canyon, not bad enough unexpected in this place (traducción alternativa)

2025-07-24 | Massimo Loriato |☆☆☆|📖☆☆☆☆|📍☆☆☆☆|🌊 Normal |👍 Completado

Water level low, everything in order.

2025-04-22 | Peter |☆☆☆👉|📖☆☆☆☆|📍☆☆☆☆|🌊 Alto |👍 Completado

Everything perfect, water more abundant than usual (traducción alternativa)

2024-06-02 | Peter |☆☆☆|📖☆☆☆☆|📍☆☆☆☆|🌊 Normal |🚫 No realizada

Everything in the norm (traducción alternativa)

2023-11-25 | Bina | |📖|📍|🌊 Normal |👍 Completado

Very cold water... brrrrrr... (traducción alternativa)

2023-11-25 | System User | |📖|📍|🌊 Normal |👍 Completado

Automatisch importiert von Descente-Canyon.com für Canyon Froda (superiore) (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/23217/observations.html>)

2023-05-18 | Bina |☆☆☆|📖|📍☆☆|🌊 Normal |👍 Completado

Everything ok (traducción alternativa)

2023-03-09 | System User |☆☆|📖|📍| |

Daten importiert von <https://canyon.carto.net/cwiki/bin/view/Canyons/FrodasuperioreCanyon.html>

Partes:

Froda (Superiore), v4 a2 III, 5min+1h30+5min

Froda (Inferiore), v5 a3 III, 5min+3h+10min