Muiños

Regato dos Muiños

Info: The quality of this description has not been checked yet or was rated bad.
If you know this canyon, please check this description and file a report with a rating for this description using *Reports -> +New Report.* Should you notice any error, please let us know or join the community in order to fix this description yourself.

Create: 2024-06-05 23:13:54	**Update:** 2026-09-14 07:25:35	**Print:** 2026-10-31 02:10:36

Country: España / Spain **Region:** Galicia **Subregion:** provincia de Orense / Provincia de Ourense **Town:** Parada del Sil

Difficulty: a little difficult	**Grading:** v4 a1 III	**Total time:** 4h
Approachtime: 15min	**Tourtime:** 3h	**Returntime:** 45min
Altitude entry: m	**Altitude exit:** m	**Delta Altitude:**
Canyon length: 800m	**Highest rapell:** 40m	**Amount rapells:** 11
Transport:	**Rock type:**	**Drainage area:** km²
Season: January - December	**Orientation:**	**Best Time:**
Rating: ☆ 0 ()	**Info:** ★ 0 ()	**Belay:** ★ 0 ()

Specialities:

Gear:

Summary: (machine translated)
Vertical ravine, like the rest of the Ribeira Sacra, which flows into the Sil. Generally without water except in rainy periods, we can go out on the Sil (we will have to have someone with a boat waiting for us) or before reaching it, we can go left to a hard uphill path. Except after rains, with good flow, it may not have enough interest.

Hydrology:

Access: (machine translated)
Situated in the Ribeira Sacra, we must focus on Nogueira de Ramuín (Luíntra).
From there we will leave by the OU-0508, towards the monastery of Santo Estevo and its parador, after 5kms we will pass it, we leave it on the left. We follow the road to Loureiro and 5km later Cerreda on the left where we will turn off. We will go towards the church and the back of Cerreda, where we will park.

Approach: (machine translated)
We go to the track that is behind the village and leads to the "Mirador de las Cascadas" if we look for it on Maps. From here following the high voltage line we go down to the ravine.

Tour: (machine translated)
See mole.
Very vertical, usually without water

Return: (machine translated)
When we reach the river Sil we turn left (see track) to go up between rocks to the viewpoint again. It is not a really clear path

Coordinates:
Canyon Start 42.3841 -7.6276
Canyon End 42.3866 -7.6227
Parking Entry and Exit 42.3854 -7.6335

Reports:

2024-06-16 | System User | |🕮 |⚓ | |
Información: Partes de la descripción del cañón se han importado automáticamente. Concretamente, los campos Verticalidad, Acuáticos, Seriedad, Resumen, Acceso, Acceso, Recorrido, Regreso, Tiempo acceso, Tiempo tour, Tiempo regreso, Rapel más alto, Cantidad rapells, Longitud del cañón, Temporada start, Temporada end, Ruta GPS, Topografía de https://www.docuwiki.infobarrancos.es/doku.php?id=barrancos:ourense:muinos

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