

Cramassouri

Vallon de Cramassouri, Vallon des aviateurs

Create: 2023-03-09 20:50:07	Update: 2023-12-13 15:57:55	Print: 2026-06-16 10:06:57
Country: France Region: Provence-Alpes-Côte-d'Azur / Provence-Alpes-Cote d'Azur Subregion: Alpes-Maritimes Town: La Tour sur Tinée		
Difficulty: not as difficult	Grading: v3 a3 III	Total time: 1h50
Approachtime: 15min	Tourtime: 1h30	Returntime: 5min
Altitude entry: 290m	Altitude exit: 210m	Delta Altitude: 80m
Canyon length: 1000m	Highest rapell: 11m	Amount rapells: 7
Transport: Car optional	Rock type:	Drainage area: 23.00km ²
Season: June - September	Orientation: Southwest	Best Time:
Rating: ★ 3.1 (4)	Info: ★ 2.3 (3)	Belay: ★ 3 (1)
Specialities:		
Gear: Ropes: 1x30m		
Summary: (machine translated) Fun canyon with smaller rappels, also suitable for beginners and children. It is an absolute highlight for children. It is very varied.		
Hydrology:		
Access: (machine translated) From Nice on the N 202 along the Var river for 32 km northwards. Then we turn off into the Vallée de Tinée, driving along the M 2205 in the valley towards La Tour sur Tinée. After 3.4 km from N 202, you can see the mouth of the Cramassouri from the opposite side of the river. Park the lower car here. Continue with the second car for 1.2 km on the M 2205, then turn right onto the M 32 towards La Tour. Continue uphill for almost 3 km until you reach a hairpin bend. Park the second car there.		
Approach: (machine translated) We now follow the newly created path, starting about 200m before (below) the hairpin bend, down to Cramassouri. Alternatively - with only one car - you can also reach the entry from the parking lot at the exit via a beautifully laid out path in about 30 minutes. You cross the Tinée above the Cramassouri tributary. A path begins there and joins the access road a few 100m below the parking entry.		
Tour: (machine translated) Many slides in an increasingly narrow canyon. Jumps also possible. Highlight a 10m slide at the exit of the tour.		
Return: (machine translated) After reaching the Tinée through the river and beyond up to the car - or back to the parking entry on the path described at the access.		
Coordinates: Canyon Start 43.9386 7.1807 Parking at Exit 43.9320 7.1757 Parking at Entry 43.9390 7.1785 Canyon End 43.9339 7.1747 Waypoint 43.9345 7.1735		

Reports:

2026-06-01 | System User | |📖|📌|🌊 Normal | 🍏 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Cramassouri (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2151/observations.html>)

2026-05-31 | System User | |📖|📌|🌊 Normal | 🍏 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Cramassouri Fait seulement en long johnDC- (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2151/observations.html>)

2026-05-24 | System User | |📖|📌|🌊 Normal | 🍏 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Cramassouri Top pour une bonne douche (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2151/observations.html>)

2026-05-17 | System User | |📖|📌|🌊 Normal | 🍏 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Cramassouri 1er crama 2026Ça se creuse un peuLes toboggans passent (sauf le dernier)Vidéo sur Facebook ABC Canyon (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2151/observations.html>)

2026-04-23 | System User | |📖|📌|🌊 Normal | 🍏 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Cramassouri Canyon facile, le balisage et le matériel est excellent. Avec le beau temps de très belles couleurs. Il manque juste un peu de fond. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2151/observations.html>)

2026-04-18 | System User | |📖|📌|🌊 Normal | 🍏 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Cramassouri Y a qqes obstacles qui passent à nouveau (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2151/observations.html>)

2025-09-29 | Tjaz | ⭐⭐⭐⭐ |📖⭐⭐⭐|📌⭐⭐⭐|🌊 Low | 🍏 Completed

The canyon is closed from 12.9 onwards but we went in anyway. Very very easy but beautiful. We did it in 45minutes. Not worth the drive but worth doing if you are in the area. New path from river up is nicely visible easy to find. No jumps, all slides possible. Last 10m waterfall 50cm deep

2025-09-11 | System User | |📖|📌|🌊 Low | 🍏 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Cramassouri (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2151/observations.html>)

2025-09-06 | System User | |📖|📌|🌊 Normal | 🍏 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Cramassouri (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2151/observations.html>)

2025-09-04 | Andreas B | ⭐ |📖⭐|📌|🌊 Normal | 🍏 Completed

The fun factor is no longer there in its current state. Possibly still for absolute beginners and smaller children. Completely closed. Some of the mini slides still worked but no jumps and the slide at the end was also too pebbled. We were through after less than 60 minutes... Conclusion: not worth it in its current state (machine translated)

2025-09-01 | System User | |📖|📌|🌊 Normal | 🍏 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Cramassouri (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2151/observations.html>)

2025-08-22 | System User | |📖|📌|🌊 Normal | 🍏 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Cramassouri Ça reste toujours un joli canyon, mais moins ludique qu'avant. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2151/observations.html>)

2025-08-21 | System User | |📖|📌|🌊 Normal | 🍏 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Cramassouri ras (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2151/observations.html>)

2025-08-12 | System User | |📖|📌|🌊 Normal | 🍏 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Cramassouri (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2151/observations.html>)