Cramassouri

Vallon de Cramassouri,Vallon des aviateurs

Create: 2023-03-09 20:50:07	**Update:** 2023-12-13 15:57:55	**Print:** 2026-10-30 11:10:30
Country: France **Region:** Provence-Alpes-Côte-d'Azur / Provence-Alpes-Cote d'Azur **Subregion:** Alpes-Maritimes **Town:** La Tour sur Tinée		
Difficulty: not as difficult	**Grading:** v3 a3 III	**Total time:** 1h50
Approachtime: 15min	**Tourtime:** 1h30	**Returntime:** 5min
Altitude entry: 290m	**Altitude exit:** 210m	**Delta Altitude:** 80m
Canyon length: 1000m	**Highest rapell:** 11m	**Amount rapells:** 7
Transport: Car optional	**Rock type:**	**Drainage area:** 23.00km²
Season: June - September	**Orientation:** Southwest	**Best Time:**
Rating: ☆ 3 (5)	**Info:** ★ 2.5 (4)	**Belay:** ★ 3 (2)

Specialities:

Gear:
Ropes: 1x30m

Summary: (machine translated)
Fun canyon with smaller rappels, also suitable for beginners and children. It is an absolute highlight for children. It is very varied.

Hydrology:

Access: (machine translated)
From Nice on the N 202 along the Var river for 32 km northwards. Then we turn off into the Vallée de Tinée, driving along the M 2205 in the valley towards La Tour sur Tinée. After 3.4 km from N 202, you can see the mouth of the Cramassouri from the opposite side of the river. Park the lower car here.
Continue with the second car for 1.2 km on the M 2205, then turn right onto the M 32 towards La Tour. Continue uphill for almost 3 km until you reach a hairpin bend. Park the second car there.

Approach: (machine translated)
We now follow the newly created path, starting about 200m before (below) the hairpin bend, down to Cramassouri.
Alternatively - with only one car - you can also reach the entry from the parking lot at the exit via a beautifully laid out path in about 30 minutes. You cross the Tinée above the Cramassouri tributary. A path begins there and joins the access road a few 100m below the parking entry.

Tour: (machine translated)
Many slides in an increasingly narrow canyon. Jumps also possible. Highlight a 10m slide at the exit of the tour.

Return: (machine translated)
After reaching the Tinée through the river and beyond up to the car - or back to the parking entry on the path described at the access.

Coordinates:
Canyon Start 43.9386 7.1807
Parking at Exit 43.9320 7.1757
Parking at Entry 43.9390 7.1785
Canyon End 43.9339 7.1747
Waypoint 43.9345 7.1735

Reports:

2026-10-28 | Kanyon Kerke | ☆ ☆ ⯨ |🕮 ★ ★ ★ |⚓ ★ ★ ★ | 〰 Low | 👍 Completed
No more high jumps or slides. Everything else is fine. (machine translated)

2026-09-09 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Cramassouri Ras équipements, fait pour une initiation, mais plus grand chose ! (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2151/observations.html)

2026-09-09 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Cramassouri Corde mise seulement sur cascade finale (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2151/observations.html)

2026-09-07 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Cramassouri ATTENTION FERMETURE LE 13 Septembre (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2151/observations.html)

2026-08-29 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Cramassouri (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2151/observations.html)

2026-08-27 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Cramassouri Belle descente. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2151/observations.html)

2026-08-24 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Cramassouri Nous avons égaré une veste de combi en taille 14 ans si par chance quelqu’un la récupère ???????? (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2151/observations.html)

2026-08-17 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Cramassouri Après plusieurs années à parcourir ce canyon, j'ai réalisé qu'une arche rocheuse est en cours de formation à mi parcours. Saurez vous la trouver? Pour l'instant on ne passe que les doigts. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2151/observations.html)

2026-08-09 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Cramassouri (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2151/observations.html)

2026-08-03 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Cramassouri (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2151/observations.html)

2026-08-02 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Cramassouri (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2151/observations.html)

2026-08-02 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Cramassouri Très bien pour de l'initiation avec des enfants. Fait sans navette. Il faut aller chercher le chemin en remontant la tinée sur la droite (du coup rive gauche de la tinée) une bonne centaine de mètres. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2151/observations.html)

2026-07-14 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Cramassouri Ce serait bien que DC soit un peu réactif et modifie les fiches de temps en temps, surtout après des évènements majeurs comme la tempête Alex ! (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2151/observations.html)

2026-07-11 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Cramassouri Merci l'Anglais dans l'eau pour la