Alzen

Cascade d' Alzen,Ruisseau d'Alzen

Info: The quality of this description has not been checked yet or was rated bad.
If you know this canyon, please check this description and file a report with a rating for this description using *Reports -> +New Report.* Should you notice any error, please let us know or join the community in order to fix this description yourself.

Create: 2023-11-20 21:14:58	**Update:** 2026-05-22 16:23:30	**Print:** 2026-10-30 04:10:42
Country: France **Region:** Occitanie **Subregion:** Ariège **Town:** Alzen		
Difficulty: a little difficult	**Grading:** v4 a2 I	**Total time:** 2h25
Approachtime: 20min	**Tourtime:** 2h	**Returntime:** 5min
Altitude entry: 680m	**Altitude exit:** 560m	**Delta Altitude:** 120m
Canyon length: 190m	**Highest rapell:** 70m	**Amount rapells:** 3
Transport:	**Rock type:**	**Drainage area:** km²
Season: March - August	**Orientation:**	**Best Time:**
Rating: ☆ 2.5 (1)	**Info:** ★ 0 ()	**Belay:** ★ 0 ()

Specialities:

Gear:

Summary: (machine translated)
Nice descent with cave included. In winter the waterfall freezes and is impressive.

Hydrology:

Access: (machine translated)
On the D117 from Saint-Girons to Foix, past La Bastide de Serou, turn right on the D221 to Alzen, Chapelle Ste Croix. Continue on the D21 (Alzen, Chapelle). When we arrive at the sign of the Cascade d'Alzen we look for the return car if we have it.
We continue to Alzen, at the entrance of the village we go right to the Mairie (town hall), we continue 100m until we see a sign "Le Moulicot" on the right. We park

Approach: (machine translated)
We leave in the direction of "Le Moulicot" at the end of the street and follow the road looking for the entrance to the stream.

Tour: (machine translated)
A small tunnel, with no need for a front face, followed by a 15m rappel to enter the almost 100m waterfall. Two rappels 35m and 45m

Return: (machine translated)
We go out to the road to the waterfall. If we have left a return car, we will have it here.
With only one car we have to go up to the village.

Coordinates:
Canyon Start 42.9924 1.4668
Parking at Entry 42.9893 1.4722
Parking at Exit 42.9951 1.4667
Canyon End 42.9935 1.4661

Reports:

2026-10-25 | System User | |🕮 |⚓ | 〰 Dry | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Alzen Le canyon ne coulait pas malheureusement. Prévoir de la sangle/corde pour changer les relais (1er rappel après le tunnel et départ du cassé) ! (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/21230/observations.html)

2026-07-23 | System User | |🕮 |⚓ | 〰 Low | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Alzen (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/21230/observations.html)

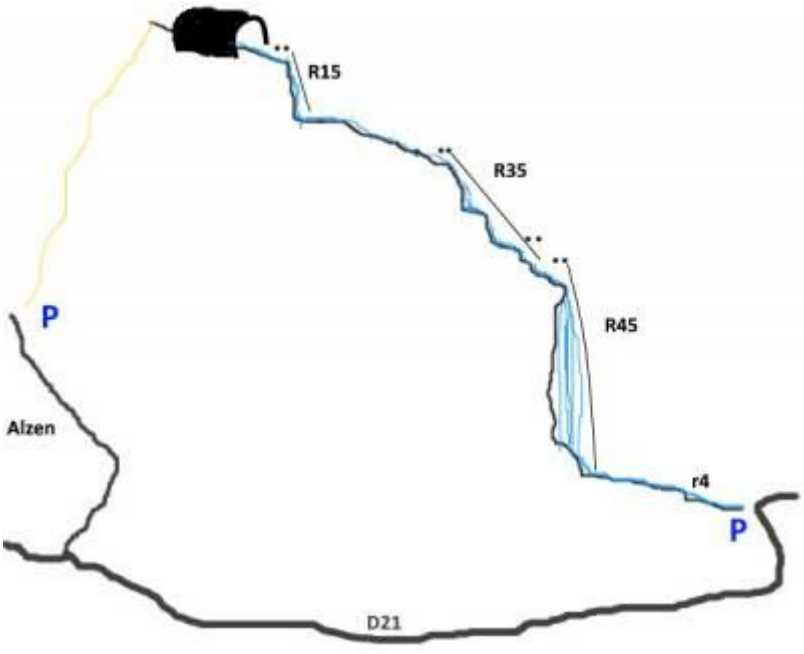
2026-05-24 | System User | |🕮 |⚓ | 〰 Low | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Alzen (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/21230/observations.html)

2026-04-18 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Alzen La grande verticale peut se fractionner en 2 parties : un relais intermédiaire chainé rive droite est positionné à -31m (4m env au dessus de l'ancien vieux relais excentré RD).Il y a un autre vieux relais RD à env de -20m du départ, qui peut prêter à confusion.Le rappel de corde s'est coincé qq m au dessus du relais chainé, mais on a pu récupéré la corde en s'assurant du bas : bien surveiller la descente de la corde et ravaler rapidement...Pour la dernière partie, des cordes 50m mini sont confortables pour gérer le frottement.Donc 1x68m (première partie) + 2x50m mini, c'est bien pour l'enchainement de cette verticale. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/21230/observations.html)

2025-12-06 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Alzen Canyon court avec un très beau cassé fractionné ! Les amarrages sont en bon état mais des sangles sont à changer. La navette à pieds prend 15 minutes. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/21230/observations.html)

2024-06-16 | System User | |🕮 |⚓ | |
Información: Partes de la descripción del cañón se han importado automáticamente. Concretamente, los campos Resumen, Acceso, Acceso, Recorrido, Regreso, Cantidad rapells, Temporada start, Temporada end, Ruta GPS, Topografía de https://www.docuwiki.infobarrancos.es/doku.php?id=barrancosfra:ariege:alzen

2023-03-09 | System User | ☆ ☆ ⯨ |🕮 |⚓ | |
Daten importiert von https://www.descente-canyon.com/canyoning/canyon/21230/Alzen.html



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