

# Surcruns

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**Create:** 2023-03-09 20:50:02    **Update:** 2023-12-22 19:56:35    **Print:** 2026-01-30 09:01:54

**Country:** Schweiz / Switzerland    **Region:** Kanton Graubünden    **Subregion:** Region Imboden    **Town:** Flims

<b>Difficulty:</b> a little difficult	<b>Grading:</b> v4 a4 IV	<b>Total time:</b> 9h15
<b>Approach time:</b> 3h30	<b>Tour time:</b> 4h30	<b>Return time:</b> 1h15
<b>Altitude entry:</b> 2400m	<b>Altitude exit:</b> 1900m	<b>Delta Altitude:</b> 500m
<b>Canyon length:</b> 1700m	<b>Highest rappel:</b> 28m	<b>Amount rapells:</b>
<b>Transport:</b>	<b>Rock type:</b>	<b>Drainage area:</b> 3.80km <sup>2</sup>
<b>Season:</b> July - October	<b>Orientation:</b>	<b>Best Time:</b>
<b>Rating:</b> ★ 4 (1)	<b>Info:</b> ★ 0 ()	<b>Belay:</b> ★ 0 ()

## Specialities:

## Gear:

Ropes: 2x 40m

## Summary:

(machine translated)  
High alpine rappel canyon, carved by glacial water.

## Hydrology:

### Access:

(machine translated)  
Same approach as to Lavadignas: From Chur we drive via Trins-Mulins to Flims. There, pretty much at the beginning of the village, we take the road on the right up towards Fidaz and Bargis. After passing Fidaz we come to a large parking lot where we park our car (1245m altitude). Further up to Bargis we go either by bus, by bike or on foot (about 1 hour). See also in photo gallery Lavadignas.

### Approach:

(machine translated)  
Arrived in Bargis (1550m altitude) we follow the road still over the Turnigla bridge and then take the slope up to a hut at 1860m altitude (up to here without problems also with MTB, which would then be immediately ready again at the exit). From here we take the path further up, cross a little later "our" stream at its exit and then climb in serpentines always staying on the orographic left side of the stream to about 2100m altitude. Here we do not take the path to the left over the stream, but remain on its orographic left side and climb about 35 meters in a northerly direction. Then the path turns sharply to the right and we continue to climb in a southeasterly direction. After a left turn we come to Alpe Surcruns at 2250m. We continue pathless, slightly ascending, crossing the stream rippling down from the north and round the altitude "2354". Subsequently, we keep towards our stream at about 2300m altitude. If we orientate ourselves a little bit upwards and still cross the two left source streams, we can finally enter the orographic left source stream at an altitude of about 2390m. Till 2015 there was also a somewhat more pleasant approach variant via cable car to the Fil de Cassons (2634m altitude) and from there via the Fuorcla Raschglis into the large basin below Trinserhorn/Piz Dolf always with a slight downward slope, until one reaches the ascent path from Bargis at 2100m. However, the railroad has stopped its operation in Feb. 2016.

### Tour:

(machine translated)  
4 parts set apart from each other. The first two relatively short, the next longer, with the stream increasingly notched. About 20 rappels in all, lots of downclimbing. Where the canyon opens, we get out onto the meadow and walk down the edge of the creek to the bridge.

### Return:

(machine translated)  
On the (possibly marching) way down to Bargis.

## Coordinates:

Canyon Start [46.8966 9.3032](#)

Canyon End [46.8858 9.2941](#)

**Reports:**

2023-03-09 | System User | ★ ★ ★ ★ | 📄 | ⚓ | |

Info: Teile der Canyonbeschreibung wurden automatisiert übernommen. Konkret die Felder Weblinks, Koordinaten, Rating, Länge des Canyon, Einfachseil Mindestens von <https://www.descente-canyon.com/canyoning/canyon/22684>

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