

# Cinq Sèdes

Vallon des Cinq Sèdes

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**Create:** 2023-11-20 21:22:32

**Update:** 2025-06-27 21:56:58

**Print:** 2026-06-17 12:06:14

**Country:** France **Region:** Provence-Alpes-Côte-d'Azur / Provence-Alpes-Cote d'Azur **Subregion:** Var **Town:** Le Cannet-des-Maures

**Difficulty:** easy

**Grading:** v1 a2 ?

**Total time:** 2h25

**Approachtime:** 45min

**Tourtime:** 1h20

**Returntime:** 20min

**Altitude entry:** 350m

**Altitude exit:** 250m

**Delta Altitude:** 100m

**Canyon length:** 1000m

**Highest rapell:** 17m

**Amount rapells:**

**Transport:**

**Rock type:**

**Drainage area:** km<sup>2</sup>

**Season:**

**Orientation:**

**Best Time:**

**Rating:** ★ 0.8 (1)

**Info:** ★ 0 ()

**Belay:** ★ 0 ()

**Specialities:**

**Gear:**

**Summary:**

Rohdaten Import von Descente Canyons <https://www.descente-canyon.com/canyoning/canyon/23330>

**Hydrology:**

**Access:**

**Approach:**

**Tour:**

**Return:**

**Coordinates:**

Canyon Start [43.3078 6.4060](#)

Canyon End [43.3127 6.4012](#)

Unknown Parking [43.3267 6.4047](#)

**Reports:**

2023-03-09 | System User | |📖|📍| |

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