

Froda (Inferiore)

Froda inferiore, Cascate della Froda,Torrente Froda

Create: 2023-03-09 20:53:31	Update: 2025-06-03 09:01:05	Print: 2025-08-07 08:08:10
Country: Italia / Italy Region: Lombardia Subregion: Varese Town: Castelveccana		
Difficulty: difficult	Grading: v5 a3 III	Total time:
Approachtime: 5min	Tourtime:	Returntime: 25min
Altitude entry: 575m	Altitude exit: 400m	Delta Altitude: 175m
Canyon length: m	Highest rapell: m	Amount rapells:
Transport:	Rock type:	drainage area: km²
Season:	Orientation:	Best Time:
Rating: ★ 3.9 (6)	Info: ★ 2.7 (3)	Belay: ★ 2.5 (6)
Specialities:		
Gear:		
Summary: (machine translated) A 100 m - rappel with "run-up".		
Hydrology:		
Access: (machine translated) Like Froda superiore:From Luino on the eastern shore of Lake Maggiore, take the SP 69 to Castello Castellveccana (9.4 km). We leave this road here and turn left onto the SP 7 - Via Galileo Galilei - in the direction of Nasca, Sant'Antonio, Arcumeggia. We now drive 1.9 km and come to a house directly on the right-hand side of the road. 200m further on the SP 7, a dirt road turns off to the right (http://www.valganna.info/phpBB3/download/file.php?id=5455&sid=f863e4b82142828d13c5222d5645bee5&mode=view). We park the lower car here. Take the second car on the SP 7 in a southerly direction continuously uphill. We can see the 100 m high final waterfall of the Froda inferiore and after 2.7 km we come to a prominent left-hand serpentine. Here we park the second car, unless we intend an integral ascent of the Froda (see description of the Froda superiore!).		
Approach: (machine translated) In the haipin bend a footpath goes off in western direction into the forest.we follow it and in about 5 min. we come to a footbridge (entry).		
Tour: (machine translated) First downclimb and smaller rappel, until you reach the break-off edge with the 100 m - waterfall. It is set up on the orographic. right side with several intermediate stands.		
Return: (machine translated) At the foot of the waterfall we come to a wooden footbridge. Left here onto the hiking trail, we soon pass the houses of the hamlet of Casone Froda (394 m above sea level), continue north along the path, cross the river twice and, after the third crossing and another 600 m northwards, reach the SP 7 and our car at the bottom.		
Coordinates: Canyon Start 45.9329 8.6882 Canyon End 45.9346 8.6887 Parking at Exit 45.9427 8.6869 Parking at Entry 45.9326 8.6885		

Reports:

2025-06-01 | Massimo Loriato | ★★★★★ | 📖★★★★ | 🪚★★★★ | 🌊 Normal | 🟢 Completed

Done the lower part, from bridge to above the final waterfall, with people from the beginner course. Everything in order, added anchors on the last two points missing for additional security; flow normal, quite slippery here and there.

2024-08-25 | Anja | ★★★★★ | 📖★ | 🪚★ | 🌊 Low | 🟢 Completed

Mega beautiful rappel canyon. All stands tiptop. Make sure the rope runs well, especially on the last rappel - sharp edges! (machine translated)

2024-06-02 | Peter | ★★★★★ | 📖★★★★ | 🪚★★★★ | 🌊 Normal | 🛑 Not done

Everything in the normal range. A few pools still silted up. Traversed to above the final waterfall and then exited. (machine translated)

2023-11-25 | Bina | ★★★★★ | 📖 | 🪚★★ | 🌊 Normal | 🟢 Completed

Very cold water. (machine translated)

2023-11-25 | System User | | 📖 | 🪚 | 🌊 Normal | 🟢 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Froda (inferieur) (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/23250/observations.html>)

2023-05-18 | Bina | ★★★★★ | 📖 | 🪚★★ | 🌊 Normal | 🟢 Completed

Pretty. (machine translated)

2023-05-18 | Patrik Bartel | ★★★★★ | 📖 | 🪚★★★★ | 🌊 Normal | 🟢 Completed

Sup. and inf. committed. Only at the beginning a run, then continuously downhill. Abseil follows abseil. If the water level is uncomfortable at the big cascade, as it was during our ascent, the dry but green belay is recommended. <https://canyon.li/froda-18-05-23/> (machine translated)

2023-03-09 | System User | | 📖 | 🪚 | |

Daten importiert von <https://canyon.carto.net/cwiki/bin/view/Canyons/Frodainferiore2Canyon.html>

Parts:

Froda (Superiore), v4 a2 III, 5min+1h30+5min

Froda (Inferiore), v5 a3 III, 5min++25min