Grigna

Valle della Grigna,Torrente Grigna

Create: 2023-03-09 20:55:13	**Update:** 2026-08-20 16:30:50	**Print:** 2026-10-30 02:10:54
Country: Italia / Italy **Region:** Lombardia **Subregion:** Brescia **Town:** Bienno		
Difficulty: a little difficult	**Grading:** v4 a4 III	**Total time:** 4h10
Approachtime: 30min	**Tourtime:** 3h30	**Returntime:** 10min
Altitude entry: 710m	**Altitude exit:** 490m	**Delta Altitude:** 220m
Canyon length: m	**Highest rapell:** 45m	**Amount rapells:**
Transport: Car required	**Rock type:**	**Drainage area:** km²
Season:	**Orientation:**	**Best Time:**
Rating: ☆ 3.2 (2)	**Info:** ★ 2 (1)	**Belay:** ★ 2 (1)

Specialities:

Gear:
Ropes: 2x 50m

Summary: (machine translated)
At the beginning a succession of rappels, then hiking and swimming canyon with rappels.

Hydrology:

Access: (machine translated)
Take the A4 highway (Milan-Brescia) between Bergamo and Brescia, exit at Ospidaletto, and head north on the SS 10 toward Lake Iseo. Continue along the lake's eastern shore on the SS 42, heading up through the Val Camonica to Esine. Turn there and head up to Bienno. From there, continue up the main road through the switchbacks, and after the first one, turn right onto Via Ponte Prada toward the cemetery (Isola district). Continue on the narrow road and cross a bridge over a right-hand tributary of the Grigna. Immediately after the bridge, turn right onto Via Isola toward the power plant. Park the first car on the left at the first set of parking spaces.

Drive the second vehicle back to the bridge, but do not cross it; instead, turn right uphill before the bridge (Via Ponte Prada), drive through a small industrial area, and then turn right onto a small paved road toward Novali. The road climbs steeply until you reach a larger open area to the right of the road (in a left-hand curve) (elevation approx. 850 m above sea level). Park the second car here.

Approach: (machine translated)
From the upper parking lot, follow a zigzagging trail directly down toward Grigna, passing a goat pen (on the right).
P. v. Duin suggests crossing to the left across the hollow after about 50 m onto a small path that leads slightly uphill and then down to Grigna (see the description there).
We, on the other hand, continued straight down and reached a traverse path marked by a cairn. The horizontal path might have led left to the entry, but it was completely overgrown. So we continued down to a small plateau above the Grigna. Here, look for the tracks to the left and head slightly uphill across the cirque that descends toward the river to a ridge, and from there, down to the entry point on the other side. We mistakenly descended the cirque on the right and, unfortunately, ended up at the Grigna directly below the attractive entry waterfalls.

Tour: (machine translated)
At the beginning a sequence of longer rappels, mostly "in the beam". Then swim and run sections alternate, interrupted by the odd rappel. Some slides and jumps are also possible. Attractive ambience in red rock.

Return: (machine translated)
After the power station, continue along the river bed for about 200 m and then turn right up to Via Isola and on this road to the lower car. \nPossibility of an exit before the narrower final passage to the left up the slope on a fixed rope (May 2012).

Coordinates:
Canyon Start 45.9130 10.3141
Canyon End 45.9249 10.3042
Parking at Exit 45.9294 10.3000
Parking at Entry 45.9161 10.3134
Alternative Canyon Start 45.9041 10.3255

Reports:

2026-08-20 | Mazzoldi | ☆ ☆ ☆ ⯨ | 🕮 ★ ★ | ⚓ ★ ★ | ≋ Low | 👍 Completed
The trail was difficult to follow; bring a sickle to cut through the brambles. I saved the GPX track, which I'm attaching here: https://out.ac/IjYZTx (machine translated)

2023-03-09 | System User | ☆ ☆ | 🕮 | ⚓ | |
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