

# Rio Poio (superiore)

Rio Poio

**Info: The quality of this description has not been checked yet or was rated bad.**

If you know this canyon, please check this description and file a report with a rating for this description using *Reports* -> *+New Report*. Should you notice any error, please let us know or join the community in order to fix this description yourself.

**Create:** 2023-03-09 20:52:11

**Update:** 2023-10-14 09:16:13

**Print:** 2025-12-05 02:12:05

**Country:** Portugal **Region:** Região Norte / Norte Region **Subregion:** Vila Real **Town:** Alvadia

**Difficulty:** difficult

**Grading:** v5 a5 III

**Total time:** 5h20

**Approachtime:** 5min

**Tourtime:** 5h

**Returntime:** 15min

**Altitude entry:** 910m

**Altitude exit:** 450m

**Delta Altitude:** 460m

**Canyon length:** m

**Highest rapell:** 30m

**Amount rapells:**

**Transport:** Car required

**Rock type:**

**Drainage area:** km<sup>2</sup>

**Season:**

**Orientation:**

**Best Time:**

**Rating:** ★ 3.6 (2)

**Info:** ★ 1 (1)

**Belay:** ★ 3 (1)

**Specialities:**

**Gear:**

**Summary:** (machine translated)

River walk with a "pithy" narrow passage

**Hydrology:**

**Access:** (machine translated)

see Google aerial photo in "photo gallery", likewise to the conversion (in addition also

<https://www.wikiloc.com/canyoneering-trails/barranco-del-rio-poio-en-vila-real-portugal-2873695> )

**Approach:** (machine translated)

From P1 directly down into the streambed below the water drainage. For the "quick entry" E2 see Google aerial photo in "Photo Gallery".

**Tour:** (machine translated)

See topographic view, photos and videos; key passage is the narrows.

**Return:** (machine translated)

Still before the exit of the valley cut left up to the road and to P2

**Coordinates:**

Canyon Start [41.4453 -7.7790](#)

Parking at Exit [41.4579 -7.8056](#)

Parking at Entry [41.4450 -7.7796](#)

Canyon End [41.4581 -7.8036](#)

## Reports:

2025-09-09 | System User | |📖|📌|🌊 Low |👍 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Poio Très beau, faille, vasques, sauts, grande cascade... certes beaucoup de blocs mais ça s'oublie facilement. La zone a tristement récemment brûlé, très visible surtout RD mais pas d'impact apparent sur l'équipement (qui est bon). L'escalade de la vasque de sortie de faille ne m'a pas parue si méchante, il y a un bref passage où les (vieilles) cordes aident, sinon c'est du III/III+ je dirais. Quand même plus confort en laissant le sac en bas et en le hissant a la corde. Pas de difficultés liées a l'eau avec ce débit (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/21562/observations.html>)

2025-05-05 | System User | |📖|📌|🌊 Crazy |👍 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Poio GD++ Certains relais sont compliqués à aller chercher. La corde qui permet d'accéder au dernier relai de la faille est HS. La grande cascade est magnifique avec ce débit. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/21562/observations.html>)

2024-08-22 | Marosffy Dániel |★★★★☆|📖★|📌★★★|🌊 Low |👍 Completed

The entire canyon was done comfortably in 8 hours, including 40 minutes walk back to the car (along the pipe, one person only without pack). However, we saw hardly any option the quit in the middle. There might have been a path, but concerning the height of the valley, and the amount of bushes, I would not count on that, so all or nothing. The other problem: the climb up from the big pool. This we estimated cca 15m, there was a just enough length of fixed rope, but if the water level was 1 meter lower, we'd probably still be floating there... Take it seriously, there's no dry spot to escape to, absolutely out of question the climb out anywhere else, and no signal either. If got stuck, your only hope is someone waiting for the group outside. Picture 1: The climb seen in the distance. It's more scary from here than at the bottom. Picture 2: Back from the top. No dry land down there. Otherwise amusing, not counted the long walking sections.

2023-03-09 | System User |★★★★|📖|📌||

Daten importiert von <https://canyon.carto.net/cwiki/bin/view/Canyons/PoioCanyon.html>

## Parts:

Rio Poio (superiore), v5 a5 III, 5min+5h+15min

Rio Poio (inferiore), v3 a3 III, 45min+1h45+10min