Cholerenschlucht

Tschentbach,Choleresch lucht

Info: The quality of this description has not been checked yet or was rated bad.
If you know this canyon, please check this description and file a report with a rating for this description using *Reports -> +New Report.* Should you notice any error, please let us know or join the community in order to fix this description yourself.

Create: 2024-06-05 22:28:14	**Update:** 2026-08-03 07:53:23	**Print:** 2026-10-31 02:10:54

Country: Schweiz / Switzerland **Region:** Kanton Bern / Canton de Berne **Subregion:** Verwaltungskreis Frutigen-Niedersimmental / Frutigen-Niedersimmental administrative district **Town:** Adelboden

Difficulty:	**Grading:** v? a? ?	**Total time:** 1h25
Approachtime: 5min	**Tourtime:** 1h	**Returntime:** 20min
Altitude entry: 1195m	**Altitude exit:** 1140m	**Delta Altitude:** 55m
Canyon length: 100m	**Highest rapell:** 21m	**Amount rapells:**
Transport:	**Rock type:**	**Drainage area:** km²
Season:	**Orientation:**	**Best Time:**
Rating: ☆ 3.5 (1)	**Info:** ★ 0 ()	**Belay:** ★ 0 ()

Warnings:
Ban on Commercial Canyoning
According to https://www.belex.sites.be.ch/app/de/texts_of_law/923.111/versions/1792/annex/2, the commercial operation of water sports activities is prohibited year-round.
inactive: *Prohibition of fishing in Bern Case I* (yearly 01.11. - 15.04.)
According to the fishing regulations of the Canton of Bern, this section of water may only be used from 16.04.-31.10.

Specialities:

Gear:
Ropes: 2x 25m

Summary: (machine translated)
A short but intense descent. It begins with wedged boulders and has an exit in a dark gorge.

Hydrology: (machine translated)
Things to do in the fall—water levels can quickly become a problem.

Access: (machine translated)
Drive up the valley toward Adelboden. Pass the signs for “Cholerecanyon,” continue for another 2 kilometers, cross a bridge, and turn right immediately to reach the bridge at the starting point of the canyon. Turn left there onto a dirt road and park next to it at a campground (with a table and fire pit).

Approach:

Tour: (machine translated)
A short but intense descent. It begins with wedged boulders and has an exit in a dark gorge.

There are quite a few paths leading to the viewing platforms.

Return: (machine translated)
Take the path on the left side of the riverbank that leads uphill at first, but do not cross the pedestrian bridges if they are closed.

Coordinates:
Canyon Start 46.5155 7.5798
Canyon End 46.5164 7.5836

Reports:

2026-07-29 | System User | |🕮 |⚓ | |
Automatisch importiert von Schlucht.ch für Canyon Cholereschlucht Adelboden, Wasserstand: "Schöner Canyoning-Wasserstand... (Für diesen Bach ehr wenig)" Verankerungen: "Neu Gut" Schlucht neu begehbar gemacht, 5 Abseiler, längste 17 m. Stand via Seilgeländer erreichbar (Nische), unterstes Becken kann mit Vorsicht gesprungen werden. Kurze Schlucht für den Abend oder nach einer Wanderung im Gebiet. (Quelle: https://schlucht.ch/schluchten-der-schweiz-liste/1238-cholereschlucht-adelboden)

2023-03-09 | System User |☆☆☆⯨ |🕮 |⚓ | |
Daten importiert von https://ropewiki.com/Cholerenschlucht