

# Rina

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**Create:** 2026-05-12 14:32:04

**Update:** 2026-05-12 14:42:04

**Print:** 2026-05-13 01:05:21

**Country:** Italia / Italy **Region:** Piemonte **Subregion:** Verbano-Cusio-Ossola **Town:** Trontano

**Difficulty:** not as difficult

**Grading:** v3 a2 III

**Total time:** 10h30

**Approachtime:** 2h

**Tourtime:** 7h

**Returntime:** 1h30

**Altitude entry:** 1655m

**Altitude exit:** 610m

**Delta Altitude:** 1045m

**Canyon length:** 3400m

**Highest rapell:** 56m

**Amount rapells:** 11

**Transport:** Car optional

**Rock type:**

**Drainage area:** km<sup>2</sup>

**Season:**

**Orientation:**

**Best Time:**

**Rating:** ★ 0 ()

**Info:** ★ 0 ()

**Belay:** ★ 0 ()

**Specialities:**

**Gear:**

Ropes: 2x70

**Summary:**

A series of large vertical drops in an open environment. The Giant's Staircase (Scala dei Giganti) is a succession of large steps (from 2 to 10 m) that can be negotiated by downclimbing.

**Hydrology:**

**Access:**

Take the shuttle and reach the locality of Alpe Faievo.

**Approach:**

From Faievo, climb up to Parpinasca and follow the signs for Alpe Rina. Shortly before the alpine pasture, the trail crosses a basin (Fornale di Rina) where the stream flows beneath the boulders of a scree slope (1690 m). Descend until reaching the watercourse (1630 m).

**Tour:**

C20

C55

C24

C12

C37

C35

C55

scala dei giganti

C27

C43

C19

C20

Confluence at 1090 m.

**Return:**

Go on with Rio di Menta and Ogliana di Quarata

**Coordinates:**

Canyon Start [46.0860 8.3559](#)

Canyon End [46.0846 8.3467](#)

Parking at Entry [46.1134 8.3436](#)

**Reports:**