

# Balma

Vallon de Balma,La Pinée

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**Create:** 2023-03-09 20:53:49

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**Print:** 2026-01-30 10:01:31

**Country:** France **Region:** Provence-Alpes-Côte-d'Azur / Provence-Alpes-Cote d'Azur **Subregion:** Alpes-Maritimes **Town:** Reveston

**Difficulty:** a little difficult

**Grading:** v4 a2 III

**Total time:** 5h35

**Approachtime:** 1h30

**Tourtime:** 4h

**Returntime:** 5min

**Altitude entry:** 670m

**Altitude exit:** 180m

**Delta Altitude:** 490m

**Canyon length:** 1900m

**Highest rapell:** 50m

**Amount rapells:** 34

**Transport:** on Foot

**Rock type:**

**Drainage area:** km²

**Season:**

**Orientation:** Southwest

**Best Time:**

**Rating:** ★ 2.4 (2)

**Info:** ★ 0 ()

**Belay:** ★ 0 ()

**Specialities:**

**Gear:**

Ropes: 2x45m

**Summary:** (machine translated)

Rappel canyon with little water, water quality questionable in the lower parts

**Hydrology:**

**Access:** (machine translated)

From Nice Airport, take the N 202 in the direction of Digne. After 22 km we pass the turnoff to the valley of the Vesubie. About 4 km further we pass through two small tunnels and then reach the bridge over the Var before the big tunnel. The old N 202 to Digne used to go up here on the orographic left bank of the Var. Now, however, this part of the route is closed and so we drive through the long tunnel. At the unclear end of the tunnel Pont de la Mescla we do not continue on the N 202, we do not turn off into the Tinée valley, but look for the old N 202, which runs eastward on the left bank of the Var. We follow the old N 202 for about 2km and then we see the 50m final abseil on the left. Park the vehicle here.

**Approach:** (machine translated)

Go downstream on the N 202 for about 500 m and you will come to a marker "106", where the path to the hamlet of La Reveston branches off to the left. You will reach it after about 1 hour (560 m above sea level). From here you can go down to the lower part of the Balma. However, we continue at the mark "109" towards La Madone d'Utelle. We pass two valley cuts before reaching a small concrete bridge at 670 m a.s.l.. From here turn left to the entry.

**Tour:** (machine translated)

The upper quarter of the canyon only carries water after rainfall. Water then springs up in a grotto, but this does not guarantee a flow of water down to the bottom in high summer. The belay above the high final abseil (7m/43m) offers great views.

The canyon offers variety and the beautiful 50m rappel. Conclusion: not a highlight, but not a failure either, as long as there is water flowing. However, this can be contaminated below the hamlet of Reveston (smell of detergent!).

**Return:** (machine translated)

After the 50 m rappel out to the road

**Coordinates:**

Canyon Start [43.9149 7.2101](#)

Canyon End [43.9082 7.1957](#)

## Reports:

2025-04-18 | System User | |📖|📌|🌊 Normal |🔴 Not done

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