

Rio Alba

Alba

Create: 2023-03-09 20:52:19	Update: 2026-03-23 13:14:57	Print: 2026-06-16 10:06:37
Country: Italia / Italy Region: Friuli Venezia Giulia Subregion: Udine Town: Moggio Udinese		
Difficulty: not as difficult	Grading: v3 a3 II	Total time: 3h35
Approachtime: 20min	Tourtime: 2h45	Returntime: 30min
Altitude entry: 620m	Altitude exit: 350m	Delta Altitude: 270m
Canyon length: 3500m	Highest rapell: 25m	Amount rapells: 6
Transport: Car required	Rock type: limestone	Drainage area: km ²
Season:	Orientation: South	Best Time:
Rating: ★ 3.1 (8)	Info: ★ 3 (5)	Belay: ★ 2.7 (6)
Specialities:		
Gear: Ropes: 1x30m/ 1x20m		
Summary: (machine translated) In contrast to the left tributary rather long, flat hiking and climbing canyon with a few short abseils, but if you are lucky with the gravel, you can jump a lot. Be sure to check the water level; very scenic; clean water; very jagged limestone.		
Hydrology:		
Access: (machine translated) From Tolmezzo on the SS512 towards Carnia --> continue on the SS13 towards Tarvisio --> turn left at Moggio Udinese --> enter the village (follow signs for Ovedasso) --> cross a bridge and take the country road next to the river "Fella" until you reach a long bend on the left --> park your shuttle car on the left before the bridge over the Rio Alba (approx. 330m) --> take the 2nd car back to the village of Moggio Udinese --> from there continue to the next village of Praxis (477m) --> continue on an asphalted forest road towards "Casera Vualt" --> in a sharp left bend park on the right by a wooden board --> here there is also a steeply sloping forest road (approx. 730m).		
Approach: (machine translated) Follow the forest road downhill --> after a few hairpin bends the road flattens out. Continue on the road via a long haipin bend down to the streambed. The forest path that previously branched off to the right has now been marked with no trespassing signs.		

Tour: (machine translated)

At the dam wall at approx. 610m there is a water level measuring station where you can read the water level --> !!!! If the water level is high, an automatic opening could be initiated --> 1st rappel from the dam wall approx. 25m (from the railing) --> longer walking passages to the narrowing canyon with small climbs --> walking passages in a narrower section of the canyon to the 1st rappel point in a beautiful rocky backdrop (right 10m) --> continue walking and climbing to the 2nd rappel point 20m (right) in a large gravel bed --> here the canyon opens --> continue walking and climbing to the 2nd rappel point 20m (right) in a large gravel bed --> here the canyon opens --> continue walking and climbing to the 2nd rappel point 20m (right) in a large gravel bed.) in a large gravel bed --> here the canyon opens up --> after a short section of walking and easy climbing you come to a very open passage with sloping large slabs of rock --> in a slight walking passages you overcome a chaos of rocks (inflow from the right) --> at the exit of the large boulders you come to a rappel point with approx. 10m (right) --> continue walking and climbing over some steps and rocks again until you come to a small waterfall on the left (left). waterfall on the left (left tributary of the Rio Alba) --> longer walking passages --> short downclimb approx. 5m --> beautiful striking point with high rock face and incised limestone rock which you walk around and downclimb on the left --> here the canyon makes a 90° left turn --> after a short time you come to an impressive cascade --> here you walk on a ledge (left) to a belay --> downclimb to a stand --> after a short time you come to an impressive cascade --> here you walk on a ledge (left) to a stand --> downclimb to the left (right.) to a stance --> rappel 15m --> the next rappel follows immediately approx. 10m to the right in the course of the water --> walk to the next waterfall on the left --> after a short shower you can take off your neoprene --> from here you walk along a very wide streambed for approx. 30min. to the bridge --> get off right at the shuttle car (approx. 310m).

Return: (machine translated)

20-30 minute walk in the wide, gravel streambed. Get out of the streambed before the bridge.

Coordinates:

Canyon Start [46.4330 13.2149](#)

Parking at Entry [46.4336 13.2106](#)

Parking at Exit [46.4012 13.2132](#)

Canyon End [46.4104 13.2181](#)

Reports:

2026-04-23 | Rick Paapy | ★★☆☆ | 📖★★★★ | 📍★★★★ | 🌊 Low | 🍏 Completed

Bite the tralba only one jump possible. Water smutsig. After the tralba you can jump everything (machine translated)

2025-09-06 | Francesco Micaglio | ★★☆☆ | 📖★★★★ | 📍★★★★ | 🌊 Normal | 🍏 Completed

Descended the Rio Alba today. The lake upstream of the dam filled up again(10 days ago they had emptied it). Pro canyon weapons. All dives doable (machine translated)

2025-08-24 | Tóth Attila | 📖 | 📍 | 🌊 Normal | 🚫 Not done

Unfortunately, the dam above the canyon has been opened and the water is constantly washing the gravel behind the dam into the canyon. Making the hike impossible. It has almost certainly filled the pools as well.

2025-06-09 | Péter Bonczi | ★★☆☆ | 📖★★★★ | 📍★★★ | 🌊 Normal | 🍏 Completed

Beautiful landscape. Equipment ok. Beautiful, deep pools, all bouncy. At descent number 1, dead deer in the pool. (machine translated)

2024-06-30 | GeorgB | ★★☆☆ | 📖★★★★ | 📍★★★★ | 🌊 Normal | 🍏 Completed

Currently very good conditions. You can jump a lot, the pools are sufficiently deep. Good tour for beginners if you are fit enough for the long block climbs (machine translated)

2023-04-25 | System User | 📖 | 📍 | |

Der aktuelle Canyon wurde teilautomatisiert mit Canyon <https://www.canyoning.or.at/index.php/liste-aller-canyons/58-rio-alba> zusammengeführt.

2023-03-12 | Horst Lambauer | ★★☆☆ | 📖★★★★ | 📍★★★★ | 🌊 Low | 🍏 Completed

Have drilled SOS plaques and set 2 rings on 12.3.2023. In total there are now 10 marked rappelling points in the Alba (machine translated)

2023-03-09 | System User | ★★☆☆ | 📖 | 📍 | |

Daten importiert von <https://www.canyoning.or.at/index.php/liste-aller-canyons/58-rio-alba>

2023-03-09 | System User | ★★ | 📖 | 📍 | |

Daten importiert von <https://canyon.carto.net/cwiki/bin/view/Canyons/RioAlbaCanyon.html>

2019-08-12 | Christian Balla | ★★☆☆ | 📖 | 📍★★★ | 🌊 Normal | 🍏 Completed

A very beautiful canyon, which unfortunately contains a disproportionate number of sections in the stream. Video of the tour: <https://www.youtube.com/watch?v=cyKOOIRycxo> (machine translated)