Riu e Forru

Riu 'e Forru,Riu E Forru,E Forru

Info: The quality of this description has not been checked yet or was rated bad.
If you know this canyon, please check this description and file a report with a rating for this description using *Reports -> +New Report.* Should you notice any error, please let us know or join the community in order to fix this description yourself.

Create: 2023-03-09 20:54:44	**Update:** 2023-11-23 23:06:54	**Print:** 2026-10-30 01:10:16

Country: Italia / Italy **Region:** Sardegna **Subregion:** provincia dell'Ogliastra / Province of Ogliastra **Town:** Arzana

Difficulty: not as difficult	**Grading:** v3 a3 II	**Total time:** 2h20
Approachtime: 20min	**Tourtime:** 1h30	**Returntime:** 30min
Altitude entry: 750m	**Altitude exit:** 660m	**Delta Altitude:** 90m
Canyon length: 250m	**Highest rapell:** 22m	**Amount rapells:** 3
Transport:	**Rock type:**	**Drainage area:** km²
Season:	**Orientation:** East	**Best Time:**
Rating: ☆ 2.7 (3)	**Info:** ★ 0 ()	**Belay:** ★ 2 (1)

Specialities:

Gear:
Ropes: 2x25m

Summary: (machine translated)
Short rappel canyon in the wild ambience of the Gennargentu massif

Hydrology:

Access: (machine translated)
From Nuoro, do not go directly on the old SP 389 (southwestward), but follow the appropriate signs ('Lanusei') first on the southern bypass of Nuoro, on this 5 km westward, to then change to the new road to Lanusei. After 53 km (from leaving the bypass) you pass the village of Villanova Strisáili, slightly off to the left. Continue on the road, which is narrower and more winding from then on, for another 6 km. Then turn right off the SP 389, on a bridge over the river and over a railroad track. On the left is the Stazione Villagrande. Then you cross the railroad track again, a little later you take the road that branches off to the right (north). 9.8 km after leaving the SP 389, take the road that branches off to the right again (stone with map, display board). 4.4 km further on we cross a bridge for the second time. We take the small road that branches off to the right. After about 200 m it crosses a stream, where we leave the lower vehicle (if two are available). With the other one we go uphill. After a right and a left serpentine, a dirt road turns off to the right. Park the vehicle here (if not off-road).

Approach: (machine translated)
On the slope it goes in a northerly direction first a little uphill, then level to a ridge, on which a Bergerie is a little off to the right. Beyond half-left down to the stream.

Tour: (machine translated)
After a short approach in the streambed, 4 rappels follow down to Riu Pirincanas.

Return: (machine translated)
A few meters after the last rappel we reach the Riu Pirincanas. If we have to go back up to the car parked above, we can take a path that goes up to the right in the striking left curve of the river, after the rock bar and the small rock gate (see last photo!), to the Bergerie. Either up to the Bergerie and back on the approach track or - past a spring trough - without a trail directly left up to this track.\n\nIf we have parked a second car at the bridge, we walk out in the river and then a few meters right up to the bridge.

Coordinates:
Canyon Start 39.9468 9.3877
Canyon End 39.9461 9.3907
Parking Entry and Exit 39.9408 9.3864
Parking Entry and Exit 39.9388 9.3911
Waypoint 39.9448 9.3896
Waypoint 39.9423 9.3895

Reports:

2026-05-19 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon E Forru Nous avons fait la navette.On peut garer la voiture juste au pied du ruisseau.1 heure de descente, dans un très bel enchaînement.Certes court, mais ne serait-ce que la route pour accéder au canyon est magnifique.Retour de 30 minutes en prenant le temps.R.A.S sur les équipements.Toutefois, il apparaît complexe de laisser les cordes en fixes, il y a énormément de frottements.Et... attention... ÇA GLISSE ! (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2891/observations.html)

2026-05-18 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon E Forru Beaucoup de route et de marche en rivière de sortie pour...3 cascades ! Perso, si je reviens, j'équipe en fixe et je remonte. Navette 2 km (1 de route et 1 de piste). Sinon, marche sous le cagnard ! Quand vous arrivez dans le Riu Calarescu, remontez-le un peu, le coin est magnifique... (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2891/observations.html)

2025-09-23 | System User | |🕮 |⚓ | 〰 Normal | 👎 Not done
Automatisch importiert von Descente-Canyon.com für Canyon E Forru Ça coule, mais la couleur de l’eau ne nous a pas enchanté… beaucoup d’animaux partout avec des excréments + pluies récentes = super cocktail :) (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2891/observations.html)

2025-06-10 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon E Forru Se garer juste avant la piste (pour le parking amont) et monter au départ en 10min.Très court mais vraiment très beau! Bon débit encore pour la période! Retour par la confluence sans problème par les rives. Quelques endroits pour se poser et se baigner pour profiter de ce super cadre sauvage. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2891/observations.html)

2025-04-07 | Alex Arnold | ☆ ☆ ☆ |🕮 |⚓ ★ ★ | 〰 Normal | 👍 Completed
Short canyon, we liked it better than Sarcerei. (machine translated)

2025-04-06 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon E Forru Court mais joli. Équipement ok, pas trouvé le relai rive droite de la dernière cascade (main courant puis plus rien??) donc pris main courante+relai rive gauche . Fait sans navette en montant sur la route/sentier. 1h45 car to car. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2891/observations.html)

2024-05-27 | System User | |🕮 |⚓ | 〰 Low | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon E Forru Très beau canyon même si il est assez court !Mais attention ne pas faire les toboggans sur les dernières vasques, elles sont pleines de petits vers! (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2891/observations.html)

2024-04-29 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon E Forru (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2891/observations.html)

2023-03-09 | System User | ☆ ☆ ☆ |🕮 |⚓ | |
Info: Teile der Canyonbeschreibung wurden automatisiert übernommen. Konkret die Felder Weblinks, Koordinaten, Rating, Länge des Canyon, Einfachseil Mindestens von https://www.descente-canyon.com/canyoning/canyon/2891

2023-03-09 | System User | ☆ ☆ |🕮 |⚓ | |
Daten importiert von https://canyon.carto.net/cwiki/bin/view/Canyons/RiueForruCanyon.html