

Rec de Sant Amand

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Create: 2026-05-22 16:26:04

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Country: España / Spain **Region:** Cataluña / Catalunya **Subregion:** provincia de Gerona / Provincia de Girona
Town:

Difficulty: easy

Grading: v2 a2 II

Total time: 2h35

Approachtime: 15min

Tourtime: 2h

Returntime: 20min

Altitude entry: m

Altitude exit: m

Delta Altitude:

Canyon length: 1000m

Highest rapell: 30m

Amount rapells:

Transport:

Rock type:

Drainage area: km²

Season: September - May

Orientation:

Best Time:

Rating: ★ 0 ()

Info: ★ 0 ()

Belay: ★ 0 ()

Specialities:

Gear:

Summary: (machine translated)

Generally dry in summer and after long periods without rain, environment full of lush vegetation. Descent with a little bit of adventure as it is not too well known and with natural rappels.

EGAN members are the ones who have been opening almost all the descents in the area so the best way to find more accurate information is to contact them.

For completeness

Hydrology:

Access: (machine translated)

From Ripoll to Sant Joan de les Abadesses on the N260, at pk 111.5 past the restaurant Rama, we have two left-right bends over the stream and a track on the left that climbs to the Serra de Sant Amand.

We will go up this track for more than 6kms until we pass the detour of "el Negre" and reach the GR3 signpost (around the coll de Fullosa). We park the return car.

With the other car we will go up to the Coll de la Tuta, here we find another signpost with the path to Vidabona.

Approach: (machine translated)

Along the aforementioned path we will walk towards the plains of Cal Pegot, we will leave the ruins of Cal Pegot and the descent of its ravine to the left and we will continue to the next stream.

Tour:

Return: (machine translated)

When we reach the GR3, we take it to the left, ascending to the track where we have parked.

Coordinates:

Reports:

2024-06-16 | System User | |📄|📍| |

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