Bacu Padente

Create: 2023-03-09 20:54:44	**Update:** 2025-11-12 10:45:26	**Print:** 2026-10-30 12:10:18
Country: Italia / Italy **Region:** Sardegna **Subregion:** provincia dell'Ogliastra / Province of Ogliastra **Town:** Baunei		
Difficulty: a little difficult	**Grading:** v4 a1 III	**Total time:** 3h45
Approachtime: 15min	**Tourtime:** 2h30	**Returntime:** 1h
Altitude entry: 240m	**Altitude exit:** 3m	**Delta Altitude:** 237m
Canyon length: 650m	**Highest rapell:** 30m	**Amount rapells:**
Transport:	**Rock type:**	**Drainage area:** km²
Season:	**Orientation:** Northeast	**Best Time:**
Rating: ☆ 3.3 (5)	**Info:** ★ 2.3 (3)	**Belay:** ★ 2.5 (4)
Specialities:		
Gear: Headlamp,		
Summary: (machine translated) Scenic and varied dry canyon with cave crossing		
Hydrology:		
Access: (machine translated) Take the SS125 to Baunei and in the town follow a winding but well-maintained road towards Ristorante del Golgo. After about 9km the asphalt road ends, here continue on a bumpy, narrow sand road towards Cala Sisine. After 6.8km at an information sign turn right towards Ololbizzi where after about 200m you will find various parking facilities.		
Approach: (machine translated) From the parking lot on a road towards the sea, a bend is shortened over a gravel field. Descend a little in the bottom of the trench until you reach the first abseil point. Alternatively and more beautifully, you can also climb along the orographic right canyon rim via the ridge. The ridge soon becomes a rocky ridge. Via climbing tracks and easy scrambling, you bypass the first small drop-off before reaching the first abseil point at the exit of the ridge.		

Tour: (machine translated)
Access via canyon: rappel 8m from the left, walk briefly and rappel 25m from the chain anchor on the right. After another short downclimb, leave the bottom of the gorge to the right on indistinct trails and cross a boulder field. Descend briefly and continue towards a high, reddish wall (striking rock towers above). This is the upper entrance to the Sa Rutta de Su Tentorgiu passage cave.

Access via the ridge:
4 abseils from bolt stands or tree abseils. Abseil sequence 20m, 10m, 27m and 30m. The last abseil point exits directly above the cave. You can also rappel the first two rappels in one. Short walking passages in the scree between abseiling points 2-3 and 3-4. Do not kick any stones loose.

Common course:
Rappel 8m from anchors on the right (do not descend into the shaft), crawl left briefly and ascend briefly in the following stalactite-lined passage. Then downclimb the following 10m steps or rappel from one of the stalactites. Then downclimb again to reach the lower exit of the cave. Rappel 13m from anchors on the right, follow a path to the left and rappel another 10m to reach the transverse Selvaggio Blu Trekking 'path'. Turn left into the rock gate and rappel 15m or cross even further over wedged juniper trunks to the left and downclimb (Sardinian via ferrata). Descend briefly in the streambed you have reached again to rappel 30m from the tree or from the belay directly in the wall to the penultimate ledge directly above the Mediterranean. Caution - do not rappel onto the lowest ledge -> dead end.
From the rock ledge you can reach the tourist cave Grotta del Fico - head south through the cave (15m possible jumps into the Mediterranean from the middle rock window), then cross over a fixed rope with difficulty to the cave entrance - the cave is regularly visited by tourist boats in the high season. More information here: https://www.grottadelfico.it/en/home-2/

Return: (machine translated)
At the penultimate rocky ledge, cross to the north. Where the ledge narrows, descend along a thin wire rope to a juniper trunk with steps. With the help of the juniper trunk, downclimb over a small overhang and over boulders into the bay. In the cove, pass a narrow, high cave and 50m after that, ascend to the left over a reddish, crumbly wall - the path reveals itself after the first 15 meters of altitude. Briefly ascend to the right, then follow the climbing tracks in an arc into the forest cove directly above the cove. In the southern corner of this forest cove, wedged juniper trunks help you over a smooth wall, then about 50hm of easy climbing until you are back on easier terrain. From here, always follow the stone markers to get back to the parking lot (path correctly entered in openstreetmap). Do not follow the blue colored dots to the right

Coordinates:
Canyon Start 40.1383 9.6579
Parking Entry and Exit 40.1337 9.6549
Canyon End 40.1411 9.6585

Reports:

2026-05-07 | System User | |🕮 |⚓ | 〰 Dry | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Bacu Padente RAS sur l'équipement. Très beau.Pour l'approche, suivre les cairns sur la crête RD jusqu'à arriver au départ qui est bien avant le point "grotta panoramica" sur la base open street map. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/24043/observations.html)

2025-12-28 | MirkoT | |🕮 |⚓ ★ ★ | 〰 Dry | 👍 Completed
A smooth descent of a group is reported. (machine translated)

2025-11-10 | Philipp | ☆ ☆ ☆ ☆ |🕮 ★ |⚓ ★ ★ ★ | 〰 Dry | 👍 Completed
A scenic tour with varied elements, a car with ground clearance is recommended for the access road (our Renault Kangoo was fine). The access via the ridge was not easy to find, but once on the tour you quickly find your way around. We almost missed the last rappel because we expected 30m, but it was shorter. When rappelling, just watch out for the cave entrance with fixed ropes. (machine translated)

2025-10-19 | Kanyon Kerke | ☆ ☆ ☆ ☆ |🕮 ★ ★ ★ |⚓ ★ ★ | 〰 Dry | 👍 Completed
Great tour! At the exit of the long slope there is a large parking lot with a bar, which you wouldn't expect to see on the approach. You can even spend the night there. There are also showers. There are two options at the last anchor. The one on the right probably leads directly into the sea, which is a shame if you don't have a boat to pick you up. The one on the left by the tree leads to the described plateau right by the sea. (machine translated)

2025-03-25 | System User | |🕮 |⚓ | 〰 Dry | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Bacu Padente Équipement nickel.Ça vaut le coup de pointer le point gps du premier rappel, mais globalement c'est tout au bout de la ligne de crête qui surplombe le canyon en RD (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/24043/observations.html)

2024-05-09 | Clarissa Linder | ☆ ☆ |🕮 ★ ★ ★ |⚓ ★ ★ ★ | | 👍 Completed
Great view of the sea while rappelling! It is best to take a photo of the description and carry it with you. Access: driving is prohibited at the turn-off 'to the right towards Ololbizzi'. However, there is a large public parking lot at the fork in the road (€5 parking fee). Grotta del Fico is closed. (machine translated)

2023-03-09 | System User | ☆ ☆ ☆ |🕮 |⚓ | |
Info: Teile der Canyonbeschreibung wurden automatisiert übernommen. Konkret die Felder Weblinks, Koordinaten, Rating, Länge des Canyon, Einfachseil Mindestens von https://www.descente-canyon.com/canyoning/canyon/24043

2023-03-09 | System User | ☆ ☆ ☆ |🕮 |⚓ | |
Daten importiert von https://canyon.carto.net/cwiki/bin/view/Canyons/BacuPadenteCanyon.html