

Garganta de la Eliza

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Create: 2026-05-22 16:24:45

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Country: España / Spain **Region:** Castilla y León **Subregion:** Ávila **Town:**

Difficulty: easy

Grading: v2 a2 II

Total time: 1h16

Approachtime: 1min

Tourtime: 1h

Returntime: 15min

Altitude entry: m

Altitude exit: m

Delta Altitude:

Canyon length: 600m

Highest rapell: 20m

Amount rapells: 3

Transport:

Rock type:

Drainage area: km²

Season: March - November

Orientation:

Best Time:

Rating: ★ 0 ()

Info: ★ 0 ()

Belay: ★ 0 ()

Specialities:

Gear:

Summary: (machine translated)

Simple canyon, initiation, open, very exuberant in its vegetation, has several rappels of up to 10m. It is used by some companies in the area.

Hydrology:

Access: (machine translated)

On the CL501 take the detour to Pedro Bernardo AV922. We cross the village towards San Esteban del Valle. The road winds through the mountain to get into the Garganta de Eliza, 5kms of road through forest lead us to pk 20 and the bridge over the stream. A few meters before we can park on the left.

Approach: (machine translated)

From the bridge we access

Tour: (machine translated)

Open, with lots of vegetation and always with fresh water. A nice initiation descent

Return: (machine translated)

We will exit to the left to the road, there is a cairn indicating the exit. It seems that the exit is quite covered by undergrowth.

Coordinates:

Canyon Start [40.2722 -4.9246](#)

Canyon End [40.2723 -4.9246](#)

Unknown [40.2722 -4.9246](#)

Reports:

2024-06-16 | System User | |📄|📍| |

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