

# Gorges de Malvaux

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**Create:** 2026-02-16 07:15:34

**Update:** 2026-02-16 07:22:40

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**Country:** France **Region:** Bourgogne-Franche-Comté **Subregion:** Jura **Town:** Foncine-le-Bas

**Difficulty:** a little difficult

**Grading:** v3 a4 I

**Total time:** 1h30

**Approachtime:** 10min

**Tourtime:** 1h

**Returntime:** 20min

**Altitude entry:** 770m

**Altitude exit:** 730m

**Delta Altitude:** 40m

**Canyon length:** 600m

**Highest rapell:** 15m

**Amount rapells:**

**Transport:** on Foot

**Rock type:**

**Drainage area:** km<sup>2</sup>

**Season:**

**Orientation:**

**Best Time:**

**Rating:** ★ 0 ()

**Info:** ★ 0 ()

**Belay:** ★ 0 ()

**Specialities:**

**Gear:**

Ropes: 2x 20m

**Summary:** (machine translated)

Water hike.

The canyon is open and wide. Alternating small rapids and small drop-offs with opportunities to swim and jump sideways.

COORDINATES taken from descente Canyon - not verified.

**Hydrology:** (machine translated)

No obligation, no collection, possibility to avoid difficulties.

Strong torrent that can only be navigated comfortably at low water.

Caution, a large eddy (in front of a C4) must be avoided at all costs, even with a moderate current! Beware of dizziness!

Even at low water, the water is not very clear, so be careful when jumping!

Remember to bring a light for the group to cross the tunnel on the way back.

You share this wild place with other enthusiasts: the fishermen!

The utmost respect is therefore required. Avoid departures at dawn and late in the evening.

**Access:** (machine translated)

In Foncine-le-Bas, take the Route des Douanets over the viaduct (Tram Jurassienne parking lot).

It is forbidden to cross the bridge. Park in the designated parking lot (former disused streetcar line that runs along the canyons to Les Planches-en-Montagne (Langouette)) to reach the Bief de la Ruine.

**Approach:** (machine translated)

Continue for about 500 m and get into the water at the metal barrier and the small ledge.

**Tour:** (machine translated)

Water hike.

The canyon is open and wide. Alternating small rapids and small steps with opportunities to swim and jump sideways.

Towards the exit, there is only one real waterfall, but it can be bypassed (handrail) and offers nice possible jumps of up to 7 meters.

**Return:** (machine translated)

150 m after the C15, look for a path that goes up the right bank (cairn) on the streetcar line you took on the way there. BRING A FLASHLIGHT TO CROSS THE TUNNEL!

**Coordinates:**

Parking Entry and Exit [46.6406 6.0296](#)

**Reports:**

2026-06-06 | System User | |📖|📍|🌊 High |👍 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Malvaux C'est quand même bien froid. Quelques beaux sauts. Dernier saut fait à 3m sous les barreaux et la MC. Marche d'approche et de retour agréable. Franchi le tunnel sans lampe. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/20203/observations.html>)

2026-05-29 | System User | |📖|📍|🌊 Normal |👍 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Malvaux Attention le dernier saut ( 7m) au niveau de la dernière cascade ne saute plus, la vasque s'étant entravée (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/20203/observations.html>)

2026-05-26 | System User | |📖|📍|🌊 High |👍 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Malvaux Topo de l'approche à mettre à jour, la barrière n'est plus métallique mais en bois.Dernière cascade descendue RG hors d'eau en rappel au bout d'une main courante installée, on arrive au pied de la cascade (et on a pied).DC pour cette gorge mais gros GD si on veut descendre les cascades dans l'actif. Station hydro à 0.5m³/sUn 2e siphon existe un peu après le premier. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/20203/observations.html>)

2026-02-08 | System User | |📖|📍|🌊 High |👍 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Malvaux Débit de 4m3/seconde Attention au courant qui est très puissant (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/20203/observations.html>)