Canyon du Trou Souffleur

Info: The quality of this description has not been checked yet or was rated bad.
If you know this canyon, please check this description and file a report with a rating for this description using *Reports -> +New Report.* Should you notice any error, please let us know or join the community in order to fix this description yourself.

Create: 2025-10-13 10:37:41	**Update:** 2025-10-13 10:41:41	**Print:** 2026-10-31 01:10:41

Country: France **Region:** Provence-Alpes-Côte-d'Azur / Provence-Alpes-Cote d'Azur **Subregion:** Bouches-du-Rhône **Town:** La Ciotat

Difficulty: not as difficult	**Grading:** v3 a1 III	**Total time:** 2h40
Approachtime: 10min	**Tourtime:** 1h30	**Returntime:** 1h
Altitude entry: 110m	**Altitude exit:** 0m	**Delta Altitude:** 110m
Canyon length: 450m	**Highest rapell:** 25m	**Amount rapells:**
Transport:	**Rock type:**	**Drainage area:** km²
Season:	**Orientation:**	**Best Time:**
Rating: ☆ 0 ()	**Info:** ★ 0 ()	**Belay:** ★ 0 ()

Specialities:

Gear:
Ropes: 2x 35m

Summary: (machine translated)
3 waterfalls under 10 m -then c15 + c25
Highlight: ropeway 12 mm stainless steel cable double pulley

Hydrology: (machine translated)
Dry

Access: (machine translated)
La Ciotat, Route de Notre Dame. Attention, the street is closed to traffic, except for residents behind the residences of the Garde :-(

Approach: (machine translated)
At the exit of the road, the canyon below begins. Walk down the road to find a path (signs) that allows you to bypass a first part overgrown with brush.

Tour: (machine translated)
2-3 waterfalls less than 10 m high, then it really gets going with C15+C25 in succession. Reach a ledge and then cross the ropeway.
- Important: The ropes were replaced in May 2018. Bring a double pulley to cross the cableway on the 12 mm stainless steel rope installed by the mountain guide office to keep it in good condition for as long as possible.
- The fixed ropes are replaced regularly according to their wear and tear. Nevertheless, it is important to check their condition.
- Please leave the equipment in place (ropes, stainless steel links, stainless steel plates).

Caution: The ropes must not be left in the sea, otherwise they will be blocked by the current.
Another risk: even if the canyon is dry, the sea must not be too rough as it is very difficult to reach the ledge below the C25.

We strongly advise against doing this type of route in easterly, south-easterly or mistral winds, as well as in even moderate swell. The risk of being swept away by a wave is high.

Return: (machine translated)
It is quite complex and at the same time quite easy. You arrive at the bottom in a bay, rappel another 5 m and then find the (steep) way back down the side of the rock (blue markings). Once at the top, head back to the ruins and then to the car.

Coordinates:
Canyon Start 43.1701 5.5866
Canyon End 43.1693 5.5871

Reports:

2026-10-12 | System User | |🕮 |⚓ | 〰 Dry | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Trou Souffleur (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/20928/observations.html)

2026-09-19 | System User | |🕮 |⚓ | 〰 Dry | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Trou Souffleur Pas vraiment canyon, mais une belle escapade verticale avec les enfants !Une corde de 50m (rappel de 25m max) est suffisante.Baignade agréable au pied du trou souffleur par mer calme.Câble inox de la tyrolienne en bon état malgré quelques fils cassés (attention aux mains). (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/20928/observations.html)

2026-09-12 | System User | |🕮 |⚓ | 〰 Dry | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Trou Souffleur Tyro du trou souffleur peluche et avec des ferrailles qui sortent un peu. Des pros ce samedi dans trou souffleur il faut s inscrire sur un wattsapp ppur connaître leurs horaires et tenter de passer avant ou après.... (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/20928/observations.html)

2026-09-12 | System User | |🕮 |⚓ | 〰 Dry | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Trou Souffleur Tyro du trou souffleur peluche et avec des ferrailles qui sortent un oeu. Des pris ce samedi dans trou souffleur il faut s inscrire sur un wattsapp ppur connaître leurs horaires et tenter de passer avant ou après.... (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/20928/observations.html)

2026-08-12 | System User | |🕮 |⚓ | 〰 Dry | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Trou Souffleur RAS, bien équipé. Prévoir une poulie.Sortie par la gauche via le câble. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/20928/observations.html)

2026-04-23 | System User | |🕮 |⚓ | 〰 Dry | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Trou Souffleur (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/20928/observations.html)

2026-04-12 | System User | |🕮 |⚓ | 〰 Dry | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Trou Souffleur (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/20928/observations.html)

2026-03-23 | System User | |🕮 |⚓ | 〰 Dry | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Trou Souffleur (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/20928/observations.html)

2026-03-21 | System User | |🕮 |⚓ | 〰 Dry | 👍 Completed
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2026-02-26 | System User | |🕮 |⚓ | 〰 Dry | 👍 Completed
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2025-12-28 | System User | |🕮 |⚓ | 〰 Dry | 👍 Completed
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2025-12-18 | System User | |🕮 |⚓ | 〰 Dry | 👍 Completed
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2025-11-27 | System User | |🕮 |⚓ | 〰 Dry | 👍 Completed
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2025-11-19 | System User | |🕮 |⚓ | 〰 Dry | 👍 Completed