

St-Jean de Capistran

Cascades de St-Jean de Capistran, St-Jean de la Garde

Info: The quality of this description has not been checked yet or was rated bad.

If you know this canyon, please check this description and file a report with a rating for this description using *Reports* -> *+New Report*. Should you notice any error, please let us know or join the community in order to fix this description yourself.

Create: 2023-11-20 21:21:04

Update: 2025-06-27 21:56:49

Print: 2026-05-02 03:05:01

Country: France **Region:** Provence-Alpes-Côte-d'Azur / Provence-Alpes-Cote d'Azur **Subregion:** Bouches-du-Rhône **Town:** La Ciotat

Difficulty: not as difficult

Grading: v3 a1 ?

Total time: 1h35

Approachtime: 5min

Tourtime: 1h

Returntime: 30min

Altitude entry: 85m

Altitude exit: 15m

Delta Altitude: 70m

Canyon length: 300m

Highest rapell: 18m

Amount rapells:

Transport:

Rock type:

Drainage area: km²

Season:

Orientation:

Best Time:

Rating: ★ 1.8 (1)

Info: ★ 0 ()

Belay: ★ 0 ()

Specialities:

Gear:

Summary:

Rohdaten Import von Descente Canyons <https://www.descente-canyon.com/canyoning/canyon/21288>

Hydrology:

Access:

Approach:

Tour:

Return:

Coordinates:

Canyon Start [43.1695 5.5893](#)

Canyon End [43.1690 5.5885](#)

Parking Entry and Exit [43.1702 5.5941](#)

Waypoint [43.1688 5.5879](#)

Waypoint [43.1691 5.5877](#)

Waypoint [43.1679 5.5932](#)

Waypoint [43.1690 5.5884](#)

Reports:

2026-03-21 | System User | |📖|📍|🌊 Dry |👍 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Saint-Jean de Capistran (Quelle:
<https://www.descente-canyon.com/canyoning/canyon-debit/21288/observations.html>)

2026-02-26 | System User | |📖|📍|🌊 Dry |👍 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Saint-Jean de Capistran (Quelle:
<https://www.descente-canyon.com/canyoning/canyon-debit/21288/observations.html>)

2025-12-28 | System User | |📖|📍|🌊 Dry |👍 Completed

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<https://www.descente-canyon.com/canyoning/canyon-debit/21288/observations.html>)

2025-12-18 | System User | |📖|📍|🌊 Dry |👍 Completed

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<https://www.descente-canyon.com/canyoning/canyon-debit/21288/observations.html>)

2025-11-27 | System User | |📖|📍|🌊 Dry |👍 Completed

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<https://www.descente-canyon.com/canyoning/canyon-debit/21288/observations.html>)

2025-11-19 | System User | |📖|📍|🌊 Dry |👍 Completed

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<https://www.descente-canyon.com/canyoning/canyon-debit/21288/observations.html>)

2025-11-03 | System User | |📖|📍|🌊 Dry |👍 Completed

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<https://www.descente-canyon.com/canyoning/canyon-debit/21288/observations.html>)

2023-03-09 | System User | ⭐ |📖|📍| |

Daten importiert von <https://www.descente-canyon.com/canyoning/canyon/21288/St-Jean-de-Capistran.html>