

Frades Superior

Info: The quality of this description has not been checked yet or was rated bad.

If you know this canyon, please check this description and file a report with a rating for this description using *Reports* -> +*New Report*. Should you notice any error, please let us know or join the community in order to fix this description yourself.

Create: 2026-05-30 12:54:07

Update: 2026-05-30 13:13:30

Print: 2026-05-30 08:05:05

Country: Portugal **Region:** Aveiro **Subregion:** **Town:** Arouca

Difficulty: a little difficult

Grading: v4 a2 III

Total time: 4h55

Approachtime: 15min

Tourtime: 4h10

Returntime: 30min

Altitude entry: m

Altitude exit: m

Delta Altitude:

Canyon length: m

Highest rapell: 35m

Amount rapells: 18

Transport:

Rock type:

Drainage area: km²

Season:

Orientation:

Best Time:

Rating: ★ 0 ()

Info: ★ 0 ()

Belay: ★ 0 ()

Specialities:

Gear:

Summary:

To be defined ...

Hydrology:

Access:

Approach:

Tour:

Return:

Coordinates:

Canyon Start [40.8644 -8.2064](#)

Canyon End [40.8686 -8.1909](#)

Parking at Entry [40.8626 -8.2015](#)

Parking at Exit [40.8568 -8.1892](#)

Reports:

Parts:

Frades Inferior, v3 a2 II, 20min+1h30+20min

Frades Superior, v4 a2 III, 15min+4h10+30min