Polylimnio

Create: 2026-06-18 16:13:32	**Update:** 2026-06-18 16:50:10	**Print:** 2026-10-30 12:10:12
Country: Ελλάδα / Greece **Region:** Περιφέρεια Πελοποννήσου / Peloponnese **Subregion:** Νομός Μεσσηνίας **Town:** Δήμος Μεσσήνης / Dimos Messene		
Difficulty: easy	**Grading:** v2 a1 I	**Total time:** 2h35
Approachtime: 15min	**Tourtime:** 1h50	**Returntime:** 30min
Altitude entry: m	**Altitude exit:** m	**Delta Altitude:**
Canyon length: m	**Highest rapell:** 29m	**Amount rapells:** 3
Transport: Car required	**Rock type:**	**Drainage area:** km²
Season:	**Orientation:** East	**Best Time:** 11-14 o'clock
Rating: ☆ 5 (1)	**Info:** ★ 3 (1)	**Belay:** ★ 3 (1)

Specialities:

Gear:
Ropes: 1x60m

Summary: (machine translated)
A canyon with beautiful turquoise pools that invite you to jump in and swim.

Hydrology:

Access: (machine translated)
Down via Kazarma to the Polylimnio Waterfalls—

Approach: (machine translated)
From the parking lot, walk back along the road for about 100 meters until you see a path leading down to the right. Follow this path to an iron staircase, where the entry is located.

Tour: (machine translated)
The scenic landscape is exceptionally beautiful and reminiscent of paradise. This makes it all the more important to treat this unique natural area with respect and take great care to preserve it.
In some places, the tour can certainly be described as a river walk, as longer parts are covered without any technical difficulties. Nevertheless, it offers several exciting rappelling spots, with the approximately 30-meter-high waterfall rappel being particularly noteworthy.
At this spot, there's also the option to jump from a platform on the right bank, about 5 meters above the pool. Depending on the chosen jumping point, jumps of up to about 12 meters are possible.

Return: (machine translated)
Follow the hiking trail back to the parking lot.

Coordinates:
Parking at Entry 36.9820 21.8506
Canyon Start 36.9836 21.8537
Canyon End 36.9855 21.8583

Reports:

2026-06-18 | Patrik | ☆ ☆ ☆ ☆ ☆ | 🕮 ★ ★ ★ | ⚓ ★ ★ ★ | ≋ Normal | 👍 Completed
Simply beautiful and unique. All booths are in good condition. (machine translated)