

# Val de Poi

Piscalor

<b>Info: The quality of this description has not been checked yet or was rated bad.</b> If you know this canyon, please check this description and file a report with a rating for this description using <i>Reports</i> -> <i>+New Report</i> . Should you notice any error, please let us know or join the community in order to fix this description yourself.		
<b>Create:</b> 2024-05-16 12:14:46	<b>Update:</b> 2025-11-11 10:59:24	<b>Print:</b> 2026-05-03 11:05:54
<b>Country:</b> Italia / Italy <b>Region:</b> Veneto <b>Subregion:</b> Belluno <b>Town:</b> Sospirolo		
<b>Difficulty:</b> a little difficult	<b>Grading:</b> v4 a3 III	<b>Total time:</b> 4h35
<b>Approachtime:</b> 1h15	<b>Tourtime:</b> 3h	<b>Returntime:</b> 20min
<b>Altitude entry:</b> 790m	<b>Altitude exit:</b> 410m	<b>Delta Altitude:</b> 380m
<b>Canyon length:</b> 900m	<b>Highest rapell:</b> 45m	<b>Amount rapells:</b> 13
<b>Transport:</b> on Foot	<b>Rock type:</b>	<b>Drainage area:</b> 1.20km <sup>2</sup>
<b>Season:</b>	<b>Orientation:</b> Southwest	<b>Best Time:</b>
<b>Rating:</b> ★ 0 ()	<b>Info:</b> ★ 0 ()	<b>Belay:</b> ★ 0 ()
<b>Warnings:</b> <i>Ente Parco Nazionale Dolomiti Bellunesi</i> articolo 11 legge 6 dicembre 1991, n. 394 aggiornata alla data 09-07-2021 "4. È vietata la pratica del torrentismo." <a href="https://www.dolomitipark.it/wp-content/uploads/2021/07/Regolamento-PNDB_GU-n.163_20210709.pdf">https://www.dolomitipark.it/wp-content/uploads/2021/07/Regolamento-PNDB_GU-n.163_20210709.pdf</a>		
<b>Specialities:</b> § Proscription,		
<b>Gear:</b> Ropes: 2x60		
<b>Summary:</b> (machine translated) Short canyon at Lago del Mis		
<b>Hydrology:</b>		
<b>Access:</b> (machine translated) SS203 from Belluno direction Agordo to Sospirolo and then direction "Lago del Mis". After the bridge, park in the "Cascate della Soffia" area.		
<b>Approach:</b>		
<b>Tour:</b>		
<b>Return:</b> (machine translated) Swim through the lake Mis back to the parking lot		
<b>Coordinates:</b> Waypoint <a href="#">46.1902 12.0493</a> Parking Entry and Exit <a href="#">46.1867 12.0446</a> Canyon End <a href="#">46.1839 12.0487</a> Canyon Start <a href="#">46.1869 12.0554</a>		
<b>Reports:</b>		