

# Val de Poi

Piscalor

## Info: The quality of this description has not been checked yet or was rated bad.

If you know this canyon, please check this description and file a report with a rating for this description using *Reports -> +New Report*. Should you notice any error, please let us know or join the community in order to fix this description yourself.

**Create:** 2024-05-16 12:14:46    **Update:** 2025-11-11 10:59:24    **Print:** 2026-01-30 11:01:00

**Country:** Italia / Italy    **Region:** Veneto    **Subregion:** Belluno    **Town:** Sospirolo

<b>Difficulty:</b> a little difficult	<b>Grading:</b> v4 a3 III	<b>Total time:</b> 4h35
<b>Approach time:</b> 1h15	<b>Tour time:</b> 3h	<b>Return time:</b> 20min
<b>Altitude entry:</b> 790m	<b>Altitude exit:</b> 410m	<b>Delta Altitude:</b> 380m
<b>Canyon length:</b> 900m	<b>Highest rappel:</b> 45m	<b>Amount rappels:</b> 13
<b>Transport:</b> on Foot	<b>Rock type:</b>	<b>Drainage area:</b> 1.20km <sup>2</sup>
<b>Season:</b>	<b>Orientation:</b> Southwest	<b>Best Time:</b>
<b>Rating:</b> ★ 0 ()	<b>Info:</b> ★ 0 ()	<b>Belay:</b> ★ 0 ()

## Warnings:

*Ente Parco Nazionale Dolomiti Bellunesi*

articolo 11 legge 6 dicembre 1991, n. 394 aggiornata alla data 09-07-2021 "4. È vietata la pratica del torrentismo." [https://www.dolomitipark.it/wp-content/uploads/2021/07/Regolamento-PNDB\\_GU-n.163\\_20210709.pdf](https://www.dolomitipark.it/wp-content/uploads/2021/07/Regolamento-PNDB_GU-n.163_20210709.pdf)

## Specialities:

§ Proscription,

## Gear:

Ropes: 2x60

## Summary:

 (machine translated)

Short canyon at Lago del Mis

## Hydrology:

## Access:

 (machine translated)

SS203 from Belluno direction Agordo to Sospirolo and then direction "Lago del Mis". After the bridge, park in the "Cascate della Soffia" area.

## Approach:

## Tour:

## Return:

 (machine translated)

Swim through the lake Mis back to the parking lot

## Coordinates:

Waypoint [46.1902 12.0493](#)

Parking Entry and Exit [46.1867 12.0446](#)

Canyon End [46.1839 12.0487](#)

Canyon Start [46.1869 12.0554](#)

## Reports: