Fours (supérieur)

Canyon des Fours (supérieur),Cascades des Fours,Torrent des Fours

Info: The quality of this description has not been checked yet or was rated bad.
If you know this canyon, please check this description and file a report with a rating for this description using *Reports -> +New Report.* Should you notice any error, please let us know or join the community in order to fix this description yourself.

Create: 2023-11-20 21:17:40	**Update:** 2026-10-07 06:59:48	**Print:** 2026-10-31 01:10:45
Country: France **Region:** Auvergne-Rhône-Alpes **Subregion:** Haute-Savoie **Town:** Sallanches		
Difficulty: difficult	**Grading:** v5 a3 V	**Total time:** 6h25
Approachtime: 2h30	**Tourtime:** 2h30	**Returntime:** 1h25
Altitude entry: 1870m	**Altitude exit:** 1380m	**Delta Altitude:** 490m
Canyon length: 1000m	**Highest rapell:** 100m	**Amount rapells:**
Transport:	**Rock type:**	**Drainage area:** km²
Season:	**Orientation:**	**Best Time:**
Rating: ☆ 3.8 (1)	**Info:** ★ 0 ()	**Belay:** ★ 0 ()

Specialities:

Gear:

Summary: (machine translated)
Canyon in an Alpine Setting

Hydrology: (machine translated)
A canyon with little water. The deeply incised parts do not allow for a large flow of water.

Access: (machine translated)
From Sallanches, take the road to Sainte-Anne (heading east) and then to Lintre (parking lot and hiking trail signs, elevation 1,020 m). We'll leave the cars here. Note: If you have an SUV, you're allowed to drive as far as the La Flée bridge, except between 9 a.m. and 6 p.m. from June 15 through August 31.

Approach: (machine translated)
Follow the trail toward the "Pont de la Flée" bridge, then continue along the trail toward "Pierre Fendue." There, follow the marked GR hiking trail (Tour du Pays du Mont-Blanc) on your right until you reach the bridge spanning the "Torrent des Fours" stream. From the bridge, you can take the C100. Cross a second stream (which may be dry) and then leave the GR to follow a small, clearly visible trail toward Combe des Fours (some partially faded markings and a few sections secured with ropes).

Tour: (machine translated)
The descent begins with a series of medium-sized waterfalls: C8, C10, C14, C18, C16, before reaching the magnificent C100 (rope station on the right bank at approximately -6 m). The canyon continues across a boulder field before several waterfalls follow one after another just before the bridge (the Haute-Savoie topographic view is completely incorrect, as is its revised edition).

Possible exit at the lower end of C100. Possible exits at the upper end of C100, but the terrain is very steep and it will be difficult to reach a hiking trail.

Return: (machine translated)
Follow the trail back up to the car. It is also possible to connect to the lower part by leaving this trail at an elevation of 1,230 m to reach a path and then a pedestrian bridge in the lower area.

Coordinates:
Canyon Start 45.9419 6.5540
Canyon End 45.9381 6.5610
Unknown Parking 45.9344 6.5794

Reports:

2026-08-22 | System User | |🕮 |⚓ | 〰 Normal | 👎 Not done
Automatisch importiert von Descente-Canyon.com für Canyon Fours (supérieur) (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/21798/observations.html)

2026-07-16 | System User | |🕮 |⚓ | 〰 Normal | 👎 Not done
Automatisch importiert von Descente-Canyon.com für Canyon Fours (supérieur) DC après les orages de la veille. M&M’s a coté est en DC- (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/21798/observations.html)

2026-06-16 | System User | |🕮 |⚓ | 〰 Crazy | 👎 Not done
Automatisch importiert von Descente-Canyon.com für Canyon Fours (supérieur) Le matin très gros débit et l'après midi vraiment impressionnant. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/21798/observations.html)

2025-10-16 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Fours (supérieur) Avec marty et lucas.Top soleil au dessus des nuages, mais eau bien fraiche :-)Equipement RAS, amarrage 4 points à rénover un de ces 4 pour acceder a la C100, mais rien d'urgent. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/21798/observations.html)

2025-10-16 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Fours (supérieur) (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/21798/observations.html)

2023-03-09 | System User | ☆ ☆ ☆ |🕮 |⚓ | |
Daten importiert von https://www.descente-canyon.com/canyoning/canyon/21798/Fours-superieur.html

Parts:
Fours (supérieur), v5 a3 V, 2h30+2h30+1h25
Canyon des Fours (inférieur), v3 a3 III, 1h15+2h+1min