Terminet

Clue du Terminet,Le Sou,Sou,Termenet

Create: 2023-03-09 20:54:53	**Update:** 2026-03-17 07:51:18	**Print:** 2026-10-30 12:10:42
Country: France **Region:** Occitanie **Subregion:** Aude **Town:** Termes		
Difficulty: a little difficult	**Grading:** v2 a4 II	**Total time:** 1h35
Approachtime: 15min	**Tourtime:** 1h	**Returntime:** 20min
Altitude entry: 310m	**Altitude exit:** 250m	**Delta Altitude:** 60m
Canyon length: 400m	**Highest rapell:** 10m	**Amount rapells:** 9
Transport: on Foot	**Rock type:** limestone	**Drainage area:** km²
Season:	**Orientation:** Northwest	**Best Time:**
Rating: ☆ 3.5 (5)	**Info:** ★ 3 (3)	**Belay:** ★ 3 (3)

Specialities:

Gear:
Ropes: 1x25m

Summary: (machine translated)
Short friendly canyon (also very suitable for beginners and obviously well frequented)

Hydrology:

Access: (machine translated)
From the 'Autoroute des deux mers' A-61 between Narbonne and Carcassonne, 21 km after the junction with the A-9 ('la Longuedocienne'), take exit no. 25 (Lezignan) onto the D-212 and drive in a south-westerly direction to Lagrasse (campsite on the heights before the town). Continue first on the D-23/D-212 upstream in the Alsou valley via St. Pierre des Champs and St. Martin des Puits. 18.5 km after Lagrasse, the D-40 branches off to the left (south-east) towards Terminet. About 500m before the first tunnel (over 3.3m clearance height), there is a parking lot on the left, partly under shady trees. Park your car here. Fee (2023) 4 euros for car, 6 euros for motorhome. Somewhat difficult approach and departure.

Approach: (machine translated)
From the parking lot, continue on the road through 2 tunnels (left view down into the canyon). Approx. 50 m after the second tunnel, a 'path' leads steeply down to the river.

Tour: (machine translated)
4 smaller rappels, swimming sections, exit possibility before and after the high jump (5-7m) left up to the road. Possible jumps, underground passage. You can bypass the siphon on the righthand side, but if the water flow is moderate you can also rappel into the siphon pump and dive 30 cm through.

Return: (machine translated)
At the last wide waterfall with a large pool, turn right and walk slightly uphill to a path. It first leads downhill, then left over the stream and side stream, then up to the parking lot.

Coordinates:
Canyon Start 43.0045 2.5573
Canyon End 43.0057 2.5544
Parking Entry and Exit 43.0049 2.5514

Reports:

2026-08-24 | System User | |🕮 |⚓ | 〰 Low | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Terminet (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2373/observations.html)

2026-08-16 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Terminet Changement de température de l'eau dans les 2 dernières vasques bien plus fraîche que tout le reste... ça fait du bien. Débit correct pour cette période de sécheresse, le karst maintien un débit suffisant pour la descente (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2373/observations.html)

2026-08-15 | System User | |🕮 |⚓ | 〰 Low | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Terminet RASÉquipement okPetit canyon mignon sans difficulté ni grand intérêt, très fréquenté par des pros. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2373/observations.html)

2026-08-15 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Terminet DC-. Eau très douce au début et se rafraîchit bien quand on croise la source. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2373/observations.html)

2026-08-02 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Terminet DC correct bien équipé ça tobog et saute sur la fin, siphon sans difficulté, une belle faune Aqua, le grès rose est magnifique (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2373/observations.html)

2026-08-01 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Terminet Trés bon débit pour un début aout, tous les sauts passent, un peu d'algues, ca devrait tenir jusqu'à la fin du mois sans problème (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2373/observations.html)

2026-07-14 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Terminet DC, équipement RasMagnifique petit canyon, y a de tout dommage que ce soit si court...Fait au sunset pour les couleurs, waouh!La dernière cascade de Tuf peut se descendre en RG, y a une cordelette avec un protége corde sinon c'est le sentier RD par des cordes fxes. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2373/observations.html)

2026-06-29 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Terminet Tout est ok, beau petit canyon. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2373/observations.html)

2026-06-22 | Gertjan van Pelt | ☆ ☆ ☆ |🕮 ★ ★ ★ |⚓ ★ ★ ★ | 〰 Low | 👍 Completed
The water temperature was warm, but enough to provide some relief during the heat wave. Algae growth is high. (machine translated)

2026-06-16 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Terminet Tout les relais et encrage sont en super état. Pas de soucis à passer le syphon. Très jolie canyon et très ludique avec des débutant. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2373/observations.html)

2026-06-10 | thijs | ☆ ☆ ☆ ½ |🕮 ★ ★ ★ |⚓ ★ ★ ★ | 〰 Low | 👍 Completed
canyon starts to get green and slippery :)

2026-05-25 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Terminet superbe conditions, ça faisait longtemps !juste un autre groupe dans le canyon et personne dans la vasque finale (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2373/observations.html)

2026-05-24 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Terminet retour au terminet en excellente