

Almofrey

Rio Almofrei

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Country: España / Spain **Region:** Galicia **Subregion:** provincia de Pontevedra **Town:** Almofrey

Difficulty: easy	Grading: v2 a2 I	Total time: 3h
Approach time: 15min	Tourtime: 2h	Returntime: 45min
Altitude entry: 190m	Altitude exit: 110m	Delta Altitude: 80m
Canyon length: 650m	Highest rappel: 5m	Amount rapells: 2
Transport: on Foot	Rock type:	Drainage area: km ²
Season:	Orientation: Southwest	Best Time:
Rating: ★ 0.7 (1)	Info: ★ 0 ()	Belay: ★ 0 ()

Specialities:

Gear:

Ropes: 1x20m

Summary:

(machine translated)

Bathing hike

Hydrology:

Access:

(machine translated)

From Pontevedra on the highway Santiago de Compostela-Vigo about 5 km on the N 541 direction Ourense until Puente Bora with the bridge over the Rio Almofrey. At the crossroads after the bridge, turn right and take the PO 233 towards Xesteira. After 7 km, after the crossroads, there is a small road on the right that takes us to Fontenova and then to Almofrey. At the church park car, because although you could drive to the entry, but there is hardly a free place to park on sunny summer days.

Approach:

(machine translated)

From the church in Almofrey, head uphill in a southeasterly direction, past a villa whose owner has a stream piped into his garden. After 400 m, on the road that slopes slightly after the crest, you come to the medieval bridge over the Almofrei. After the bridge, turn right and go down to the water. Either you get on here or you continue hiking on the left for about 100 m along or in a canal, overcome a fence and a little later descend on clear tracks to the stream.

Tour:

(machine translated)

Nice river walk over mature rock, which sometimes requires a bit of climbing (do not tackle when there is a lot of water); many bathers at the beginning; turn back where the streambed becomes bumpy. 2 optional rappels. See photos and video.

Return:

(machine translated)

Same way back

Coordinates:

Canyon Start [42.4333 -8.5446](#)

Canyon End [42.4309 -8.5514](#)

Parking Entry and Exit [42.4352 -8.5497](#)

Reports:

2023-03-09 | System User |  |  | |

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