Torrente Cosa

Cosa

Create: 2023-03-09 20:49:53	**Update:** 2026-06-14 09:24:39	**Print:** 2026-10-30 12:10:22
Country: Italia / Italy **Region:** Friuli Venezia Giulia **Subregion:** Pordenone **Town:** Clauzetto		
Difficulty: not as difficult	**Grading:** v3 a2 III	**Total time:** 1h5
Approachtime: 5min	**Tourtime:** 1h	**Returntime:** 0min
Altitude entry: 500m	**Altitude exit:** 280m	**Delta Altitude:** 220m
Canyon length: 4000m	**Highest rapell:** 12m	**Amount rapells:** 3
Transport: Car optional	**Rock type:**	**Drainage area:** 15.60km²
Season:	**Orientation:** South	**Best Time:**
Rating: ☆ 3.7 (9)	**Info:** ★ 2.5 (4)	**Belay:** ★ 2.5 (6)

Specialities:

Gear:
Ropes: 1x30m

Summary: (machine translated)
Several narrow passages; beautiful rock formations (arches, holes, twists); after the 1st third there is a long walking passage interrupted by downclimbs, jumps and swimming spots to the lake; Grotto Verdi accessible to tourists; very dangerous at high water levels; possible trapped roots and branches in the narrow passages; can be combined well with the nearby Rio Carlo Gasparini and Rio d. Agaviva, T. la Foce (approx. 17 min away).

Hydrology:

Access: (machine translated)
From Tolmezzo take the main road SS512 towards Gemona-Udine --> pass the lake (Lago di Cavazzo)--> follow the road --> turn right towards Forgaria --> after approx. 100m left towards Peonis --> in Peonis keep left towards Forgaria (road SP41) --> in Forgaria keep left towards Flagogna (road SP22) --> at the fork in the road without signs straight ahead --> right towards Pinzano (road SP 1) --> right over the bridge --> after the bridge right towards Vito d'Asio --> in Vito d'Asio follow the main road towards Clauzetto --> (only for exit option 3: before you continue from Clauzetto to the entry, the shuttle car must be parked at the exit of the tour --> to do this, drive in Clauzetto towards Spilimbergo --> drive down through the village of Dominisia to Noraz --> next to the road (Rio Molino stream) near the climbing wall (hidden in the forest) there are some parking facilities --> then take the 2nd shuttle car back up to Clauzetto --> after the exit, drive back up to Clauzetto. In Clauzetto continue uphill towards Grotto Pradis (Gerchia)--> pass Grotto Pradis and you will reach the small village of Gerchia. Turn right here (towards Fonte Pradis) and then immediately left again after the church--> follow the road to the left--> you will soon come to a large gravel area on the left (parking entry).

Approach: (machine translated)
From the parking lot, follow the road in the direction of travel until you reach a crash barrier. At the crash barrier, you descend left over small steps and a short/steep slope directly into the stream at an altitude of approx. 500m.

Tour: (machine translated)
(optional 1h20min or 4-5h)
The canyon begins at approx. 500m with a short flat section of walking before the first aquatic 10m abseil on the artificial wall leads into the very incised part. If you already have the feeling that there is too much water in the canyon, the tour should not be continued as there are other tributaries feeding the stream. However, if the water level passes, you can rappel into the narrow section. The rock walls are not high in the first part (20m), but the canyon is no wider than 50cm in places. Through several small pools and downclimbs, you reach the Grotto Verdi, which is also open to tourists. In the middle of this rather open grotto you will find the second abseiling point about 10m behind a large boulder, before it gets narrower again. At the exit of the incised passage, a tributary (Rio Molat) enters the stream from the left. Shortly afterwards, the canyon opens up and you come to a 3m jump with a beautiful rock arch. Then follow the stream for about 50m until you reach the red markers (left) and step bars (see exit option 1). In order to see the last beautiful narrow passage with further beautiful hollows, you have to descend further in the streambed. This is followed by several downclimbs to a rockfall where you can ropes through tight turns for about 12m or go around/downclimb right. After a large boulder with the possibility to slip through comes the last abseiling point of approx. 7m in a very dark pool (Caution! The small pool can create a strong current when the water level is high). At the exit of this short abseil section there are beautiful rock washouts (arches/holes). This part ends with a deep pool with a huge boulder (siphon), which you swim around on the left (only dangerous if the current is strong!). Then comes the 2nd exit option, which in our opinion is the best. If you decide to take the river walk, take a look at variant 3.

Return: (machine translated)
You have three exit options. We recommend the second option because you can get out after the most beautiful places on the right and no shuttle car is needed.

Variant 1(approx. 30min):
Approx. 50m after the rock arch jump you can see a red colored dot on the left side of the rock. Here a narrow path leads out of the canyon on the orographic left side.

Variant 2 (approx. 50min):
After the beautiful rock arches (narrow point) and the siphon point (swimming point), the canyon opens up. Here, after a few steps in the shallow streambed, you meet a single rock in the middle of the streambed (at the same level small tributary on the left, mostly dry). At this point (red color marking), exit the stream to the right and climb steeply for about 20 meters to a narrow path with wire rope protection. Follow the path on the orographic right side a bit above the canyon upstream and cross it at the two stirrups you passed before. On the other side (orographically left), follow the red dots and the clearly visible path out of the canyon. After a few meters of altitude, the path passes below a rock wall and continues towards flatter forest terrain. Stay on the main path and keep left at the fork to return shortly to the Grotto Pradis road and parking area.

Variant 3:
From here you have for about 2-3h longer walking and downclimb with some jumps and swims, ending at Lago del Tul at about 280Hm. Attention. At higher water levels, the single passages should not be underestimated! The marked path on the left side of the gorge, is really only recommended in case of emergency, because this often poorly visible path leads for a long time through sloping terrain and thorn bushes to the lake.
At the beginning of the lake, climb steeply up the left side into the forest until you reach an unmarked path (not shown on the map). Follow this path in a southerly direction until you reach a hill (open area). From here the path goes downhill to a small stream (Rio Molino) and the road where you left the 2nd car before.

Coordinates:
Canyon Start 46.2492 12.8850
Parking at Entry 46.2491 12.8854
Parking at Exit 46.2176 12.8980
Canyon End 46.2263 12.8879
Parking Entry and Exit 46.2458 12.8883
Parking at Exit 46.2236 12.9050

Reports:

2026-08-15 | Horst Lambauer | ☆ ☆ ☆ ⯪ |🕮 ★ ★ |⚓ ★ ★ | 〰 Low | 👍 Completed
We hiked all the way down the canyon. The footing is okay. A beautiful hiking canyon for cave enthusiasts and those who love jumping. The extra caves are worth seeing, especially the ones in the lower section. Unfortunately, the way out isn't immediately obvious and involves a 100-meter climb uphill through thorny vegetation. The trail is marked on Tabacco. However, I've uploaded the track for download on Wikiloc and linked it here in the links section. The return trip loses some points due to the otherwise beautiful but at times very narrow "jump, run, and swim" canyon. (machine translated)

2026-08-03 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Cosa Pour moi la cotation d'engagement est sous estimé pour l'intégrale, aucun échappatoire à part la grotte. Et les 3h45 sont complètement faux pour aller en bas, équipe de 6, 5h dans l'eau et on a fait tout la fin dans la forêt 1 grosse heure de marche. 3h45 même une équipe confirmé qui marche vite je n'y crois pas ! Faite attention c'est un long canyon ! (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/21727/observations.html)

2026-06-01 | Uschi Winter | ☆ ☆ ☆ |🕮 ★ ★ ★ |⚓ ★ ★ ★ | 〰 Low | 👍 Completed
Significantly more wood in the canyon, but easily doable. At the first possible jumps after the grotto, be sure to jump over the white water, as there are rocks in the water. (machine translated)

2025-09-29 | Uschi Winter | ☆ ☆ ☆ |🕮 |⚓ ★ ★ ★ | 〰 Normal | 👍 Completed
At the first possible jumps after the grotto grotto there is a boulder to the right of the white water (at normal water level). (machine translated)

2025-07-18 | Roland Hatzenbichler | ☆ ☆ ☆ ☆ |🕮 |⚓ | | 👍 Completed
Visually impressive in any case. (machine translated)

2025-03-09 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Cosa (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/21727/observations.html)

2025-03-09 | GeorgB | ☆ ☆ ☆ ☆ |🕮 |⚓ ★ ★ | 〰 Normal | 👍 Completed
Normal water level, safety devices have survived the winter and the last floods well. In the area of the currently still closed tourist trail, some branches have been thrown into the gorge, but they only interfere for a few meters. We hiked back via variant 2, the wire rope is still briefly interrupted. (machine translated)

2024-08-09 | Daniel | ☆ ☆ ☆ ☆ ⯪ |🕮 ★ ★ |⚓ ★ ★ | 〰 Low | 👍 Completed
Commercial canyon, connected to the passage next to the cave accessible to tourists. Two straight descents, at the end a lot of jumping opportunities. The canyon ended at the collapsed trees on the left (exit). You can go further, but return to the beginning for two cars. (machine translated)

2024-07-10 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Cosa Ancoraggi da migliorare dalle grotte in giù.In alcuni salti le disarrampicate con flusso forte possono complicarsi facilmente. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/21727/observations.html)

2024-07-05 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Cosa Usciti in corrispondenza cartello triangolare in riva sx al termine della forra. Bel sentiero con bolli rossi che evita lunga camminata nel greto e riporta all'auto in breve tempo (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/21727/observations.html)

2023-07-15 | Rok | ☆ ☆ ☆ ☆ |🕮 ★ ★ ★ |⚓ ★ ★ ★ | 〰 Normal | 👍 Completed
Currently good water throughput. The water is very milky or turbid. We have made variant 2. A wire rope protection on the way back is torn, but ok, because the next one is coming. Nevertheless, tricky spot, especially in wet conditions. Otherwise, everything tip top and perfect protection in the gorge. (machine translated)

2023-03-09 | System User | ☆ ☆ ☆ |🕮 |⚓ | |
Info: Teile der Canyonbeschreibung wurden automatisiert übernommen. Konkret die Felder Weblinks, Koordinaten, Rating, Ort, Länge des Canyon, Einfachseil Mindestens von https://canyon.carto.net/cwiki/bin/view/Canyons/TorrenteCosaCanyon.html und https://www.descente-