

# Rest

Cascades du Rest

|  |                                    |                                       |
|--|------------------------------------|---------------------------------------|
| <b>Info: The quality of this description has not been checked yet or was rated bad.</b><br>If you know this canyon, please check this description and file a report with a rating for this description using <i>Reports</i> -> <i>+New Report</i> . Should you notice any error, please let us know or join the community in order to fix this description yourself. |                                    |                                       |
| <b>Create:</b> 2023-11-20 21:20:16   | <b>Update:</b> 2025-06-27 21:56:44 | <b>Print:</b> 2026-05-02 03:05:49     |
| <b>Country:</b> France <b>Region:</b> Provence-Alpes-Côte-d'Azur / Provence-Alpes-Cote d'Azur <b>Subregion:</b> Alpes-de-Haute-Provence <b>Town:</b> Villars-Colmars   |                                    |                                       |
| <b>Difficulty:</b> difficult   | <b>Grading:</b> v5 a2 II           | <b>Total time:</b> 2h35               |
| <b>Approachtime:</b> 30min   | <b>Tourtime:</b> 2h                | <b>Returntime:</b> 5min               |
| <b>Altitude entry:</b> 1657m   | <b>Altitude exit:</b> 1410m        | <b>Delta Altitude:</b> 247m           |
| <b>Canyon length:</b> 500m   | <b>Highest rapell:</b> 60m         | <b>Amount rapells:</b>                |
| <b>Transport:</b>  | <b>Rock type:</b>                  | <b>Drainage area:</b> km <sup>2</sup> |
| <b>Season:</b>   | <b>Orientation:</b>                | <b>Best Time:</b>                     |
| <b>Rating:</b> ★ 3 (1)   | <b>Info:</b> ★ 0 ()                | <b>Belay:</b> ★ 0 ()                  |
| <b>Specialities:</b>   |                                    |                                       |
| <b>Gear:</b>   |                                    |                                       |
| <b>Summary:</b><br>Rohdaten Import von Descente Canyons <a href="https://www.descente-canyon.com/canyoning/canyon/21313">https://www.descente-canyon.com/canyoning/canyon/21313</a>  |                                    |                                       |
| <b>Hydrology:</b>  |                                    |                                       |
| <b>Access:</b>   |                                    |                                       |
| <b>Approach:</b>   |                                    |                                       |
| <b>Tour:</b>   |                                    |                                       |
| <b>Return:</b>   |                                    |                                       |
| <b>Coordinates:</b><br>Canyon Start <a href="#">44.1908 6.5869</a><br>Canyon End <a href="#">44.1886 6.5833</a><br>Unknown Parking <a href="#">44.1878 6.5817</a>  |                                    |                                       |
| <b>Reports:</b>  |                                    |                                       |
| 2023-03-09   System User   ★ ★ ★   📖   📍    <br>Daten importiert von <a href="https://www.descente-canyon.com/canyoning/canyon/21313/Rest.html">https://www.descente-canyon.com/canyoning/canyon/21313/Rest.html</a>   |                                    |                                       |