

# Cão Superior

Ribeira do Cão Superior,Cao

<b>Create:</b> 2023-11-20 21:29:53	<b>Update:</b> 2025-06-27 21:57:20	<b>Print:</b> 2026-06-17 11:06:36
<b>Country:</b> Portugal <b>Region:</b> Região Autónoma dos Açores / Azores <b>Subregion:</b> <b>Town:</b> Area de Paisagem Protegida da Zona Central e Falesias da Costa Oeste		
<b>Difficulty:</b> not as difficult	<b>Grading:</b> v3 a3 II	<b>Total time:</b> 3h30
<b>Approachtime:</b> 0min	<b>Tourtime:</b> 3h	<b>Returntime:</b> 30min
<b>Altitude entry:</b> 685m	<b>Altitude exit:</b> 510m	<b>Delta Altitude:</b> 175m
<b>Canyon length:</b> 1800m	<b>Highest rapell:</b> 30m	<b>Amount rapells:</b>
<b>Transport:</b>	<b>Rock type:</b>	<b>Drainage area:</b> km <sup>2</sup>
<b>Season:</b>	<b>Orientation:</b>	<b>Best Time:</b>
<b>Rating:</b> ★ 3.8 (2)	<b>Info:</b> ★ 3 (1)	<b>Belay:</b> ★ 2 (1)
<b>Specialities:</b>		
<b>Gear:</b>		
<b>Summary:</b> Rohdaten Import von Descente Canyons <a href="https://www.descente-canyon.com/canyoning/canyon/23225">https://www.descente-canyon.com/canyoning/canyon/23225</a>		
<b>Hydrology:</b>		
<b>Access:</b>		
<b>Approach:</b>		
<b>Tour:</b>		
<b>Return:</b>		
<b>Coordinates:</b> Canyon Start <a href="#">39.4643 -31.2421</a>		
<b>Reports:</b>		
2025-10-01   O nie   ★★★★★   📖★★★★   📍★   🌊 Normal   🍀 Completed very beautiful, garden like canyon. might cut a rope (machine translated)		
2023-03-09   System User   ★★★★★   📖   📍     Daten importiert von <a href="https://www.descente-canyon.com/canyoning/canyon/23225/Cao-Superior.html">https://www.descente-canyon.com/canyoning/canyon/23225/Cao-Superior.html</a>		