

Riou de la Bollène

Riou de la Bollène, La Bollène

Create: 2023-03-09 20:55:20	Update: 2025-08-01 20:37:43	Print: 2026-06-16 10:06:12
Country: France Region: Provence-Alpes-Côte-d'Azur / Provence-Alpes-Cote d'Azur Subregion: Alpes-Maritimes Town: La Bollène Vésubie		
Difficulty: not as difficult	Grading: v3 a3 II	Total time: 3h30
Approachtime: 10min	Tourtime: 3h	Returntime: 20min
Altitude entry: 770m	Altitude exit: 550m	Delta Altitude: 220m
Canyon length: 2000m	Highest rapell: 20m	Amount rapells: 11
Transport: Car required	Rock type:	Drainage area: 10.00km ²
Season: June - September	Orientation: West	Best Time:
Rating: ★ 3.8 (10)	Info: ★ 2.5 (8)	Belay: ★ 3 (7)
Specialities:		
Gear: Ropes: 2x 20m		
Summary: (machine translated) Varied forest gorge with fun potential (many slides and possible jumps)		
Hydrology:		
Access: (machine translated) From Nice, take the N 202 up the Var for approx. 29 km to Plan-du-Var. Shortly after this village, turn right into the Vesubie valley. 19 km after the turn-off, you pass through Lantosque. About 1.5 km further on, park the lower vehicle at the La Dorgane picnic area. If you think there is too much risk of your car being broken into here, you can park it about 200 m further on at the road junction to la Bollène near an inhabited house. With the other vehicle, turn right at the junction onto the D70, up to the village of Bollène and through it. The road continues above the canyon. You drive through a tunnel and at the next sharp left-hand bend at the edge of the slope there is space for the second vehicle (835 m above sea level), provided you haven't got up too late.		
Approach: (machine translated) From the parking lot, take the wide footpath down to the bridge over the Bollène.		
Tour: (machine translated) Forest gorge with slippery rocks and several jumps and slides. Sometimes crowded, especially by commercial visitors; large slide better not from the top, but from the rope due to lack of control; long slide afterwards without any problems (but lying down!). Here it is also possible to jump out of the vertical wall from the left. Please leave the water drainage untouched.		
Return: (machine translated) After the last somewhat larger pool, descend on the footpath on the right bank, then later on a bridge to the left bank and out to the La Dorgane picnic area. It is important not to climb up to the village of Bollène.		
Coordinates: Canyon Start 43.9824 7.3439 Canyon End 43.9873 7.3314 Parking at Entry 43.9827 7.3410 Parking at Exit 43.9852 7.3203		

Reports:

2026-06-14 | System User | |📖|📌|🌊 Normal | 🟢 Completed

Automatisch importiert von Descente-Canyon.com für Canyon La Bollène Très beau canyon !Fait sans navette en remontant en courant (merci le copain <3) (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2228/observations.html>)

2026-06-12 | System User | |📖|📌|🌊 Normal | 🟢 Completed

Automatisch importiert von Descente-Canyon.com für Canyon La Bollène Tout passe avec les précautions habituelles, sauf le dernier saut, le bief étant en partie comblé par des amas de petits branchages immergés (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2228/observations.html>)

2026-06-07 | System User | |📖|📌|🌊 Normal | 🟢 Completed

Automatisch importiert von Descente-Canyon.com für Canyon La Bollène moins glissant que plus tôt dans la saison (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2228/observations.html>)

2026-06-07 | System User | |📖|📌|🌊 Normal | 🟢 Completed

Automatisch importiert von Descente-Canyon.com für Canyon La Bollène Petit bijou de Dame Nature,Terrain de jeu grandeur nature.Rappels, toboggans, sauts à foison,Tout s'enchaîne avec émotion.Cette année, le canyon est magnifique à voir,Déserté des canyonistes, du matin jusqu'au soir.Un de plus que nous parcourons en liberté,Seuls au monde, avec le privilège d'en profiter (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2228/observations.html>)

2026-06-05 | System User | |📖|📌|🌊 Normal | 🛑 Not done

Automatisch importiert von Descente-Canyon.com für Canyon La Bollène (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2228/observations.html>)

2026-05-21 | System User | |📖|📌|🌊 Normal | 🟢 Completed

Automatisch importiert von Descente-Canyon.com für Canyon La Bollène (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2228/observations.html>)

2026-05-14 | System User | |📖|📌|🌊 Normal | 🟢 Completed

Automatisch importiert von Descente-Canyon.com für Canyon La Bollène (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2228/observations.html>)

2026-05-09 | System User | |📖|📌|🌊 Normal | 🟢 Completed

Automatisch importiert von Descente-Canyon.com für Canyon La Bollène Super glissant (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2228/observations.html>)

2026-04-28 | System User | |📖|📌|🌊 Normal | 🟢 Completed

Automatisch importiert von Descente-Canyon.com für Canyon La Bollène Debit correct le tob de 16m passe, le tob éjectable de 20m passe, ça saute partout super fun (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2228/observations.html>)

2025-10-17 | System User | |📖|📌|🌊 Normal | 🟢 Completed

Automatisch importiert von Descente-Canyon.com für Canyon La Bollène Ras avec oliv afterwork Dc - ambiance automnale (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2228/observations.html>)

2025-10-01 | System User | |📖|📌|🌊 Normal | 🟢 Completed

Automatisch importiert von Descente-Canyon.com für Canyon La Bollène RAS (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2228/observations.html>)

2025-09-25 | System User | |📖|📌|🌊 Normal | 🟢 Completed

Automatisch importiert von Descente-Canyon.com für Canyon La Bollène Dc- mais reste très ludique, tous les sauts et tob passent.. Attention très glissant. Équipement ok (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2228/observations.html>)

2025-09-21 | System User | |📖|📌|🌊 Normal | 🟢 Completed

Automatisch importiert von Descente-Canyon.com für Canyon La Bollène Niveau d'eau plus bas que d'habitude, mais les sauts restent praticables.Vasques claires jusqu'au captage du canal ; ensuite, certaines sont recouvertes de feuilles mais aucune n'est croupie.Parcours globalement assez glissant.Eau froide mais supportable : les gants