Riou de la Bollène

Riou de la Bollène,La Bollène

Create: 2023-03-09 20:55:20	**Update:** 2025-08-01 20:37:43	**Print:** 2026-10-30 12:10:01
Country: France **Region:** Provence-Alpes-Côte-d'Azur / Provence-Alpes-Cote d'Azur **Subregion:** Alpes-Maritimes **Town:** La Bollène Vésubie		
Difficulty: not as difficult	**Grading:** v3 a3 II	**Total time:** 3h30
Approachtime: 10min	**Tourtime:** 3h	**Returntime:** 20min
Altitude entry: 770m	**Altitude exit:** 550m	**Delta Altitude:** 220m
Canyon length: 2000m	**Highest rapell:** 20m	**Amount rapells:** 11
Transport: Car required	**Rock type:**	**Drainage area:** 10.00km²
Season: June - September	**Orientation:** West	**Best Time:**
Rating: ☆ 3.9 (12)	**Info:** ★ 2.6 (10)	**Belay:** ★ 3 (9)

Specialities:

Gear:
Ropes: 2x 20m

Summary: (machine translated)
Varied forest gorge with fun potential (many slides and possible jumps)

Hydrology:

Access: (machine translated)
From Nice, take the N 202 up the Var for approx. 29 km to Plan-du-Var. Shortly after this village, turn right into the Vesubie valley. 19 km after the turn-off, you pass through Lantosque. About 1.5 km further on, park the lower vehicle at the La Dorgane picnic area. If you think there is too much risk of your car being broken into here, you can park it about 200 m further on at the road junction to la Bollène near an inhabited house.
With the other vehicle, turn right at the junction onto the D70, up to the village of Bollène and through it. The road continues above the canyon. You drive through a tunnel and at the next sharp left-hand bend at the edge of the slope there is space for the second vehicle (835 m above sea level), provided you haven't got up too late.

Approach: (machine translated)
From the parking lot, take the wide footpath down to the bridge over the Bollène.

Tour: (machine translated)
Forest gorge with slippery rocks and several jumps and slides.
Sometimes crowded, especially by commercial visitors; large slide better not from the top, but from the rope due to lack of control; long slide afterwards without any problems (but lying down!). Here it is also possible to jump out of the vertical wall from the left.
Please leave the water drainage untouched.

Return: (machine translated)
After the last somewhat larger pool, descend on the footpath on the right bank, then later on a bridge to the left bank and out to the La Dorgane picnic area. It is important not to climb up to the village of Bollène.

Coordinates:
Canyon Start 43.9824 7.3439
Canyon End 43.9873 7.3314
Parking at Entry 43.9827 7.3410
Parking at Exit 43.9852 7.3203

Reports:

2026-10-21 | System User | |🕮 |⚓ | ≋ Normal | 👎 Not done
Automatisch importiert von Descente-Canyon.com für Canyon La Bollène Nous avons perdu une GoPro dans la vasque de réception du deuxième gros toboggan. Si jamais quelqu'un l'a retrouve, voici mes coordonnées 0660394600.Merci d'avance ???? (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2228/observations.html)

2026-10-11 | System User | |🕮 |⚓ | ≋ Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon La Bollène (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2228/observations.html)

2026-10-05 | System User | |🕮 |⚓ | ≋ Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon La Bollène ça glisse un peu moins que d'habitude.Nous avons trouvé un sanglier mort flottant dans la vasque juste en dessous du premier "gros saut" qui enchaine avec un semblant de tobogan de 5 m. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2228/observations.html)

2026-10-04 | System User | |🕮 |⚓ | ≋ Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon La Bollène Effectivement, il y a encore du monde en cette fin de saison, dont un pro!!DC-, le premier toboggan tape un peu par manque d'eau.Sinon, toujours aussi glissant mais toujours aussi intéressant à faire. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2228/observations.html)

2026-09-26 | System User | |🕮 |⚓ | ≋ Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon La Bollène Dc-Tous les sauts et toboggans habituels passent. Sauf le tout dernier saut qui est engravé depuis plusieurs années maintenant (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2228/observations.html)

2026-09-24 | System User | |🕮 |⚓ | ≋ Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon La Bollène (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2228/observations.html)

2026-09-09 | System User | |🕮 |⚓ | ≋ Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon La Bollène DC-. RAS sinon. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2228/observations.html)

2026-09-06 | System User | |🕮 |⚓ | ≋ Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon La Bollène Nous n'étions que 2 groupe pour toute la journée, top!Le canyon est encore au soleil à cette saison. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2228/observations.html)

2026-08-25 | System User | |🕮 |⚓ | ≋ Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon La Bollène (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2228/observations.html)

2026-08-25 | System User | |🕮 |⚓ | ≋ Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon La Bollène Un peu glissant. Fait en 2020 avant Alex, peu de changement. Parcouru en 2h30 à 4. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2228/observations.html)

2026-08-23 | System User | |🕮 |⚓ | ≋ Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon La Bollène Ras dans le canyon toujours très glissant par endroit. Un classique . Réalisé à 7 avec 4 enfants entre 12 et 15 ans en 4h30 en prenant le temps. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2228/observations.html)

2026-08-23 | System User | |🕮 |⚓ | ≋ Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon La Bollène T°eau entre droïde et douce.Revenue assez claire après orage de cette semaine. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2228/observations.html)
