

# San Liberatore

Fosso San Liberatore,Fosso Fontenuova,Fosso di San Liberatore,Sorgenti dell'Alento,Gole dell'Alento

**Info: The quality of this description has not been checked yet or was rated bad.**

If you know this canyon, please check this description and file a report with a rating for this description using *Reports* -> *+New Report*. Should you notice any error, please let us know or join the community in order to fix this description yourself.

<b>Create:</b> 2023-03-09 20:53:30	<b>Update:</b> 2023-11-25 21:32:04	<b>Print:</b> 2025-07-05 04:07:56
<b>Country:</b> Italia / Italy <b>Region:</b> Abruzzo <b>Subregion:</b> Pescara <b>Town:</b> Serramonacesca		
<b>Difficulty:</b> easy	<b>Grading:</b> v2 a2 II	<b>Total time:</b> 2h
<b>Approachtime:</b> 20min	<b>Tourtime:</b> 1h30	<b>Returntime:</b> 10min
<b>Altitude entry:</b> 470m	<b>Altitude exit:</b> 370m	<b>Delta Altitude:</b> 100m
<b>Canyon length:</b> 1200m	<b>Highest rapell:</b> 6m	<b>Amount rapells:</b> 1
<b>Transport:</b> on Foot	<b>Rock type:</b>	<b>drainage area:</b> km <sup>2</sup>
<b>Season:</b>	<b>Orientation:</b> North	<b>Best Time:</b>
<b>Rating:</b> ★ 1.2 (2)	<b>Info:</b> ★ 0 ()	<b>Belay:</b> ★ 0 ()

**Specialities:**

**Gear:**

Ropes: 1x 20m

**Summary:** (machine translated)

river walk

**Hydrology:**

**Access:** (machine translated)

On the A-14 along the Adriatic Sea south to Pescara.here change to the A-24 (direction Rome). From here about 20 km to the exit Alanno - Scafa. Follow the SS-5 parallel to the A-24 for 3.7 km in the opposite direction (Chieti, Pescara) and then turn right to Manopello (4.7 km).From here continue southeast to Serramonacesca (about 4 km). In the middle of the village follow the sign for the Abbazia di San Liberatore a Majella to the south. At a junction outside the village, take the road on the left and you will quickly reach the church, where there is also a place to park.

**Approach:** (machine translated)

Continue along the road, cross the Alento on a bridge and continue for about 400 meters. Then, from the road, the view of a small waterfall opens up. 50 m further on, look for the path to the stream (470 m a.s.l.).

**Tour:** (machine translated)

Nice walk in a forest canyon with fresh water. Avoid times with heavy crowds in the church.

**Return:** (machine translated)

After passing under the road bridge, you come across a hiking trail. You can now use this or continue along the streambed, can look at the tombs carved in tuff above on the right and finally comes to a small square with benches, where the path leads across the streambed and in a few minutes left up to the starting point.If you feel like it and who is not afraid of the ascent left through the vegetation, you can also take the 3 pools below the streambed crossing.

**Coordinates:**

Canyon Start [42.2246 14.1090](#)

Canyon End [42.2368 14.1000](#)

Parking Entry and Exit [42.2356 14.0994](#)

## Reports:

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2023-03-09 | System User |  |  |  | |

Info: Teile der Canyonbeschreibung wurden automatisiert übernommen. Konkret die Felder Weblinks, Koordinaten, Rating, Länge des Canyon, Einfachseil Mindestens von <https://www.descente-canyon.com/canyoning/canyon/22125>

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