

San Liberatore

Fosso San Liberatore,Fosso Fontenuova,Fosso di San Liberatore,Sorgenti dell'Alento,Gole dell'Alento

Info: The quality of this description has not been checked yet or was rated bad.

If you know this canyon, please check this description and file a report with a rating for this description using *Reports* -> *+New Report*. Should you notice any error, please let us know or join the community in order to fix this description yourself.

Create: 2023-03-09 20:53:30

Update: 2023-11-25 21:32:04

Print: 2026-01-30 11:01:14

Country: Italia / Italy **Region:** Abruzzo **Subregion:** Pescara **Town:** Serramonacesca

Difficulty: easy

Grading: v2 a2 II

Total time: 2h

Approachtime: 20min

Tourtime: 1h30

Returntime: 10min

Altitude entry: 470m

Altitude exit: 370m

Delta Altitude: 100m

Canyon length: 1200m

Highest rapell: 6m

Amount rapells: 1

Transport: on Foot

Rock type:

Drainage area: km²

Season:

Orientation: North

Best Time:

Rating: ★ 1.2 (2)

Info: ★ 0 ()

Belay: ★ 0 ()

Specialities:

Gear:

Ropes: 1x 20m

Summary: (machine translated)

river walk

Hydrology:

Access: (machine translated)

On the A-14 along the Adriatic Sea south to Pescara.here change to the A-24 (direction Rome). From here about 20 km to the exit Alanno - Scafa. Follow the SS-5 parallel to the A-24 for 3.7 km in the opposite direction (Chieti, Pescara) and then turn right to Manopello (4.7 km).From here continue southeast to Serramonacesca (about 4 km). In the middle of the village follow the sign for the Abbazia di San Liberatore a Majella to the south. At a junction outside the village, take the road on the left and you will quickly reach the church, where there is also a place to park.

Approach: (machine translated)

Continue along the road, cross the Alento on a bridge and continue for about 400 meters. Then, from the road, the view of a small waterfall opens up. 50 m further on, look for the path to the stream (470 m a.s.l.).

Tour: (machine translated)

Nice walk in a forest canyon with fresh water. Avoid times with heavy crowds in the church.

Return: (machine translated)

After passing under the road bridge, you come across a hiking trail. You can now use this or continue along the streambed, can look at the tombs carved in tuff above on the right and finally comes to a small square with benches, where the path leads across the streambed and in a few minutes left up to the starting point.If you feel like it and who is not afraid of the ascent left through the vegetation, you can also take the 3 pools below the streambed crossing.

Coordinates:

Canyon Start [42.2246 14.1090](#)

Canyon End [42.2368 14.1000](#)

Parking Entry and Exit [42.2356 14.0994](#)

Reports:

2023-03-09 | System User |  |  |  | |

Info: Teile der Canyonbeschreibung wurden automatisiert übernommen. Konkret die Felder Weblinks, Koordinaten, Rating, Länge des Canyon, Einfachseil Mindestens von <https://www.descente-canyon.com/canyoning/canyon/22125>

2023-03-09 | System User | |  |  | |

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