

# Rûnes

Cascade de Rûnes

<b>Info: The quality of this description has not been checked yet or was rated bad.</b> If you know this canyon, please check this description and file a report with a rating for this description using <i>Reports</i> -> <i>+New Report</i> . Should you notice any error, please let us know or join the community in order to fix this description yourself.		
<b>Create:</b> 2023-11-20 21:20:38	<b>Update:</b> 2025-06-27 21:56:46	<b>Print:</b> 2026-05-02 03:05:19
<b>Country:</b> France <b>Region:</b> Occitanie <b>Subregion:</b> Lozère <b>Town:</b> Pont de Montvert - Sud Mont Lozère		
<b>Difficulty:</b> a little difficult	<b>Grading:</b> v4 a2 I	<b>Total time:</b> 2h25
<b>Approachtime:</b> 5min	<b>Tourtime:</b> 2h	<b>Returntime:</b> 20min
<b>Altitude entry:</b> 980m	<b>Altitude exit:</b> 780m	<b>Delta Altitude:</b> 200m
<b>Canyon length:</b> 500m	<b>Highest rapell:</b> 50m	<b>Amount rapells:</b>
<b>Transport:</b>	<b>Rock type:</b>	<b>Drainage area:</b> km <sup>2</sup>
<b>Season:</b>	<b>Orientation:</b>	<b>Best Time:</b>
<b>Rating:</b> ★ 1.9 (1)	<b>Info:</b> ★ 0 ()	<b>Belay:</b> ★ 0 ()
<b>Specialities:</b>		
<b>Gear:</b>		
<b>Summary:</b> Rohdaten Import von Descente Canyons <a href="https://www.descente-canyon.com/canyoning/canyon/21340">https://www.descente-canyon.com/canyoning/canyon/21340</a>		
<b>Hydrology:</b>		
<b>Access:</b>		
<b>Approach:</b>		
<b>Tour:</b>		
<b>Return:</b>		
<b>Coordinates:</b> Canyon Start <a href="#">44.3795 3.6748</a> Canyon End <a href="#">44.3751 3.6667</a> Unknown Parking <a href="#">44.3808 3.6770</a>		
<b>Reports:</b>		
2023-03-09   System User   ★   📖   📍     Daten importiert von <a href="https://www.descente-canyon.com/canyoning/canyon/21340/Runes.html">https://www.descente-canyon.com/canyoning/canyon/21340/Runes.html</a>		