Rego da Mazoca

Info: The quality of this description has not been checked yet or was rated bad.
If you know this canyon, please check this description and file a report with a rating for this description using *Reports -> +New Report.* Should you notice any error, please let us know or join the community in order to fix this description yourself.

Create: 2026-05-22 16:26:08	**Update:** 2026-05-22 16:26:08	**Print:** 2026-10-31 01:10:36
Country: España / Spain **Region:** Galicia **Subregion:** provincia de La Coruña / Provincia da Coruna **Town:**		
Difficulty: not as difficult	**Grading:** v3 a2 II	**Total time:** 2h52
Approachtime: 2min	**Tourtime:** 2h	**Returntime:** 50min
Altitude entry: m	**Altitude exit:** m	**Delta Altitude:**
Canyon length: 1500m	**Highest rapell:** 34m	**Amount rapells:** 3
Transport:	**Rock type:**	**Drainage area:** km²
Season: September - May	**Orientation:**	**Best Time:**
Rating: ☆ 0 ()	**Info:** ★ 0 ()	**Belay:** ★ 0 ()

Specialities:

Gear:

Summary: (machine translated)
Uninteresting canyon, only 3 rappels, it could be combined with Teixido. In the words of EC/DC "it can be used for initiation and for the implementation and training in progression techniques in canyons" but they do not recommend doing the whole canyon, only the upper part.

Hydrology:

Access: (machine translated)
We will go to As Neves (A Capella), here we turn off towards the Eume power station and Estoxa.
We pass Estoxa and Gunxel, soon the bridge over the Rego de Mazoca, we pass it and park.
If we have two vehicles and we want to do it integral we will have to go with the car of return to the monastery of Caaveiro.

Approach: (machine translated)
We will walk down a small path through this meadow towards the riverbed.

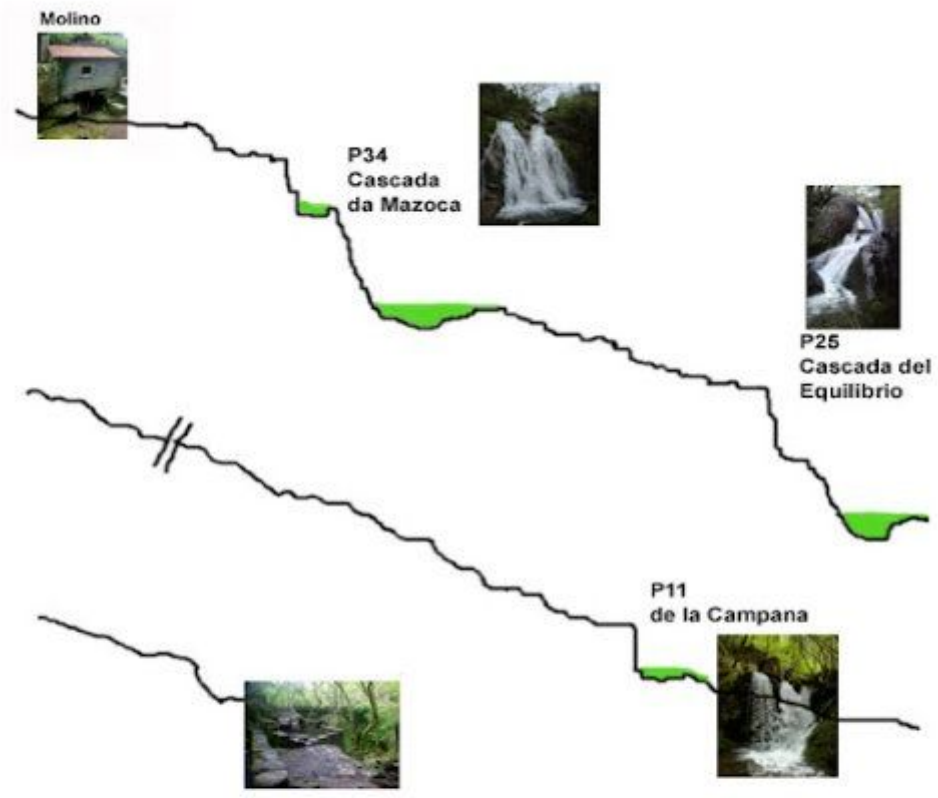
Tour: (machine translated)
See mole

Return: (machine translated)
After the first 2 waterfalls, in the flatter section we must go left through the forest to take the path that goes up.
Another option is to go to the end and exit through the Monasterior.

Coordinates:

Reports:

2024-06-16 | System User | |🕮 |⚓ | |
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EC DC

REGO DA MAZOCA

Eume-Pontedeume-A Coruña
Explorado y Croquizado en 2005
Espeleo Club de Descenso de Cañones (EC/DC)
Recorrido prox. 1500 m.
Desnivel prox. 190 m.

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