

# Bief a la Dame

Gorges du Bief à la Dame

**Info: The quality of this description has not been checked yet or was rated bad.**

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<b>Create:</b> 2023-03-09 20:51:52	<b>Update:</b> 2024-01-04 16:15:13	<b>Print:</b> 2025-08-15 07:08:50
<b>Country:</b> France <b>Region:</b> Auvergne-Rhône-Alpes <b>Subregion:</b> Ain <b>Town:</b> Le Poizat		
<b>Difficulty:</b> not as difficult	<b>Grading:</b> v3 a3 II	<b>Total time:</b> 1h45
<b>Approachtime:</b> 10min	<b>Tourtime:</b> 1h30	<b>Returntime:</b> 5min
<b>Altitude entry:</b> 725m	<b>Altitude exit:</b> 610m	<b>Delta Altitude:</b> 115m
<b>Canyon length:</b> 1100m	<b>Highest rapell:</b> 22m	<b>Amount rapells:</b> 9
<b>Transport:</b> Car optional	<b>Rock type:</b>	<b>drainage area:</b> km²
<b>Season:</b>	<b>Orientation:</b> North	<b>Best Time:</b>
<b>Rating:</b> ★ 1.4 (1)	<b>Info:</b> ★ 0 ()	<b>Belay:</b> ★ 0 ()

**Specialities:**

**Gear:**

Ropes: 2x25m

**Summary:** (machine translated)

Forest canyon for rappeling

**Hydrology:**

**Access:** (machine translated)

In Geneva (after the border), we join the A 40 highway (Autoroute Blanche) in the direction of Lyon. We drive on this highway for about 46 km. After passing through the 3rd tunnel, we pass the elongated Lac Sylans, which lies to the left below (south) of the A 40. At the exit directly at the western exit of the lake (towards Nantua), we leave the A 40, join the D 1084 (the former N 84) and drive on it in the opposite direction along Lac Sylans for almost exactly 5 km. Then we turn right onto the D 55 B. Follow this road uphill in the forest for just over 500 m in a southerly direction. The road then crosses "our" stream in a hairpin bend. Before the bridge on the right, there is plenty of space for our lower car.

The second car continues uphill in the forest. After about 2.5 km, we come to a crossroads and turn right here onto the D 55. About 250 m after the crossroads, we pass through the village of Lalleyriat and continue uphill over open terrain to the next village of Poizat. We also pass through this village and come to the somewhat remote district of Le Replat. Here we turn right off the existing road onto Rue Champ Conty and head downhill in a north-northern direction along the tarred road. Keep right at the junction. We reach the exit of the tarred road and park our top vehicle here.

**Approach:** (machine translated)

From the exit of the tarred road (where it branches), a dirt road leads down the middle in a northeasterly direction.\n\nThe forest road takes a turn to the right and we see below us the streambed descending from the south. We descend into the streambed and are immediately above the 20 m rappel.

**Tour:** (machine translated)

The streambed is extremely slippery, several walking passages, repeated dead wood in the chute, worth it only when there is water flow.

**Return:** (machine translated)

Before reaching the parking lot with the lower car left out onto a slope that leads to the parking lot.

**Coordinates:**

Canyon Start [46.1470 5.6900](#)




Canyon End [46.1595 5.6928](#)

Parking at Entry [46.1483 5.6870](#)

Parking at Exit [46.1602 5.6929](#)

**Reports:**

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2023-03-09 | System User |  |  |  | |

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