

Bief a la Dame

Gorges du Bief à la Dame

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Country: France **Region:** Auvergne-Rhône-Alpes **Subregion:** Ain **Town:** Le Poizat

Difficulty: not as difficult

Grading: v3 a3 II

Total time: 1h45

Approachtime: 10min

Tourtime: 1h30

Returntime: 5min

Altitude entry: 725m

Altitude exit: 610m

Delta Altitude: 115m

Canyon length: 1100m

Highest rapell: 22m

Amount rapells: 9

Transport: Car optional

Rock type:

drainage area: km²

Season:

Orientation: North

Best Time:

Rating: ★ 1.4 (1)

Info: ★ 0 ()

Belay: ★ 0 ()

Specialities:

Gear:

Ropes: 2x25m

Summary: (machine translated)

Forest canyon for rappeling

Hydrology:

Access: (machine translated)

In Geneva we get (after the border) on the highway A 40 (Autoroute Blanche) in the direction of Lyon. On this we drive about 46 km. After passing through the 3rd tunnel, we pass the elongated Lac Sylans, which lies on the left below (south of) the A 40. At the exit immediately at the western end of the lake (direction Nantua) we leave the A 40. We come to the D 1084 (the former N 84) and drive on it in the opposite direction again along Lac Sylans for about 5 km. Then we turn right on the D 55 B. On this road we go uphill in the forest for a little more than 500 m in southern direction. The road then crosses "our" stream in a hairpin bend. Before the bridge on the right there is plenty of space for our lower car.
With the second car we continue uphill in the forest. After about 2.5 km we come to a road junction and turn right here onto the D 55. About 250 m after the junction we pass through the village of Lalleysriat and over open ground we go up to the next village of Poizat. We pass through this village as well and arrive at the somewhat isolated hamlet of Le Replat. Here we turn right from the previous road onto Rue Champ Conty and head NNO down the tarred road. We keep to the right at the junction. We come to the exit of the tarred road and park our upper vehicle here.

Approach: (machine translated)

From the exit of the tarred road (where it branches), a dirt road leads down the middle in a northeasterly direction.
The forest road takes a turn to the right and we see below us the streambed descending from the south. We descend into the streambed and are immediately above the 20 m rappel.

Tour: (machine translated)

The streambed is extremely slippery, several walking passages, repeated dead wood in the chute, worth it only when there is water flow.

Return: (machine translated)

Before reaching the parking lot with the lower car left out onto a slope that leads to the parking lot.

Coordinates:




Canyon Start [46.1470 5.6900](#)

Canyon End [46.1595 5.6928](#)

Parking at Entry [46.1483 5.6870](#)

Parking at Exit [46.1602 5.6929](#)

Reports:

2023-03-09 | System User |  |  |  | |

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