

# La Gironde

Vallon de La Gironde

**Info: The quality of this description has not been checked yet or was rated bad.**

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**Create:** 2023-11-20 21:18:35

**Update:** 2025-06-27 21:56:35

**Print:** 2026-05-02 03:05:46

**Country:** France **Region:** Provence-Alpes-Côte-d'Azur / Provence-Alpes-Cote d'Azur **Subregion:** Alpes-Maritimes **Town:** Le Mas

**Difficulty:** not as difficult

**Grading:** v1 a3 l

**Total time:** 4h50

**Approachtime:** 30min

**Tourtime:** 4h

**Returntime:** 20min

**Altitude entry:** 727m

**Altitude exit:** 527m

**Delta Altitude:** 200m

**Canyon length:** 4000m

**Highest rapell:** 8m

**Amount rapells:**

**Transport:**

**Rock type:**

**Drainage area:** km<sup>2</sup>

**Season:**

**Orientation:**

**Best Time:**

**Rating:** ★ 1.4 (1)

**Info:** ★ 0 ()

**Belay:** ★ 0 ()

**Specialities:**

**Gear:**

**Summary:**

Rohdaten Import von Descente Canyons <https://www.descente-canyon.com/canyoning/canyon/22429>

**Hydrology:**

**Access:**

**Approach:**

**Tour:**

**Return:**

**Coordinates:**

Canyon Start [43.8383 6.8602](#)

Canyon End [43.8470 6.8932](#)

**Reports:**

2023-03-09 | System User | ★ | 📖 | 📍 | |

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