Val Fredda

Info: The quality of this description has not been checked yet or was rated bad.
If you know this canyon, please check this description and file a report with a rating for this description using *Reports -> +New Report.* Should you notice any error, please let us know or join the community in order to fix this description yourself.

Create: 2023-08-31 14:05:20	**Update:** 2025-09-21 17:03:41	**Print:** 2026-10-31 01:10:11
Country: Italia / Italy **Region:** Lombardia **Subregion:** Varese **Town:** Induno Olona		
Difficulty: not as difficult	**Grading:** v3 a2 II	**Total time:** 1h17
Approachtime: 15min	**Tourtime:** 1h	**Returntime:** 2min
Altitude entry: 500m	**Altitude exit:** 430m	**Delta Altitude:** 70m
Canyon length: 500m	**Highest rapell:** 14m	**Amount rapells:** 4
Transport: on Foot	**Rock type:** limestone	**Drainage area:** 1.00km²
Season: January - December	**Orientation:** South	**Best Time:** 10-16 o'clock
Rating: ☆ 0 ()	**Info:** ★ 0 ()	**Belay:** ★ 0 ()

Specialities:

Gear:
Ropes: 2x 15m

Summary:
The Val Fredda canyon is a short and very easy route, but aesthetically beautiful. Recommended during rainy periods.

Hydrology:
Flow assessment: at the end of the route, where the stream passes under the road.

Access:
Coming from Varese, take the SS233 Valganna road up to the Valganna Caves, where parking is available (45°51'19"N 8°49'22"E). If there are only a few cars, you can continue along the road, pass through the tunnel, and shortly after you will see on the left the end of the final canyon section. About 100 meters further, there is a parking area on the left (45°51'36.5"N 8°49'39.6"E), at the point where the trail starts.

Approach:
From the parking area, take the trail that enters the forest and begins to climb. Shortly after, you reach a fork—stay to the right, crossing the slope beneath the high-voltage power lines. When the trail re-enters the forest, climb a few more meters and take the level trail that leads to the Alabaster Cave. Just before the cave, a clearly visible path on the left allows an easy descent to the streambed near the rock arch (45°51'46.7"N 8°49'38.4"E). About 15 minutes for 60 m of elevation gain.

Tour:
01- C4 (1 sx)
02- C5 (1 dx)
03- C14 (2 sx)
04- C6 (1 sx)

Return:
The final canyon section ends right by the road, where you can re-enter on the right bank. From there, it takes about two minutes to return to the cars.

Coordinates:
Canyon Start 45.8626 8.8270
Canyon End 45.8587 8.8260
Parking Entry and Exit 45.8600 8.8275

Reports: