

# 7hole Tahiri

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**Create:** 2026-01-29 19:00:47

**Update:** 2026-01-29 19:05:22

**Print:** 2026-06-17 12:06:50

**Country:** عمان / Oman **Region:** بونج ةظفاحم / Ash Sharqiyah South **Subregion:** **Town:** طاقسم / Muscat

**Difficulty:** difficult

**Grading:** v5 a2 V

**Total time:** 11h30

**Approachtime:** 15min

**Tourtime:** 9h

**Returntime:** 2h15

**Altitude entry:** 1370m

**Altitude exit:** 1050m

**Delta Altitude:** 320m

**Canyon length:** 2800m

**Highest rapell:** 55m

**Amount rapells:**

**Transport:** Car required

**Rock type:**

**Drainage area:** km<sup>2</sup>

**Season:** October - March

**Orientation:** East

**Best Time:**

**Rating:** ★ 0 ()

**Info:** ★ 0 ()

**Belay:** ★ 0 ()

**Specialities:**

**Gear:**

Ropes: 2x60

**Summary:**

<https://www.ottoverticale.it/catasto/q?7hole%20Tahiri>

**Hydrology:**

**Access:**

**Approach:**

**Tour:**

Full of fixed ropes

**Return:**

**Coordinates:**

**Reports:**