

Le Terme (inf)

Info: The quality of this description has not been checked yet or was rated bad.

If you know this canyon, please check this description and file a report with a rating for this description using *Reports* -> +*New Report*. Should you notice any error, please let us know or join the community in order to fix this description yourself.

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Country: France **Region:** Occitanie **Subregion:** Pyrénées-Orientales **Town:** Amélie-les-Bains-Palalda

Difficulty: easy

Grading: v2 a2 I

Total time: 2h7

Approachtime: 5min

Tourtime: 2h

Returntime: 2min

Altitude entry: 420m

Altitude exit: 380m

Delta Altitude: 40m

Canyon length: 1500m

Highest rapell: 8m

Amount rapells:

Transport: Car optional

Rock type:

Drainage area: km²

Season:

Orientation:

Best Time:

Rating: ★ 0 ()

Info: ★ 0 ()

Belay: ★ 0 ()

Specialities:

Gear:

Ropes: 2x 10 m

Summary: (machine translated)

A sequence of jumps and some slides, but lots of walking over large boulders, almost no gulches

Hydrology: (machine translated)

Always filled with water, navigable in spring, summer and fall.

However, be careful after rainfall, the catchment area is large.

Access: (machine translated)

When you leave Amélie-les-Bains, turn left opposite the stadium onto the D53 towards Montalba-d'Amélie.

This is the same road that leads to the upper Terme-Canyon.

A few kilometers further on, you will pass the foot of the Salt de l'Aigue, the large waterfall of the Can Mascarat canyon (C42).

Then turn left towards Montalba.

Drive to the bridge that marks the exit of the lower Terme canyon and park on the side of the road just before the bridge.

Shuttle option: Hairpin bends with the second vehicle and drive up before the Salt de l'Aigue de Can Mascarat waterfall on the D53B towards Mas Pagris.

Park at the Mas Pagris bridge, the Terme supérieur parking lot.

FORBIDDEN! Parking on the side of the road on the D53B is punishable by a fine.

Approach: (machine translated)

Without the shuttle bus, return to the road on foot and look left for the start of a blue-marked hiking trail a hundred meters from the Montalba bridge.

It passes a ruin called Can Riubanys, crosses a chestnut forest and joins the D53b road (road to Mas Pagris).

Follow the road uphill until you find the only path on the left that leads down to the river.

If you arrive by car, park your vehicle at the Mas Pagris bridge (Terme supérieur parking lot), cross the hamlet downhill and then take the path on the right at the side of the road that leads to the starting point of the water walk.

Tour: (machine translated)

A sequence of jumps and some slides, but lots of walking over large boulders, almost no gulches.
A rope may be useful for the last part of the route; this is the most scenic part of the watercourse.
A jump is possible from the Montalba bridge at the exit of the water tour; the jump height is 14 meters.

There are no compulsory sections on the route and there are emergency exits everywhere.

This tour is not considered canyoning, but falls under the category of "river hiking".
Ideal for children and beginners to gain a first insight into this activity.

Return: (machine translated)

After the bridge, head back up the right bank to return to the vehicle.

Coordinates:

Canyon Start [42.4456 2.6739](#)

Canyon End [42.4512 2.6782](#)

Parking at Exit [42.4508 2.6781](#)

Parking at Entry [42.4431 2.6725](#)

Reports:

2026-03-11 | System User | |📖|📍|🌊 Crazy | 🚫 Not done

Automatisch importiert von Descente-Canyon.com für Canyon Terme (inf) Beaucoup d'eau cette année. Ne pas prendre de risques dans les gros canyons. On n'est pas monté jusqu'au Salt del Pi, mais ça ne doit pas passer vu le débit au pont.. mais Saut OK !! combo parfait avec le rappel§ (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/21321/observations.html>)

2026-03-01 | System User | |📖|📍|🌊 High | 🍏 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Terme (inf) Dc++ , enfin de l'eau dans le terminet, tout passe bien, on a simplement éviter le siphon qui ne faisait pas rire vu d'en haut... (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/21321/observations.html>)