Flumineddu

Riu Fiumineddu,Riu Flumineddu

Info: The quality of this description has not been checked yet or was rated bad.
If you know this canyon, please check this description and file a report with a rating for this description using *Reports -> +New Report.* Should you notice any error, please let us know or join the community in order to fix this description yourself.

Create: 2023-03-09 20:54:45	**Update:** 2026-01-04 23:47:29	**Print:** 2026-10-30 12:10:35

Country: Italia / Italy **Region:** Sardegna **Subregion:** provincia dell'Ogliastra / Province of Ogliastra **Town:** Dorgali

Difficulty: easy	**Grading:** v2 a2 II	**Total time:** 8h25
Approachtime: 15min	**Tourtime:** 6h40	**Returntime:** 1h30
Altitude entry: 745m	**Altitude exit:** 350m	**Delta Altitude:** 395m
Canyon length: 1400m	**Highest rapell:** 25m	**Amount rapells:** 8
Transport: on Foot	**Rock type:**	**Drainage area:** km²
Season: September - June	**Orientation:** North	**Best Time:**
Rating: ☆ 3.2 (2)	**Info:** ★ 0 ()	**Belay:** ★ 3 (1)

Specialities:

Gear:
Ropes: 2x30

Summary: (machine translated)
Similar in character to its neighboring canyon, the Orbisi (see there). However, longer running distances.

Hydrology:

Access: (machine translated)
Basically the same approach as for Grotta Donini and Codula Orbisi, but with transposition if you want to go down through the Gola di Goruppu.
For the placement of the lower car we drive from Dorgali approximately 1 km on the SS125 in the direction of Passo Genna Siliana (hotel). Here the tunnel towards Cala Gonone turns off to the left. But we stay on the SS125 and after another km (km 200,4 of the SS125) we turn right on a small road. We follow it in the direction of Gola di Goruppu. 5.4 km after leaving the SS125, keep left at the junction, pass the little church of Nostra Signora di Buon Cammino on the left and after another 5 km you will come to the new bridge over the Fiumineddu (Ponte S'Abba Arva). On both sides of the bridge there are parking areas (for at least 6 cars). Even 20m after the bridge we can still park the car for the exit.
With the second car we go back to the SS125 and on this road then a good 17 km up to the Passo del Gennargentu (hotel). After the mountain pass continue for another 5.5 km to Genna Croce (900m OD - bar). Here an asphalt road, already dilapidated at the beginning, branches off to the right. Follow this road under rock walls until you reach a plateau. Here keep right and drive north on a sand road. The road is just passable with normal vehicles - but the bottom plate should not be too deep. A destroyed bridge has to be bypassed in the streambed. A few kilometers further we see a fenced off building on the right - Campos Bargios (990m a.s.l.) - 10 km from Genna Croce. Here we take the dirt road to the left past the mud hole heading SE downhill (steep in parts but paved). 1 km after Campos Bargios we come to a clearing ("Sa Gambilonga"). Here we park the second car.

Approach: (machine translated)
We head NE, enter an enclosure by means of a wooden ladder and follow a battered track, later a path. It leads us through a side cirque of the Riu Flumineddu - at the exit steeply over rock - down into the streambed.

Tour: (machine translated)
We turn downstream (to the right) and walk for about 90 minutes until we reach the first rappel. Now rappel, pools, running sections and easy climbing passages alternate until the gorge finally widens after a series of pools (up to here about 3.5 hours around the river bed).
Now you can see the mouth of the Orbisi carved into the rock above a shallow pool on the right. You can exit here, see "way back".
Otherwise, we continue the integral ascent and pass 2 larger pools one after the other, which - after prior inspection - may be jumpable. Then we come to the highlight of the tour, an "underground lake", which can rather be described as a pool. You can possibly jump into it (check!) and swim through to the other side of the grotto. If I remember correctly, there was also the option of bypassing the "lake" on the righthand side. Beyond the grotto, there is a rappel into a now wide river bed. We now climb mainly downwards and after some time reach the impressive Gola (canyon) di Goruppu with its high canyon walls.
https://www.opencanyon.org/it/canyon/81186f14-a561-4b14-b60f-a0fe1669b267
Here we usually meet half-shoe tourists who have walked up here from the bridge where our lower car is parked.

Return: (machine translated)
Without implementation: If you do not plan an integral climb and therefore do not have a second car parked at the end of the tour, you can get out after the "inflow" of the Orbisi up to the right, comes to a hiking trail, follows first this, then the paved road up to Campos Bargios. One can then get the car (time required about 2 hrs.).
With conversion: we take the path that, directly at the exit of the gorge, first climbs steeply to the left, then later descends essentially horizontally on the left slope above the river to the bridge where our lower car is (4500m - 100 min.).

Coordinates:
Canyon Start 40.1475 9.4747
Canyon End 40.1854 9.5013
Alternative Canyon Start 40.1491 9.4768
Parking Entry and Exit 40.1491 9.4876
Parking at Exit 40.2258 9.5174
Waypoint 40.1659 9.4782
Alternative Canyon End 40.1791 9.4904

Reports:

2026-04-18 | System User | |🕮 |⚓ | Low | Completed
Automatisch importiert von Descente-Canyon.com für Canyon Flumineddu (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/21152/observations.html)

2025-12-29 | MirkoT | |🕮 |⚓ ★ ★ ★ | Normal | Completed
The smooth descent of a group is reported. Re-equipped trail of approach because days ago a big stone falls down and former anchor now is unreachable. (machine translated)

2023-03-09 | System User | ☆ ☆ ☆ ½ |🕮 |⚓ | |
Info: Teile der Canyonbeschreibung wurden automatisiert übernommen. Konkret die Felder Weblinks, Koordinaten, Rating, Länge des Canyon, Einfachseil Mindestens von https://www.descente-canyon.com/canyoning/canyon/21152

2023-03-09 | System User | ☆ ☆ |🕮 |⚓ | |
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