

Trompines

Cascades des Trompines,Derroc,La Cassole

Info: The quality of this description has not been checked yet or was rated bad.

If you know this canyon, please check this description and file a report with a rating for this description using *Reports* -> *+New Report*. Should you notice any error, please let us know or join the community in order to fix this description yourself.

Create: 2023-11-20 21:21:27

Update: 2025-06-27 21:56:51

Print: 2026-06-17 12:06:38

Country: France **Region:** Provence-Alpes-Côte-d'Azur / Provence-Alpes-Cote d'Azur **Subregion:** Var **Town:** Cotignac

Difficulty: a little difficult

Grading: v4 a3 l

Total time: 1h30

Approachtime: 0min

Tourtime: 1h30

Returntime: 0min

Altitude entry: 316m

Altitude exit: 196m

Delta Altitude: 120m

Canyon length: 900m

Highest rapell: 32m

Amount rapells:

Transport:

Rock type:

Drainage area: km²

Season:

Orientation:

Best Time:

Rating: ★ 2.5 (1)

Info: ★ 0 ()

Belay: ★ 0 ()

Specialities:

Gear:

Summary:

Rohdaten Import von Descente Canyons <https://www.descente-canyon.com/canyoning/canyon/22370>

Hydrology:

Access:

Approach:

Tour:

Return:

Coordinates:

Canyon Start [43.5299 6.1442](#)

Canyon End [43.5259 6.1479](#)

Parking at Entry [43.5321 6.1462](#)

Parking at Exit [43.5251 6.1493](#)

Unknown [43.5303 6.1447](#)

Reports:

2026-05-28 | System User | |📖|📍|🌊 Normal |👍 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Trompines DC- Joli petit canyon, fait sans navette en passant à travers le village Ammarage en RD sur la première cascade ok mais commence à être un peu vieillissant Deuxième cascade relais RG correct (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/22370/observations.html>)

2023-03-09 | System User | ★★👍 |📖|📍| |

Daten importiert von <https://www.descente-canyon.com/canyoning/canyon/22370/Trompines.html>