

# Barranco del Rego das Fragas

**Info: The quality of this description has not been checked yet or was rated bad.**

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**Create:** 2026-05-22 16:18:14

**Update:** 2026-05-22 16:18:14

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**Country:** España / Spain **Region:** Galicia **Subregion:** provincia de Orense / Provincia de Ourense **Town:**

**Difficulty:** a little difficult

**Grading:** v4 a2 II

**Total time:** 2h55

**Approachtime:** 40min

**Tourtime:** 2h

**Returntime:** 15min

**Altitude entry:** m

**Altitude exit:** m

**Delta Altitude:**

**Canyon length:** 600m

**Highest rapell:** 45m

**Amount rapells:** 5

**Transport:**

**Rock type:**

**Drainage area:** km<sup>2</sup>

**Season:** September - May

**Orientation:**

**Best Time:**

**Rating:** ★ 0 ()

**Info:** ★ 0 ()

**Belay:** ★ 0 ()

**Specialities:**

**Gear:**

**Summary:** (machine translated)

Open, vertical descent, with good views and that we will have to do it after rains if we want to catch it with good flow, in summer it can dry out. Provide spare material.

**Hydrology:**

**Access:** (machine translated)

By the A52 until Ribadavia, here we leave to take the national road and we turn north towards Avión (San Xusto). Location bcos Fragas and Rodeiro

We will arrive at San Xusto by the OU212, we follow the same road until the detour to Abelenda, we cross it and arrive at Mouriscados. Here we turn left onto the OU0356 to Boeixos (we cross the stream at its exit). Just at the entrance of the village there is a small road on the right, we can park here.

**Approach:** (machine translated)

Access bcos Fragas and Rodeiro

On this same street, a few meters later, an old track comes out on the right that zigzags up the hillside to join another more marked track.

In this other track we will make a left fork, another one on the right and in the following one on the left, which begins to soften the ascent, we leave the track and continue straight towards the riverbed.

**Tour:** (machine translated)

Open, with somewhat delicate accesses and a beautiful 45m waterfall when it has a good flow.

**Return:** (machine translated)

When we reach the bridge, we turn right onto the road and follow it to the parking area.

**Coordinates:**

Canyon Start [42.3869 -8.2958](#)

Canyon End [42.3871 -8.2958](#)

**Reports:**

2024-06-16 | System User | |  |  | |

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