

# Sierroz aval

Gouille des Moines,Sierre,Gorges du Sierroz

**Info: The quality of this description has not been checked yet or was rated bad.**

If you know this canyon, please check this description and file a report with a rating for this description using *Reports* -> *+New Report*. Should you notice any error, please let us know or join the community in order to fix this description yourself.

|  |                                    |                                   |
|--|------------------------------------|-----------------------------------|
| <b>Create:</b> 2023-04-20 13:44:53   | <b>Update:</b> 2024-01-31 18:06:18 | <b>Print:</b> 2026-01-30 11:01:16 |
| <b>Country:</b> France <b>Region:</b> Auvergne-Rhône-Alpes <b>Subregion:</b> Savoie / Savoy <b>Town:</b> Montcel |                                    |                                   |
| <b>Difficulty:</b> a little difficult  | <b>Grading:</b> v4 a2 II           | <b>Total time:</b> 2h30           |
| <b>Approachtime:</b> 20min   | <b>Tourtime:</b> 1h40              | <b>Returntime:</b> 30min          |
| <b>Altitude entry:</b> 1140m   | <b>Altitude exit:</b> 915m         | <b>Delta Altitude:</b> 225m       |
| <b>Canyon length:</b> 950m   | <b>Highest rapell:</b> 45m         | <b>Amount rapells:</b> 8          |
| <b>Transport:</b> on Foot  | <b>Rock type:</b>                  | <b>Drainage area:</b> km²         |
| <b>Season:</b>   | <b>Orientation:</b> North          | <b>Best Time:</b>                 |
| <b>Rating:</b> ★ 0 ()  | <b>Info:</b> ★ 0 ()                | <b>Belay:</b> ★ 0 ()              |

**Specialities:**

**Gear:**

Ropes: 1x45m+1x50m

**Summary:** (machine translated)

"Natural" forest canyon, which would also offer a Part I, see literature

**Hydrology:**

**Access:** (machine translated)

From Aix-les-Bains to Les Favrinis. We find a place for the car at the exit of the road.

**Approach:** (machine translated)

From the car, follow the forest path. It suddenly bends 90° to the south. A few meters further on, we keep left without a path down to the bottom of the stream.

**Tour:** (machine translated)

see photo album and video

**Return:** (machine translated)

We turn right onto the forest path that begins here. We cross the stream on the footbridge and walk up the forest and meadow slope to Les Favrinis. Turn left here to the car.

**Coordinates:**

Parking Entry and Exit [45.7087 6.0090](#)

Canyon Start [45.7042 6.0165](#)

Canyon End [45.7081 6.0135](#)

## Reports:

2025-10-04 | System User | |📖|🚢|🌊 Low |👍 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Sierroz Très glissant dans le canyon. On a mis environ 30min pour la marche retour et non 15min comme indiqué. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2365/observations.html>)

2025-09-05 | System User | |📖|🚢|🌊 Low |👍 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Sierroz Équipement OK (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2365/observations.html>)

2025-08-31 | System User | |📖|🚢|🌊 Low |👎 Not done

Automatisch importiert von Descente-Canyon.com für Canyon Sierroz (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2365/observations.html>)